

Continuous Insulation & Foam Plastics: Coordinating Energy Code and Building Code Compliance (Class #482)

Colorado Chapter ICC – Educational Institute

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Course Outline

- I. Introductory Topics (24 slides / 0.5 hours)
- II. Fire Safety (1 hour)
- III. Above Grade Wall Continuous Insulation (106 slides / 3.5 hours)
- IV. Foundation Insulation (27 slides / 0.75 hours)
- V. Roof Insulation (9 slides / 0.5 hour)
- VI. Existing Building Insulation (6 slides / 0.25 hr)

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PART I. Introduction

- A. The Building Thermal Envelope (BTE)
- B. Foam Plastic Materials
- C. BTE Insulation Applications
- D. Multi-functional Capabilities
- E. General Code Requirements (Labeling & Installation)

A. The Building Thermal Envelope (BTE)

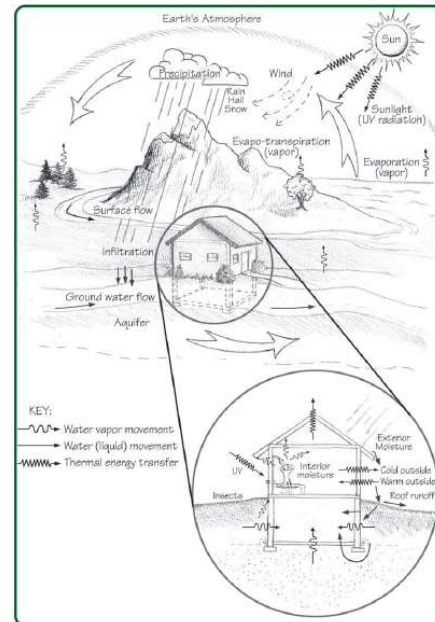
- The primary function of a building envelope is to separate the indoor from the outdoor environment.

“Without a good building envelope, the previous HVAC system and design actions become more difficult and costly, and uncertain in their effectiveness.”

Source: ABTG RR No. 2006-01, p10,

<https://www.continuousinsulation.org/topical-library/healthy-buildings>

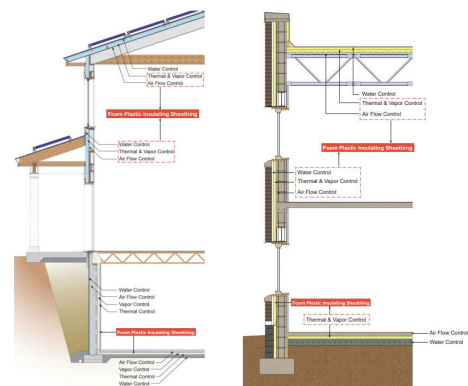
- The BTE is an integrated system which also supports the design and function of other building systems.



Source: HUD, Durability by Design

Why is the BTE important?

- Allows indoor environment (conditioned space) to be controlled for comfort, productivity, and health
- Major factor in sizing HVAC equipment
- Protects the structure and its contents from the outdoor environment (wind, rain, U/V radiation, temperature and humidity cycling, etc.)
- Determines the life-cycle operational cost, energy use (heating/cooling), and carbon footprint for the building.
 - This last point is why building envelope has such a focus in the energy code



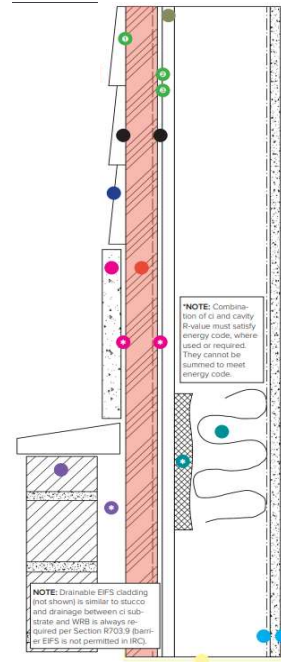
“Without a good building envelope, the previous HVAC system and design actions become more difficult and costly, and uncertain in their effectiveness.”

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Functions of the Building Thermal Envelope (BTE)

- In addition to **fire safety**, **structural safety**, and **durability** the BTE must address the following control layers (functions):
 - **Water** control layers [cladding + continuous water-resistive barrier (WRB) + flashing to control water intrusion]
 - **Air** control layer [continuous air barrier (AB) to control air leakage]
 - **Thermal** control layer [continuity of thermal insulation to control heat loss/gain and surface temperatures]
 - **Water vapor** control layer [use of vapor retarders (VR) in coordination with insulation strategy and climate]
- Some “layers” or materials can perform multiple functions depending on design approach and material properties
- But, all functions must be satisfied at least to the minimum required by the building and energy code.

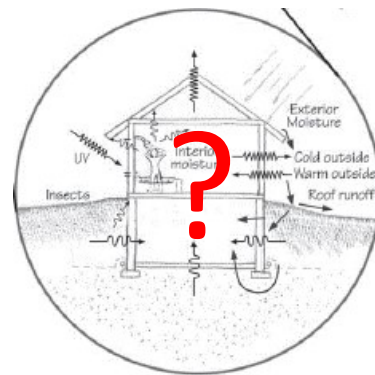


Lots of options...

- Vast number of options for BTE configuration:

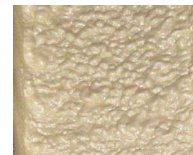
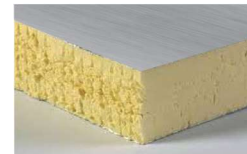
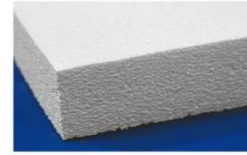
5 VR x 5 AB x 5 ci x 5 cavity x 6 WRB x 5 str shtg x 9 cladding = **168,750** possibilities to configure a wall!

 - This just considers basic material types and not specific product variations for each function.
 - Not all options perform the same:
 - Some are more “sensitive” than others to climate and indoor conditions (temp/humidity).
 - Some are more “robust” and able to tolerate wider extremes in climate and indoor conditions.
 - The code provides “minimums” and is not meant to distinguish between good, better, and best



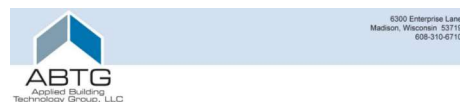
B. Foam Plastic Materials

- **Foam Plastic Insulating Sheathing (FPIS)**
 - “Rigid board”, “foam panel”, “foam sheathing”, etc.
 - 10-100 psi compressive resistance; ~R4-R7 per inch
 - ASTM C578 – Standard specification for rigid, cellular polystyrene thermal insulation (XPS – extruded polystyrene; EPS – expanded polystyrene)
 - ASTM C1289 – Standard specification for faced rigid cellular polyisocyanurate thermal insulation board (Polyiso or PIR)
 - ASTM C1126 – Standard specification for faced or unfaced rigid cellular phenolic thermal insulation
- **Spray Polyurethane Foam (SPF)**
 - “Spray foam”
 - Open cell spray polyurethane foam (ocSPF)
 - Closed cell spray polyurethane foam (ccSPF)
 - Variable densities and R-values for different applications
 - ICC 1100 – Standard for spray-applied polyurethane foam plastic
- Main Code Sections for Foam Plastics: IBC Section 2603; IRC Section R316



ANSI FS200.1 Standard for FPIS Applications

- **Scope**
 - Above-grade frame walls
 - Labeling & Quality Assurance
 - Wind resistance
 - WRB (water resistance)
 - Vapor Control
 - Window installation
 - Cladding installation
- **Addresses**
 - Performance criteria (design)
 - Evaluation/testing criteria by application
 - Prescriptive criteria (“cook-book” design and installation)
- **Exclusions**
 - Refer to locally applicable code for fire safety requirements (e.g., IBC Chapter 14 and 26; IRC Section R316)
 - Refer to FPIS manufacturer data to demonstrate compliance (ASTM E84, ASTM E119, NFPA 285, etc. – as applicable)



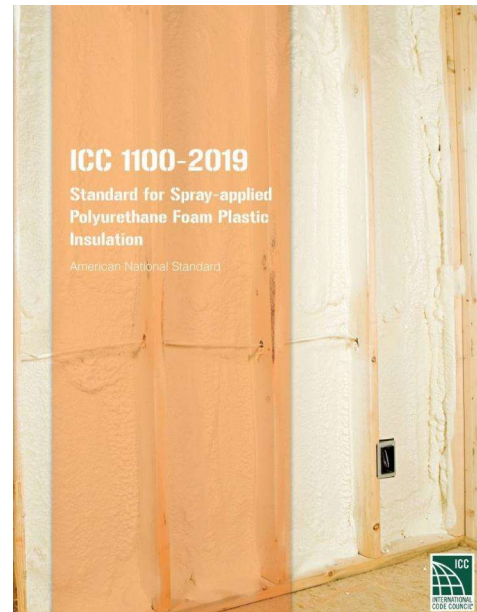
ANSI/ABTG FS200.1 – 2022
Standard for Use of Foam Plastic Insulating Sheathing (FPIS) in Building Envelopes: Above-grade Walls



<https://www.appliedbuildingtech.com/standards>

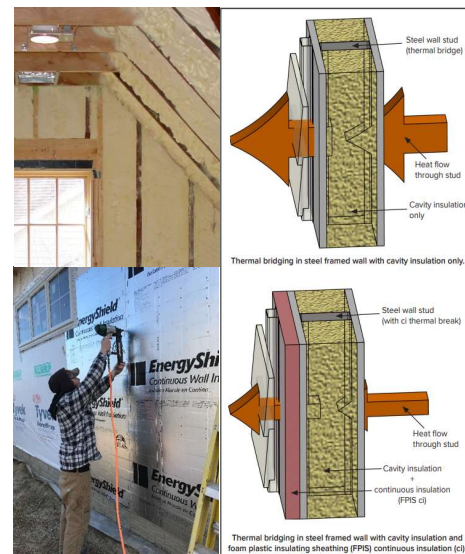
ICC 1100 Standard for SPF

- Scope:
 - minimum physical property and performance requirements
 - demonstrate compliance with the intent of the model building codes
 - variety of construction applications
 - basic installation requirements
 - single- and multiple-component SPF insulation
 - nonstructural building construction applications.



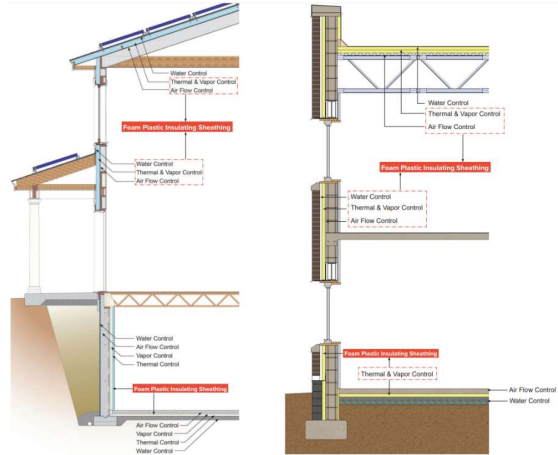
C. BTE Insulation Applications

- Two building thermal envelope insulation applications are defined in the IECC:
 - **CAVITY INSULATION.** Insulating material located between framing members.
 - **CONTINUOUS INSULATION (ci):** Insulation that is uncompressed and continuous across all structural members without thermal bridges other than fasteners and service openings. It is installed on the interior or exterior or is integral to any opaque surface of the building envelope.
- **FPIS** is typically used as continuous insulation, but can be cut to fit cavities.
- **ccSPF** is typically used as cavity insulation, but can also be applied as continuous insulation, also as air sealant
- **ocSPF** is typically used as cavity insulation



D. Multi-functional Capabilities of FPIS

- BTE Applications: walls, roofs, floors, and foundations (residential and commercial)
- BTE Functional Capabilities
 - IECC - Thermal Insulation (continuous and cavity)
 - IECC - Air barrier (AB)
 - IBC/IRC – Water vapor control/retarders (VR)
 - IBC/IRC – Water-resistive barrier (WRB) system
 - IBC/IRC – Foundation/footing frost protection
 - IBC/IRC – Wall bracing (proprietary structural insulating sheathings)
- More multi-functional capabilities =
 - ➔ more code requirements to coordinate
 - ➔ simpler assembly (optimization)
 - ➔ more performance benefits
- For additional information refer to:
 - <https://www.continuousinsulation.org/applications-continuous-insulation>
 - <https://www.americanchemistry.com/industry-groups/spray-foam-coalition-sfc>



Multi-functional Capabilities of SPF



Air sealing & insulation for floor perimeter



Ci/WRB/AB/VR
(www.energyefficientsolutions.com)



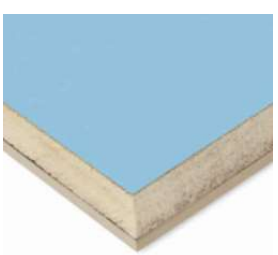
Ci/WRB/AB on school (masonry cavity wall)

- Insulation
- Air sealing
- Adhesive
- Enhanced wall structural properties

<https://www.americanchemistry.com/industry-groups/spray-foam-coalition-sfc>

FPIS structural composite sheathings

- Multi-functional Sheathing (Structural Sheathing + FPIS ci + WRB + AB)
- 5 in 1 product
- Several code-approved products



Multi-functional Panelized Construction



Multi-functional Insulated Cladding Applications



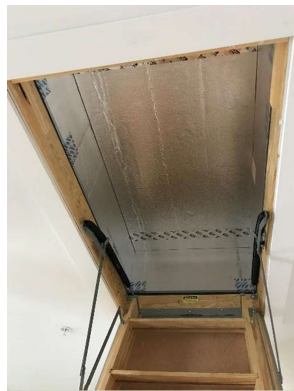
www.progressivefoam.com



www.kingspanpanels.us

Unique Applications

- Attic stair/hatch insulation box "R-52"



Applications – Beyond Minimum Code

- Benefits of an Above-code building envelope:
 - Better energy efficiency, less costly to operate as a healthy building
 - Better moderate indoor temperature and humidity
 - Better moderate temperature and humidity within the envelope assembly itself
 - Minimize thermal bridging to avoid “cold” or “hot-spots” with can promote condensation, mold-growth, corrosion, etc.
 - Provide sustained protection to occupants during power outages.
 - Minimize energy demand on electric power as it transitions to more variable renewable energy (wind solar)
 - Reduced GHG emissions over building life-cycle whether using gas or electric HP to condition buildings
 - Refer to: <https://www.continuousinsulation.org/sustainability>



Application Case Studies



[Home](#) / [Resources](#) / [Case Studies](#)

<https://www.continuousinsulation.org/case-studies>

Invest in the Envelope

"No matter what you choose to underlie the cladding of your home, think of it as that all-important subcutaneous layer of skin that helps regulate your body temperature by providing insulation, mediating moisture through pores, and acting as a shock absorber to protect muscles from harm. Your home's skin works precisely the same way. It provides insulation and waterproofing while allowing moisture to evaporate and protecting the structure from wind, rain, and other environmental assaults. The skin is the largest organ of the human body, and your home's envelope is likewise the most significant structural assembly, which makes choosing products to get it right well worth the effort to ensure the building's energy efficiency and longevity."

—Fernando Pagés Ruiz • Homebuilder, Developer & Author

Case Studies

The following case studies, provided by members of ACC's Foam Sheathing Committee, bring to life the many benefits of using foam plastic insulating sheathing (FPIS) as continuous insulation in a variety of building projects and applications.

E. General Code Requirements

- Product Labeling
- Installation Requirements

IECC on Product Labeling (Testing, Labeling, Marking, Verification)

- **IECC C303.1/R303.1 Identification**
 - Insulation materials must be identified in a manner to allow determination of compliance with the code.
 - RECOMMENDATION: Verify label (insulation mark) and product test data is certified by an *approved agency*
 - *NOTE: This is discretionary and not a clear code requirement for R-value verification.*
- **IECC C303.1.1/R303.1.1 Building thermal envelope insulation**
 - R-value mark on each piece or certification (including installation details of sprayed or blown-in insulation for R-value, density, thickness, etc.)
 - **Exception:** Above-deck roof insulation per Table 1508.2 of IBC (material standards which address product marking or use of package label or certificate)
- **IECC C303.1.2/R303.1.2 Insulation mark installation**
 - The above information must be readily observable or certificate left on site immediately after installation
- **IECC C303.1.4 Insulation product rating**
 - R-value determined in accordance with FTC R-value Rule and its referenced test methods (generally ASTM test standards)

APPROVED SOURCE. An independent person, firm or corporation, *approved* by the *building official*, who is competent and experienced in the application of engineering principles to materials, methods or systems analyses.

APPROVED AGENCY. An established and recognized agency that is regularly engaged in conducting tests, furnishing inspection services or furnishing product certification where such agency has been *approved* by the *building official*.

*ANSI National Accreditation Board (ANAB) provides accreditation of approved sources/agencies in the US
<https://anab.ansi.org/>

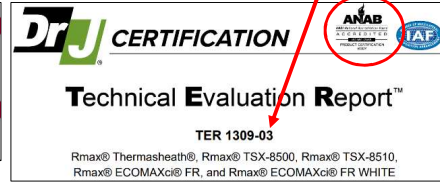
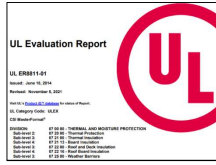
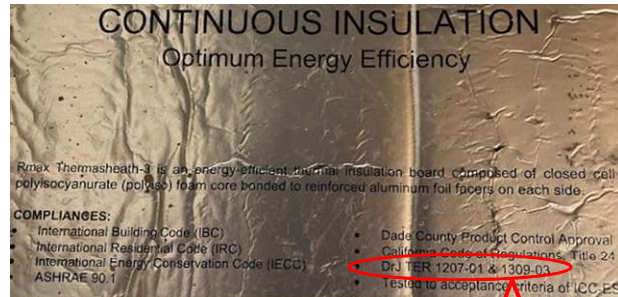
IBC/IRC on Product Labeling for Foam Plastics

- 2021 IBC Section 2603.2 / IRC Section R316.2

Labeling and identification. Packages and containers of foam plastic insulation and foam plastic insulation components delivered to the job site shall bear the label of an approved agency showing the manufacturer's name, product listing, product identification and information sufficient to determine that the end use will comply with the code requirements.

Examples of approved agencies & sources...

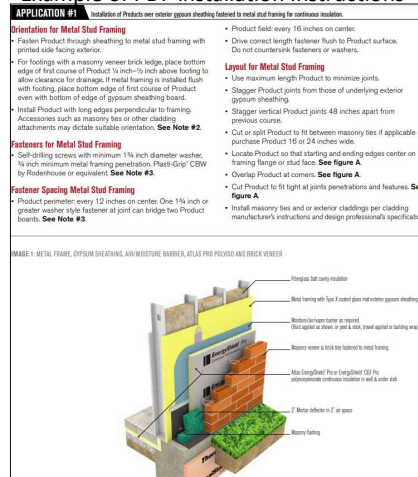
Example Product Marking/Label for FPIS ci:



Installation Requirements

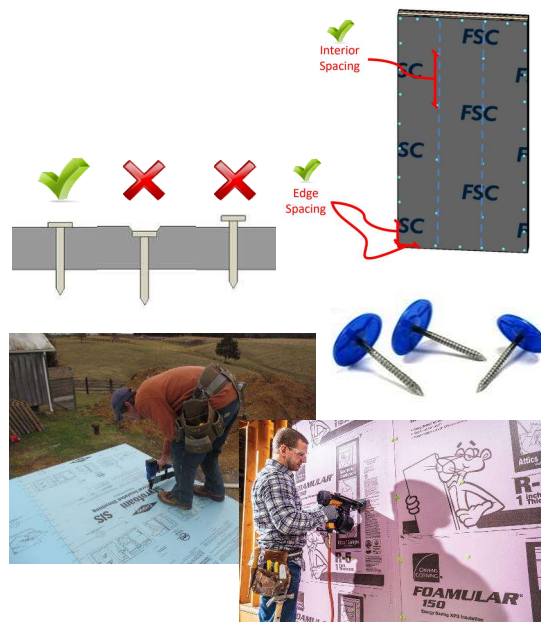
- C303.2/R303.2 All materials, systems and equipment shall be installed in accordance with the manufacturer's installation instructions and the International Building Code.
- C303.2.1/R303.2.1 Protection of exposed foundation insulation
 - Applies to exterior insulation on foundations
 - Rigid, opaque, weather-resistant protective covering required for exposed insulation and it shall extend not less than 6 inches below grade
- C303.2.2 Multiple layers of continuous insulation
 - Where two or more layers of continuous insulation are used, follow manufacturer's instructions or if no instruction, edge joints must be staggered
 - Should also be followed as good practice for IECC-R.

Example of PDF installation instructions




Installation of FPIS

- #1 - Follow manufacturer's installation instructions
 - Basics often printed on the product
 - Illustrated PDF free downloads
- Cut to size with power/hand saws, utility knife, etc.
- Drive specified nails, staples, or screws flush and snug (w/ cap washers preferred)
- No substantial gaps
- If using an FPIS WRB system, be sure to use joint tape and flashing materials specified in manufacturer's instructions.
 - NO SUBSTITUTES UNLESS APPROVED BY MANUFACTURER AS COMPATIBLE AND CONSISTENT WITH PRODUCT APPROVAL TEST DATA!



Stagger the Joints for Layered FPIS panels

- Staggered joints 



Installation of SPF

- #1 Follow manufacturer's instructions
 - Generally certified installers are used
 - Installers provide jobsite installation certificate
- Instructions should be based on ICC 1100 standard
- In general:
 - Refer to installer's installation certificate.
 - Measure thickness using a probe or depth of structural members
 - The SPF shall have no signs of shrinkage, including pulling away from the substrate or framing
 - Cracks or gaps shall not exceed 1/16" in width.
 - Visible cracks less than 1/16" in width shall be sealed with one-component polyurethane foam or similar.
 - No cracks shall extend from the substrate to the surface of the SPF.
 - SPF shall be well-adhered to the substrate.



Energy Code Support		WASHINGTON STATE UNIVERSITY
Insulation Certificate for Residential New Construction		
Permit #: _____		
House address or lot number: _____		
Walls	Blown or Sprayed Fiberglass or Cellulose - Walls	
Type of insulation: _____	R-Value per inch: _____	Coverage Area: _____
Manufacturer: _____	Bag Count: _____	
R-Value: _____		
Floor	Blown or Sprayed Fiberglass or Cellulose - Ceiling	
Type of insulation: _____	R-Value per inch: _____	Coverage Area: _____
Manufacturer: _____	Bag Count: _____	
R-Value: _____		
Flat Ceiling/Attic	Sprayed Polyurethane Foam (SPF)	
Type of insulation: _____	Density: _____	Insulated Thickness: _____
Manufacturer: _____	R-Value of Insulated Thickness: _____	
R-Value: _____	Building Component Insulated: walls floor ceiling	
Single Rafter Joint Vaulted Ceiling		
Type of insulation: _____		
Manufacturer: _____		
R-Value: _____		
Insulation Installer:		
Company Name: _____	Installer: _____	
Installer Signature: _____	Date: _____	
Phone Number: _____		

PART II. Residential & Commercial Fire Safety

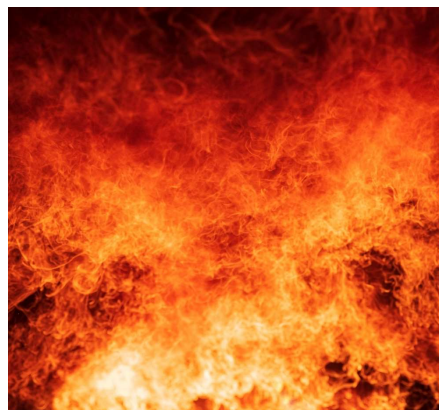
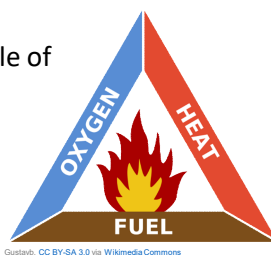
- A. Fire Science and Fire Safety
- B. Principles of Fire Safety
- C. Fire Safety in the Built Environment
- D. IBC/IRC – Fire Safety for Foam Plastic

A. Fire Science and Fire Safety

A. Fire Science and Fire Safety

- **Fire Science is:**

- Study of fire
 - Causes
 - Effects
 - Chemistry
 - Behavior
 - Evaluation / Testing
- “Fire Triangle” is an example of fire science
- Does not change based on jurisdictional boundaries



A. Fire Science and Fire Safety



- **Fire Safety is:**

- The prevention or reduction of fire and effects of fire
- Derived from
 - Policies and procedures
 - Practices and designs
 - Regulation**
 - Systems and devices
 - Education

** - Regulation most often requires fire performance testing

B. Principles Fire Safety

B. Principles Fire Safety

- *International Fire Safety Standards: Common Principles (2020)*
 - Published by the International Fire Safety Standards Coalition
 - Universally applicable framework of five (5) common principles of fire safety:
 - **Prevention** - Safeguarding against the outbreak of fire and/or limiting its effects
 - **Detection and Communication** - Investigating and discovering of fire followed by informing occupants and the fire service
 - **Occupant Protection** - Facilitating occupant avoidance of, and escape from, the effects of fire
 - **Containment** - Limiting of fire and all of its consequences to as small an area as possible
 - **Extinguishment** - Suppressing of fire and protecting of the surrounding environment

C. Fire Safety in the Built Environment

C. Fire Safety in the Built Environment


- Fire safety in the built environment is...
 - ...based on our knowledge of fire science
 - ...important throughout the building life cycle and construction value chain
 - ...affected by regional and local needs, norms, et al

- Fire safety *provisions* should satisfy one or more *principles* of fire safety
 - What do they do? ...what fire risk(s) do they address?
 - ... and are where we find requirements based on design and fire performance testing

D. IBC/IRC Fire Safety – General

D. IBC/IRC Fire Safety - General

NOTE: Unless noted otherwise, the information and code references are in context of the *2021 Ed. of the IBC & IRC* and *uses in the building thermal envelope*

- The stated *Purpose* of both the IBC and IRC is to establish minimum requirements to, among other things, provide a reasonable level of life safety and property protection from the hazard of fire
 - IBC Section 101.3
 - IRC Section R101.3
- The other I-Codes may also contain fire safety provisions in context of the respective code
- Coordination with IBC/IRC fire safety requirements and requirements of other applicable codes or standards may prove necessary to ensure concurrent compliance with both (Look for this icon  in Sections III – VI...)



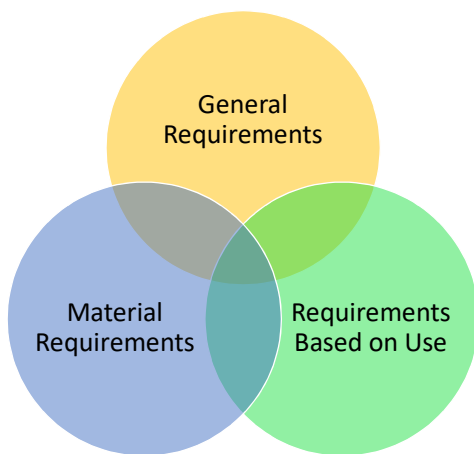
D. IBC/IRC Fire Safety - General

- Fire safety under the IBC/IRC is achieved through compliance with multiple coordinated and reinforcing layers of prescribed design and requirements for fire testing and fire performance
 - Design requirements include:
 - Passive fire protection
 - Materials of construction
 - Fire-resistance-rated construction
 - Interior finish classes
 - Ignition resistance from radiant heat exposure
 - Vertical and lateral flame propagation
 - Thermal / ignition barriers
 - Fire separation distance
 - Fireblocking / firestopping
 - Active fire protection
 - Automatic sprinkler systems
 - Sensing & notification systems
 - Other fire and life-safety systems
 - Fire performance requirements (i.e., testing) include:
 - Materials – e.g., ASTM E84, UL 723, ASTM E136, NFPA 259, and others
 - Assemblies – e.g., ASTM E119, UL 263, NFPA 268, NFPA 285, and others
 - Tests evaluate performance such as...
 - Combustibility
 - Surface burning characteristics
 - Ignition resistance from radiant heat exposure
 - Vertical and lateral flame propagation
 - Fire resistance

D. IBC/IRC Fire Safety - General

- The scope of buildings regulated by the IBC and IRC differ...
 - IBC Section 101.2 Scope
 - **Every building**, structure, or any appurtenances connected to such buildings or structures ... except:
 - Detached one- and two-family dwellings and townhouses, and their accessory structures, that are three stories or less in height and with separate means of egress are required to comply with the IRC
 - IRC Section R101.2 Scope
 - **Detached one- and two-family dwellings and townhouses**, and their accessory structures, that are three stories or less in height and with separate means of egress

D. IBC/IRC Fire Safety - General



- Compliance of foam plastic, and its uses, with code provisions regarding fire safety lies at the nexus of
 - General requirements
 - Material requirements
 - Requirements Based on Use

D. IBC/IRC Fire Safety - General

- Foam plastic / foam plastic insulation is generally treated the same by both IBC and IRC in terms of fire safety and fire performance testing requirements, however,
 - The broader scope of buildings regulated by the IBC results in more complex fire safety provisions compared to the IRC – e.g., Construction Type and Occupancy Group classifications, height and area limitations, etc.
 - Fire safety provisions of the IBC are sometimes more stringent than those of the IRC – e.g., multiple assembly tests for exterior wall assemblies, higher fire-resistance ratings, etc.



D. IBC/IRC Fire Safety - General

- | | |
|--|---|
| <ul style="list-style-type: none"> ▪ IBC (Chapters 3, 5, and 6) <ul style="list-style-type: none"> ▪ Separates buildings into five (5) <u>Construction Type</u> classifications based on <ul style="list-style-type: none"> ▪ Materials of construction... <ul style="list-style-type: none"> ▪ Noncombustible or any material ▪ ...and min. fire-resistance ratings... ▪ ...of primary building elements <ul style="list-style-type: none"> ▪ Structural frame, bearing & nonbearing walls (both interior & exterior), roofs and floors (and associated secondary structural members) ▪ Separates buildings into <u>Occupancy Classifications</u> and <u>Groups</u> based on <ul style="list-style-type: none"> ▪ Building's intended use and the associated hazards/risks to occupants | <ul style="list-style-type: none"> ▪ IBC – cont'd <ul style="list-style-type: none"> ▪ Construction Type and Occupancy Classification / Group, together influence <u>allowable building heights and floor areas</u> ▪ IRC, in contrast <ul style="list-style-type: none"> ▪ Does not separate the homes into multiple classifications <ul style="list-style-type: none"> ▪ In many ways is analogous to Type V construction of the IBC ▪ Only covers buildings containing one or two <u>dwelling units</u> that are occupied only for living purposes ▪ Is silent on allowable floor area |
|--|---|

D. IBC/IRC Fire Safety - General

- IBC Construction Types (Chapter 6)

Building Element	Type of Construction							
	I (602.2)	II (602.2)	III (602.3)	IV**				V (602.5)
				IV-A (602.4.1)	IV-B (602.4.2)	IV-C (602.4.3)	IV-HT (602.4.5)	
Primary Structure	NC	NC	Any	MT or NC	MT or NC	MT or NC	MT or NC	Any
Bearing walls								
Exterior	NC	NC	NC	MT or NC	MT or NC	MT or NC	NC	Any
Interior			Any	MT or NC	MT or NC	MT or NC	HT	
Nonbearing walls & partitions								
Exterior	NC	NC	NC	MT or NC	MT or NC	MT or NC	NC	Any
Interior			Any	MT or NC	MT or NC	MT or NC	HT	
Floor & secondary members	NC	NC	Any	MT or NC	MT or NC	MT or NC	MT or NC	Any
Roof & secondary members	NC	NC	Any	MT or NC	MT or NC	MT or NC	MT or NC	Any

** - NOTE: Section 602.4 was heavily revised for the 2021 Ed. of the IBC in its adoption of Mass Timber construction
 NC - Noncombustible material
 Any - Any material permitted by the IBC
 HT - Heavy Timber (solid wood, laminated heavy timber or Structural Composite Lumber)
 MT - Mass Timber (solid, built-up, panelized, or engineered wood products meeting minimum dimensions in IBC Section 2304.11)

- IBC 603 prescribes an extensive list of combustible materials & applications permitted in Types I and II, including: foam plastics in accordance with Chapter 26, Class A, B, or C roof coverings, and combustible exterior wall coverings

D. IBC/IRC Fire Safety - General

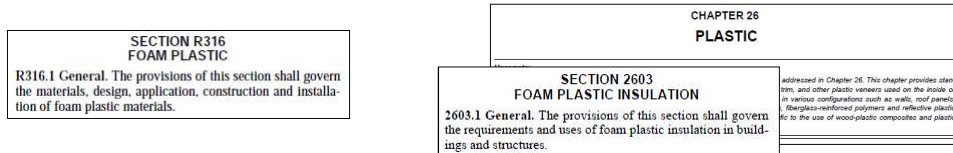
- IBC Construction Types (Chapter 6)
 - IBC Table 601 prescribes the required minimum fire-resistance ratings for the different building elements

BUILDING ELEMENT	TYPE I		TYPE II		TYPE III			TYPE IV			TYPE V		
	A	B	A	B	A	B	C	A	B	C	HT	A	B
Primary structural frame ^a (see Section 202)	3 ^{b,c}	2 ^{b,c}	1 ^{b,c}	0 ^e	1 ^{b,c}	0	3 ^a	2 ^a	2 ^a	HT	1 ^{b,c}	0	0
Bearing walls													
Exterior ^{d,f}	3	2	1	0	2	2	3	2	2	2	1	0	0
Interior	3 ^a	2 ^a	1	0	1	0	3	2	2	1/HT ^g	1	0	0
Nonbearing walls and partitions	See Table 705.5												
Exterior	See Table 705.5												
Interior ^g	0	0	0	0	0	0	0	0	0	0	See Section 2304.11.2	0	0
Floor construction and associated secondary structural members (see Section 202)	2	2	1	0	1	0	2	2	2	HT	1	0	0
Roof construction and associated secondary structural members (see Section 202)	1 1/2 ^b	1 ^{b,c}	1 ^{b,c}	0 ^e	1 ^{b,c}	0	1 1/2	1	1	HT	1 ^{b,c}	0	0

For SI, 1 foot = 304.8 mm.
 a. Roof supports: Fire-resistance ratings of primary structural frame and bearing walls are permitted to be reduced by 1 hour where supporting a roof only.
 b. Except in Group F-1, H, M and S-1 occupancies, fire protection of structural members in roof construction shall not be required, including protection of primary structural frame members, roof framing and decking where every part of the roof construction is 20 feet or more above any floor immediately below. Fire-retardant-treated wood members shall be allowed to be used for such unprotected members.
 c. In all occupancies, heavy timber complying with Section 2304.11 shall be allowed for roof construction, including primary structural frame members, where a 1-hour or less fire-resistance rating is required.
 d. Not less than the fire-resistance rating required by other sections of this code.
 e. Not less than the fire-resistance rating based on fire separation distance (see Table 705.5).
 f. Not less than the fire-resistance rating as referenced in Section 704.10.
 g. Heavy timber bearing walls supporting more than two floors or more than a floor and a roof shall have a fire-resistance rating of not less than 1 hour.

D. IBC/IRC Fire Safety - General

- IBC/IRC sections governing foam plastic insulation are:
 - IBC – Chapter 26 Plastic; Section 2603 Foam Plastic Insulation
 - IRC – Section R316 Foam Plastic
- The provisions and requirements of IBC 2603 and IRC R316 are predominantly related to fire safety
- IBC Chapter 26, IBC 2603 and IRC R316 are regularly referenced throughout the IBC/IRC when the use of foam plastic is considered



D. IBC/IRC Fire Safety - General

- | | | |
|---|--|--|
| <ul style="list-style-type: none"> • IBC <ul style="list-style-type: none"> ▪ 2603.1 General ▪ 2603.2 Labeling and identification ▪ 2603.3 Surface burning characteristics ▪ 2603.4 Thermal barrier <ul style="list-style-type: none"> ▪ 2603.4.1 Thermal barrier not required ▪ 2603.5 Exterior walls of buildings of any height ▪ 2603.6 Roofing ▪ 2603.7 Foam plastic in plenums as interior finish or interior trim ▪ 2603.8 Protection against termites ▪ 2603.9 Special approval ▪ 2603.10 Wind resistance ▪ 2603.11 Cladding attachment over foam sheathing to masonry or concrete wall construction ▪ 2603.12 Cladding attachment over foam sheathing to cold-formed steel framing ▪ 2603.13 Cladding attachment over foam sheathing to wood framing | | <ul style="list-style-type: none"> • IRC <ul style="list-style-type: none"> ▪ R316.1 General ▪ R316.2 Labeling and identification ▪ R316.3 Surface burning characteristics ▪ R316.4 Thermal barrier ▪ R316.5 Specific requirements ▪ R316.6 Specific approval ▪ R316.7 Termite damage ▪ R316.8 Wind resistance |
|---|--|--|

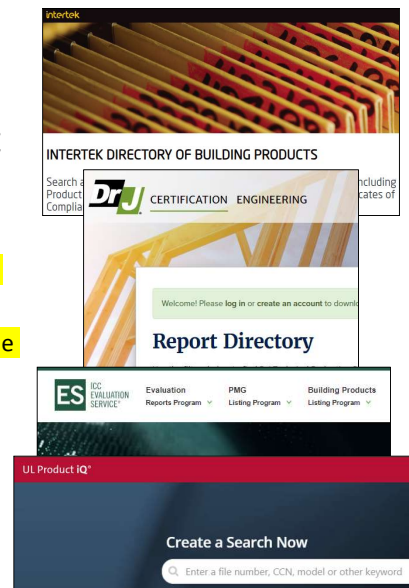
D. IBC/IRC Fire Safety - General

- For foam plastic & foam plastic insulation, both IBC & IRC begin with two base performance and design requirements
 - Surface burning characteristics – IBC 2603.3 / IRC R316.3
 - Thermal barrier protection – IBC 2603.4 / IRC R316.4
- For uses in the building thermal envelope, other IBC/IRC sections might modify or bring about additional requirements; e.g., when used in the following
 - Exterior wall assemblies
 - Roof assemblies and/or roof coverings
 - Attics, crawl spaces, foundations
 - Fire-resistance-rated assemblies

D. IBC/IRC Fire Safety - General

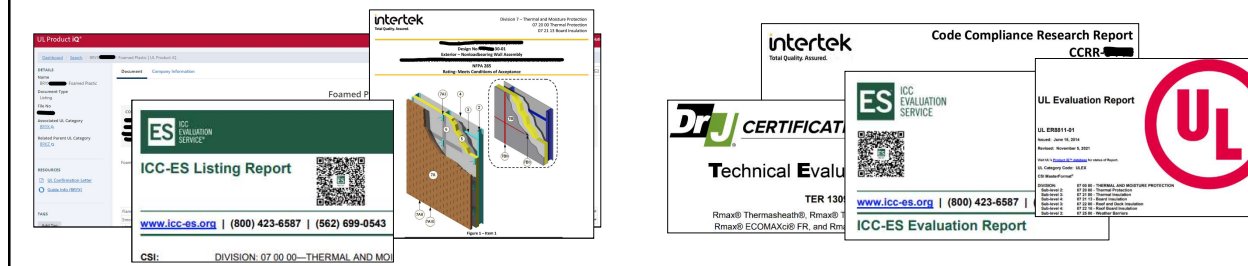
- For foam plastic and foam plastic insulation both IBC & IRC require
 - Labeling and Identification – IBC 2603.2 / IRC R316.2

“Packages and containers of foam plastic insulation and foam plastic insulation components delivered to the job site shall bear the label of an approved agency showing the manufacturer’s name, product listing, product identification and information sufficient to determine that the end use will comply with the code requirements.”
- Content regarding fire testing and performance is very common in labeling of foam plastic
 - Comes in the form of listing reports and code evaluation reports published by accredited third-party organizations to online directories



D. IBC/IRC Fire Safety - General

- Listing Reports
 - Describe how a product performs in specific, identified tests; e.g., ASTM E84, NFPA 285, UL 263, etc.
 - Depending on the test, the listed performance may apply to the product itself or for an assembly that contains the product
- Code Evaluation Reports
 - Describe how a product complies with identified codes; e.g., IBC, IRC, IFC, IECC, etc.
 - Fire performance provisions are a key component of code evaluation reports for foam plastic insulation materials



D. IBC/IRC Fire Safety - General

- Important items to remember regarding fire performance testing of foam plastic and foam plastic insulation
 - The tested thickness and/or density of the foam plastic are generally considered maximum values recognized by most
 - Fire tests of materials
 - Fire tests of assemblies
 - IBC and IRC requirements often include considerations regarding foam thickness
 - Additionally, with fire tests of assemblies
 - The observed performance is limited to the materials tested, in the configuration tested
 - There are opportunities for qualified persons to extend test results to assemblies that are based on (similar to) the tested assembly
 - Listings and code evaluation reports from *approved agencies* will include information regarding limitations to recognized thickness, density, and assembly configurations.

D. IBC/IRC Fire Safety - General

- For foam plastic and foam plastic insulation both IBC & IRC require
 - Surface burning characteristics – IBC 2603.3 / IRC R316.3
 - Test is ASTM E84 or UL 723
 - Flame Spread Index (FSI) ≤ 75
 - Smoke Developed Index (SDI) ≤ 450
 - When tested at the maximum thickness intended for use
 - Both sections include provisions when foam thickness exceeds 4 in.
 - Related to certain uses / conditions
 - Incorporates large-scale tests in addition to ASTM E84 / UL 723
 - The IBC includes several exceptions that modify / add to the base requirement
 - When used as interior trim
 - When used in certain cold-storage buildings
 - When a part of a certain Class A, B, or C roof covering assemblies
 - When intended use is greater than 4 inches
 - When used in certain interior signs
 - The IRC includes an exception allowing thickness greater than 4 in. if FSI ≤ 25 and SDI ≤ 450 at 4 inches and the max. density intended for use, and the foam is protected by a thermal barrier* [*-see next slide]

D. IBC/IRC Fire Safety - General

- For foam plastic and foam plastic insulation, both IBC & IRC require
 - Thermal barrier protection – IBC 2603.4 / IRC R316.4
 - Foam plastic must be separated from the interior of the building by a thermal barrier consisting of...
 - Prescriptive – ...min. 1/2 inch (12.7 mm) gypsum wallboard
 - Performance – ...a material tested to, and meeting, both the Temperature Transmission Test and Integrity Fire Test of NFPA 275
 - Note the following
 - IBC also recognizes
 - *Heavy timber* (HT) in accordance with IBC 602.4 as a prescriptive thermal barrier
 - Note: 2024 IBC revised to add *mass timber* to *heavy timber* and updated the reference to IBC 2304.11
 - IRC also recognizes
 - Min. 23/32 inch (18.2 mm) wood structural panel as a prescriptive thermal barrier



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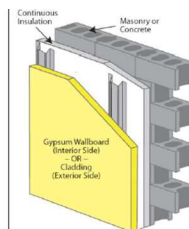
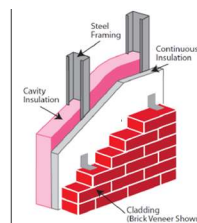
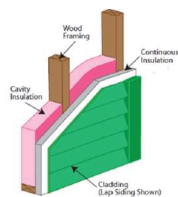
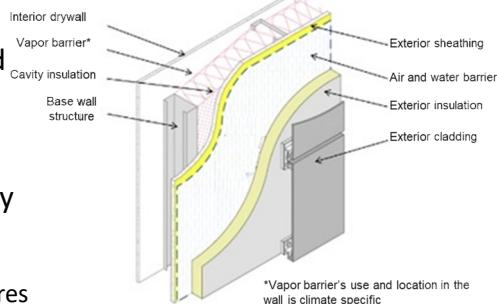
D. IBC/IRC Fire Safety - General

- IBC & IRC allow installation of foam plastic without a thermal barrier in several specific uses, subject to certain limitations and requirements
 - IBC 2603.4.1 Thermal barrier not required
 - 2603.4.1.1 Masonry or concrete construction
 - 2603.4.1.2 Cooler and freezer walls
 - 2603.4.1.3 Walk-in coolers
 - 2603.4.1.4 Exterior walls, one-story buildings
 - 2603.4.1.5 Roofing
 - 2603.4.1.6 Attics and crawl spaces
 - 2603.4.1.7 Doors not required to have a fire protection rating
 - 2603.4.1.8 Exterior doors in buildings of Group R-2 or R-3
 - 2603.4.1.9 Garage doors
 - 2603.4.1.10 Siding backer board
 - 2603.4.1.11 Interior trim
 - 2603.4.1.12 Interior signs
 - 2603.4.1.13 Type V
 - 2603.4.1.14 Floors
 - IBC 2603.9 Special approval
 - IRC R316.5 Specific requirements
 - R316.5.1 Masonry or concrete construction
 - R316.5.2 Roofing
 - R316.5.3 Attics
 - R316.5.4 Crawl spaces
 - R316.5.5 Foam-filled exterior doors
 - R316.5.6 Foam-filled garage doors
 - R316.5.7 Foam backer board
 - R316.5.8 Re-siding
 - R316.5.9 Interior trim
 - R316.5.10 Interior finish
 - R316.5.11 Sill plates and headers
 - R316.5.12 Sheathing
 - R316.5.13 Floors
 - IRC R316.6 Specific approval

D. IBC/IRC Fire Safety – Exterior Walls

D. IBC/IRC Fire Safety – Exterior Walls

- The IBC has significantly more and detailed fire safety requirements for exterior wall assemblies than the IRC
- In addition to requirements established by Construction Type classifications, fire safety provisions for exterior wall assemblies are also found in
 - IBC Chapter 7 Fire and smoke protection features
 - Sections 703, 705, and 718
 - IBC Chapter 14 Exterior walls
 - Sections 1402.4, 1402.5, and 1405
 - IBC Chapter 26 Plastic
 - Section 2603.5



D. IBC/IRC Fire Safety – Exterior Walls

- In contrast to IBC requirements, fire safety and fire performance testing requirements for the use of foam plastic insulation in exterior wall assemblies under the IRC
 - Are limited to the requirements of
 - IRC R316 Foam plastic
 - IRC R302 Fire-resistant construction
 - Largely determined by Fire Separation Distance and the presence or absence of an automatic sprinkler system
 - Includes fire-resistance-ratings, fireblocking, interior finishes, etc.
 - *Do not include* resistance of the assembly to ignition from radiant heat exposure (NFPA 268)



Image courtesy of Huntsman



Image courtesy of Atlas

D. IBC/IRC Fire Safety – Exterior Walls

- IBC 2603.5 Exterior walls of buildings of any height
 - 2603.5.1 Fire-resistance-rated walls (ASTM E119 / UL 263)
 - 2603.5.2 Thermal barrier
 - 2603.5.3 Potential heat (NFPA 259)
 - 2603.5.4 Flame spread and smoke developed indices (ASTM E84 / UL 723)
 - 2603.5.5 Vertical and lateral flame propagation (NFPA 285)
 - 2603.5.6 Label required
 - 2603.5.7 Ignition (NFPA 268)
 - Important to know
 - The requirements apply to exterior wall assemblies *of any height* containing foam plastic / foam plastic insulation
 - Different requirements for construction Types I-IV and Type V
 - Types I-IV – Must comply with 2603.5.1 through 2603.5.7
 - Type V – Must comply with 2603.2 through 2603.4

D. IBC/IRC Fire Safety – Roofs

D. IBC/IRC Fire Safety – Roofs

- Chapter 15 of the IBC deals with roof assemblies and rooftop structures
 - IBC 1505
 - Establishes minimum fire classifications for roof coverings for each Construction Type
 - Requires the listing of Class A, Class B, and Class C roof covering
 - Listed assemblies / coverings shall tested in accordance with either ASTM E108 or UL 790
 - ASTM E108 and UL 790 tests evaluate an exterior fire exposure (i.e., an above-deck exposure)



Image courtesy of PIMA



Image courtesy of Huntsman

D. IBC/IRC Fire Safety – Roofs

- Don't forget though, IBC 2603.4 requires a thermal barrier between the foam plastic and the interior of the building
- The thermal barrier is not required (2603.4.1.5) if roof covering containing the foam plastic is Class A, B, or C, and
 - The foam plastic is separated from the interior by min. 0.47 in (11.9 mm) wood structural panel sheathing, with edge support or an equivalent material, or
 - The assembly has been tested and passes NFPA 276 or UL 1256
 - NFPA 276 and UL 1256 evaluate an interior exposure tests (i.e., a below-deck exposure)

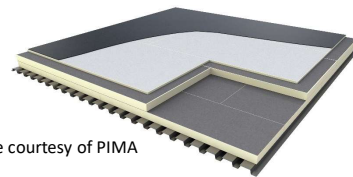


Image courtesy of PIMA



Image courtesy of Atlas

D. IBC/IRC Fire Safety – Roofs

- Is the roof assembly required to have a fire-resistance-rating based on its Construction Type (Chapter 6)?
 - If yes, then testing in accordance with ASTM E119 or UL 263 is also required
 - The tested condition is of an interior exposure (i.e., under-deck) of the roof assembly
- As with exterior walls, the IRC requirements for roofing are much more simple than the IBC
 - If the adopting jurisdiction requires Fire Classification and/or listings, then such classification shall be determined through ASTM E108 or UL 790 tests
 - There are no provisions in the IRC for fire-resistance-rated roof assemblies

D. IBC/IRC Fire Safety – Roofs ... Attics

- Note: If the foam plastic is installed to the underside of the roof deck, then IBC/IRC provisions for interior uses or use in attics, as applicable, will govern
 - IBC 2603
 - IRC R316



Image courtesy of Huntsman



Image courtesy of CPI

D. IBC/IRC Fire Safety – Foundations

D. IBC/IRC Fire Safety – Foundations

- Where used in or on below-grade foundation walls, there no additional fire tests required beyond the basic requirements of
 - IBC 2603
 - IRC R316
 - Fireblocking



Images courtesy of Atlas

Additional Resources

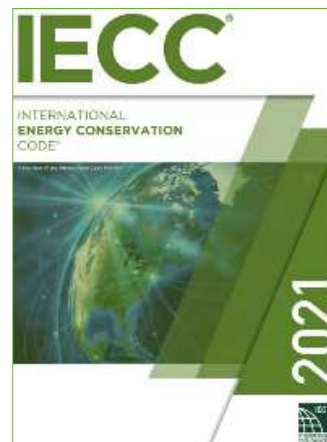
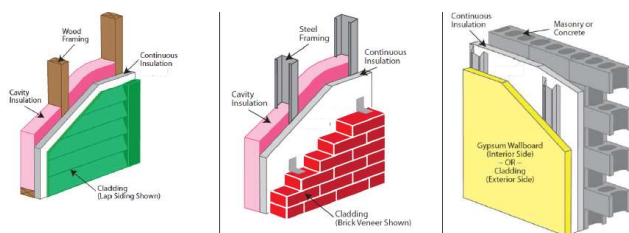
- North American Modern Building Alliance (NAMBA) – articles, whitepapers, and fact sheets
<https://www.modernbuildingalliance.us/resources/>
- Center for the Polyurethanes Industry (CPI)
[Polyurethane Products: Overview of U.S. Model Building Code Fire Performance Requirements](#)
[Fire Safety Guidelines for Use of Rigid Polyurethane and Polyisocyanurate Foam Insulation in Building Construction](#)

PART III. Residential & Commercial Above-grade Wall Continuous Insulation

- A. IECC – Thermal envelope compliance (8 slides)
- B. IECC – Thermal bridging compliance (15 slides)
- C. IECC/IBC/IRC – Water/Air/Vapor control compliance (26 slides)
- D. IBC/IRC – Window installation compliance (18 slides)
- E. IBC/IRC – FPIS Wind pressure compliance (7 slides)
- F. IBC/IRC – Cladding attachment compliance (18 slides)
- G. IBC/IRC – Vinyl siding installation over FPIS (5 slides)
- H. IBC/IRC – Wall bracing compliance (9 slides)

A. IECC – Thermal Envelope Compliance

- Prescriptive R-value & U-factor Requirements
- Insulation Methods



C301 Climate Zone & C302 Design Conditions

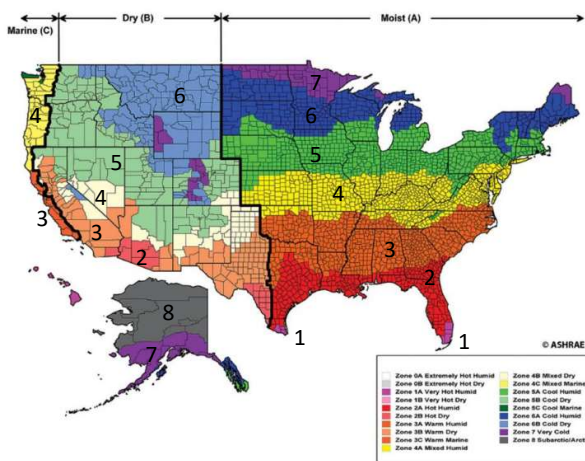


Figure 3.4.2. U.S. Climate Zone Map
 (Source: ©ASHRAE www.ashrae.org Standard 169, 2013)

IECC Figure C301.1 & R301.1

SECTION C302 DESIGN CONDITIONS

C302.1 Interior design conditions. The interior design temperatures used for heating and cooling load calculations shall be a maximum of 72°F (22°C) for heating and minimum of 75°F (24°C) for cooling.

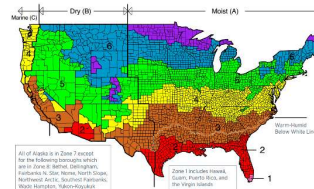
Same/similar for IECC-R and IRC Ch.11?

Prescriptive R-value & U-factor Requirements

IECC Commercial
Tables C402.1.3 & C402.1.4

Climate Zone	Building Use	Mass	Metal Framed*		Wood Framed	
		2021 IECC	2018 IECC	2021 IECC	2018 IECC	2021 IECC
0 and 1	All other	R-5.7ci (U-0.151)	R13+5ci (U-0.077)	R13+5ci (U-0.077)	R13+3.8ci or R20 (U-0.064)	R13+3.8ci or R20 (U-0.064)
	Group R					
2	All other	R-7.6ci (U-0.123)	R13+7.5ci (U-0.064)	R13+7.5ci (U-0.064)	R13+3.8ci or R20 (U-0.064)	R13+3.8ci or R20 (U-0.064)
	Group R					
3	All other	R-9.5ci (U-0.104)	R13+7.5ci (U-0.064)	R13+10ci (U-0.055)	R13+7.5ci or R20 (U-0.051)	R13+7.5ci or R20+3.8ci (U-0.051)
	Group R					
4 Except Marine	All other	R-11.4ci (U-0.090)	R13+7.5ci (U-0.064)	R13+12.5ci (U-0.049)	R13+7.5ci or R20+3.8ci (U-0.051)	R13+7.5ci or R20+3.8ci (U-0.051)
	Group R					
5 and Marine 4	All other	R-13.3ci (U-0.080)	R13+7.5ci (U-0.064)	R13+15.6ci (U-0.052)	R13+7.5ci or R20+3.8ci (U-0.051)	R13+7.5ci or R20+3.8ci (U-0.051)
	Group R					
6	All other	R-15.2ci (U-0.071)	R13+7.5ci (U-0.064)	R13+15.6ci (U-0.042)	R13+7.5ci or R20+3.8ci (U-0.051)	R13+7.5ci or R20+3.8ci (U-0.051)
	Group R					
7	All other	R-17.5ci (U-0.052)	R13+7.5ci (U-0.064)	R13+17.5ci (U-0.037)	R13+15.6ci or R20+10ci (U-0.036)	R13+18.8ci (U-0.032)
	Group R					
8	All other	R-25ci (U-0.037)	R13+7.5ci (U-0.064)	R13+17.5ci (U-0.037)	R13+15.6ci or R20+10ci (U-0.036)	R13+18.8ci (U-0.032)
	Group R					

* Cavity insulation is only 40-50% effective on CFS walls, so ci is prescribed for all climate zones.



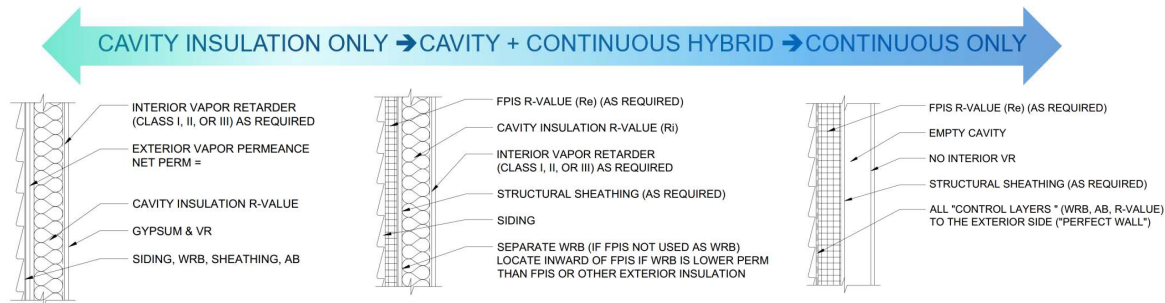
IECC Residential Provisions Tables R402.1.2 & 402.1.3

Climate Zone	Wood Frame Walls	
	2018 IECC	2021 IECC**
0, 1 and 2	R13 (U-0.084)	R13 or R0+10ci (U-0.084)
3	R20 or R13+5ci (U-0.060)	R20 or R13+5ci or R0+15ci (U-0.060)
4 except Marine		R30 or R20+5ci or R13+10ci or R20ci (U-0.045)
5 and Marine 4		
6	R20+5ci or R13+10ci (U-0.045)	
7 and 8		

** Cavity only, Ci only, and Hybrid options available for all climate zones.

Three Basic Methods for Insulating Light-Frame Exterior Walls

- Cavity insulation only** (traditional method)
- Cavity insulation + continuous insulation** (common choice for high-performance frame walls)
- Continuous insulation (ci) only** (common for masonry/concrete walls, provides "warm wall" approach to frame walls & minimizes thermal bridging)



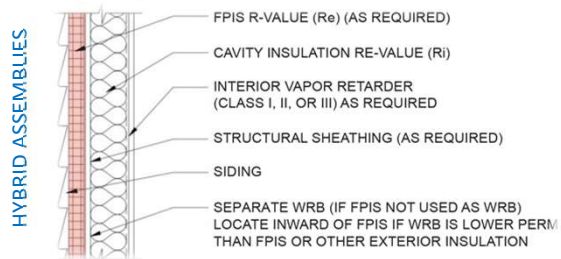
- **Continuous Insulation (ci):**

Insulation that is uncompressed
 ...and continuous across
 all structural members
 ...without thermal bridges
 other than fasteners and service
 openings.

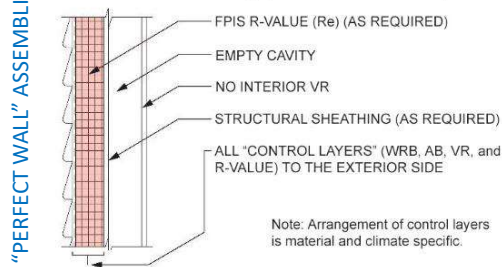
(IBC, IRC, IECC and ASHRAE 90.1 definition)



Cavity + Continuous + Interior VR



Continuous Only (no interior VR)



Methods for Mass Walls (Concrete & CMU)

- Exterior continuous insulation (ci)
 - ccSPF or FPIS
- Interior continuous insulation (ci)
 - If not continuous due to floor-wall intersections, then must use U-factor to comply and account for floor-wall thermal bridge impact.
- Integral Insulation
 - Cavity insulation in core of blocks (e.g., vermiculite)
 - Continuous insulation in concrete sandwich panel



ccSPF (ci + WRB + AB)
 for Masonry Cavity Wall
 (school addition)

Methods for Metal Buildings

- Example with FPIS ci



- Example with Draped/Compressed Blankets*



Blankets are continuous but compressed at purlins – doesn't meet definition of ci

Coordinate with Building Code – Vapor Control

- Location and type of insulation in an assembly in coordination with climate and vapor retarder is crucial for water vapor control and moisture management in general.
- This check is important for both commercial and residential buildings, but only required in IECC-R:

R402.1.1 Vapor retarder. Wall assemblies in the *building thermal envelope* shall comply with the vapor retarder requirements of Section R702.7 of the *International Residential Code* or Section 1405.3 of the *International Building Code*, as applicable.

B. IECC – Thermal Bridging Compliance

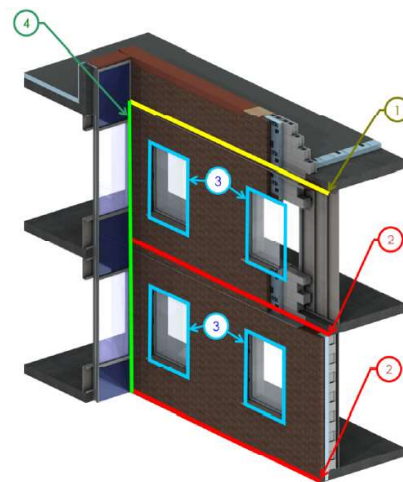
- Types of thermal bridges & their impact
- Calculation methodology
- Energy use implications of thermal bridges
- 2021 IECC – Thermal Bridging
- 2024 IECC – Thermal Bridging
- Mitigation methods and details

Types of Thermal Bridges

Clear-field thermal bridge

Linear thermal bridge

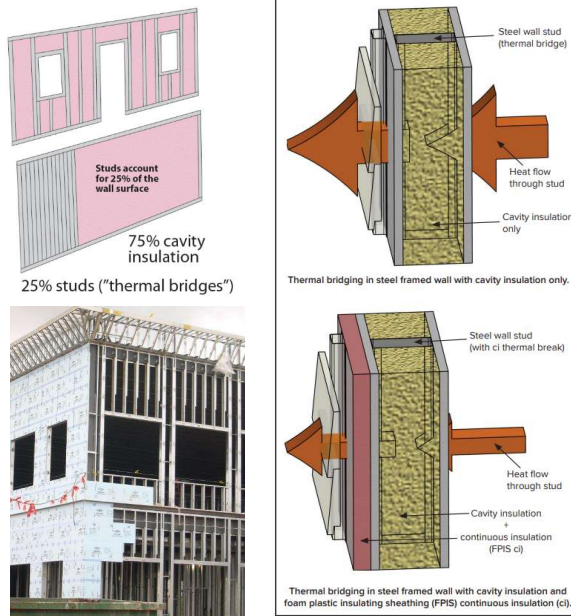
Point thermal bridge



Source: BC Hydro BETB Guide /
Morrison Hershfield LTD

Clear-Field Thermal Bridge

- Thermal pathways inherent to a building assembly and its surface area
 - Generally accounted for in U-factor calculations, R-value prescriptions, and assembly thermal test methods for energy code compliance.
 - Examples: Wood and steel studs and plates (framing), headers, webs of concrete blocks, etc.
- Impact:
 - For example, cavity insulation in steel framing is only ~35-50% effective (more than 50% loss of nominal R-value)
 - R-21 cavity insulation has effective R-7.4 to R-9.0 for 16"oc and 24"oc framing (studs & tracks only)
 - For comparison, cavity insulation in wood framing is about 85% effective
- **SOLUTION:** Continuous insulation mitigates heat loss through framing "clear-field" thermal bridges



Clear-Field Thermal Bridge – Wood Frame Wall Comparison

Wall Component	U-factor Comparison		
	R20	R25	R20+5ci
Outside winter air	0.17	0.17	0.17
Siding	0.62	0.62	0.62
Continuous insulation	0	0	5
OSB - 7/16	0.62	0.62	0.62
SPF stud	6.875	6.875	6.875
SPF header	6.875	6.875	6.875
Cavity insulation	20	25	20
1/2 drywall	0.45	0.45	0.45
Inside air film	0.68	0.68	0.68
R-value stud path	9.42	9.42	14.42
R-value header path	9.42	9.42	14.42
R-value cavity path	22.54	27.54	27.54
Framing factor - studs	21%	21%	21%
Framing factor -header	4%	4%	4%
Framing factor - cavity	75%	75%	75%
U-factor	0.060	0.054	0.045
Effective R of wall	17	19	22

R25 ≠ R20 + 5ci
(U-0.054 > U-0.045)

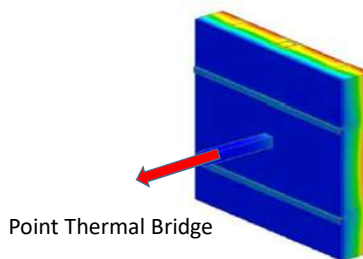
The R20+5ci wall is 15% more efficient (less conductive) than the R-25 wall.

This demonstrates that R-value of cavity and continuous insulation cannot be added (and this is prohibited as a means of compliance).



2024 IECC Definitions

- **THERMAL BRIDGE.** An element or interface of elements that has a higher thermal conductivity than the surrounding *building thermal envelope*, which creates a path of least resistance for heat transfer.
- **CHI-FACTOR (χ -FACTOR).** The heat loss factor for a single thermal bridge characterized as a **point element** of a *building thermal envelope* (Btu/h \times $^{\circ}$ F)[W/K].
- **PSI-FACTOR (ψ -FACTOR).** The heat loss factor per unit length of a thermal bridge characterized as a **linear element** of a *building thermal envelope* (Btu/h \times ft \times $^{\circ}$ F)[W/(m \times K)].

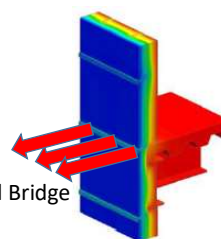


Point Thermal Bridge

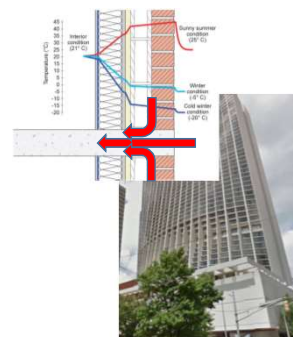


Photo by Shaunna Mazingo

Point Element
Source: Morrison Hershfield LTD
ASHRAE RP 1365



Linear Thermal Bridge



Linear Element
Source: Morrison Hershfield LTD
ASHRAE RP 1365

What are the building energy use implications of unaccounted thermal bridges?

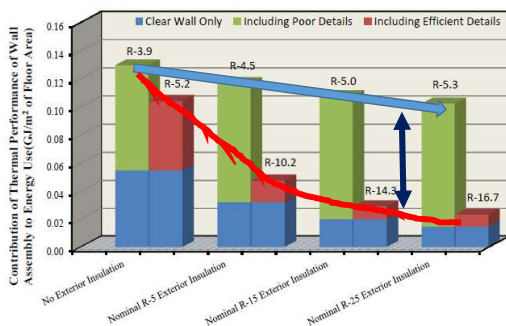


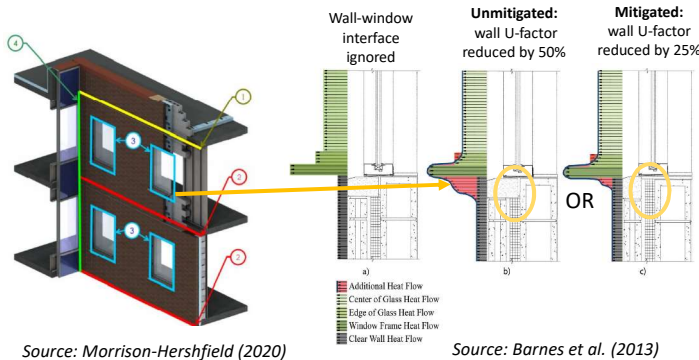
Figure 4.7: Additional building energy use based on thermal performance of the building wall assembly for varying amounts of nominal exterior insulation for a mid-rise MURB in Edmonton (overall assembly thermal resistance in $\text{ft}^2 \cdot ^{\circ}\text{F} \cdot \text{h} / \text{Btu}$ also given)

Source: Morrison Hershfield Ltd

- Unaccounted thermal bridges can result in significantly over-estimated building performance (under-estimated energy use).
- Inaccurate heating and cooling loads for HVAC equipment sizing
- Moisture problems (condensation, corrosion, mold, rot).
- Diminished effective R-value of insulation materials (devalues insulation to extent bridged)
- Use of continuous insulation with good detailing to mitigate thermal bridges is key to meeting intended performance.

Thermal Bridging Impacts of Window-Wall Interface

- Linear thermal bridge around perimeter of window opening
 - Not accounted for in window component U-factor
 - Not accounted for in wall clear-field assembly U-factor



Comparison of "Poor" and "Efficient" Thermal Bridging Details at the Window-to-Wall Interface

Thermal Bridge Condition	Clear-field Wall Thermal Performance (R13+7.5ci steel frame?)	Adjusted Wall Thermal Performance including Window-Wall Interface	Reduction in Wall Thermal Performance	
Detailing Practice	Linear Thermal Transmittance (Psi-factor, Btu/hr-ft ² -F)	U-factor (Btu/hr-ft ² -F)	Effective R-value (1/U)	
"Poor"	0.3	0.064	R-15.6	52%
"Efficient"	0.1	0.064	R-15.6	27%

TABLE NOTES:
 1. Table is based on a typical 3-story office building (168'x109') with 21,400 sf of gross above-grade wall area of cold-formed steel frame construction having R13 cavity insulation and R7.5 continuous insulation on the exterior (i.e., R13+7.5ci wall per code as typical for moderate climate zones). The window-to-wall area ratio is assumed to be 33% for ribbon windows or 20% for punched window openings resulting in a total of about 3,200 ft of window perimeter interface with the wall assembly.
 2. As a point of reference, a similar wall without the R7.5ci and having only R13 cavity insulation would have a U-factor of 0.125 Btu/hr-ft²-F (effective R-value of 8) because in that case the steel frame thermal bridging in the clear-field of the assembly and at the fenestration perimeter would not be mitigated.

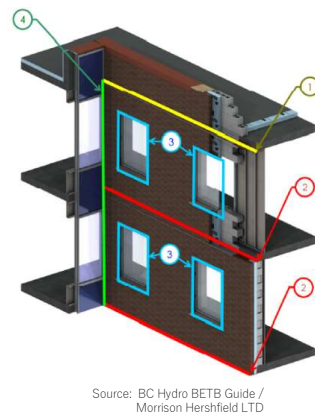
KEY: Continuity of continuous insulation and alignment with fenestration.

2021 IECC - Thermal Bridging

- 2021 IECC Above-grade Wall Definition:

WALL, ABOVE-GRADE. A wall associated with the *building thermal envelope* that is more than 15 percent above grade and is on the exterior of the building or any wall that is associated with the *building thermal envelope* that is not on the exterior of the building. This includes, but is not limited to, between-floor spandrels, peripheral edges of floors, roof knee walls, dormer walls, gable end walls, walls enclosing a mansard roof and skylight shafts.

- Revised definition clarifies thermal bridges must be considered in determining wall overall U-factor and compliance, usually with one of the following approaches:
 1. Use of ci and appropriate detailing is often the most efficient way to mitigate thermal bridges
 2. Simply adding more insulation to compensate (without mitigating thermal bridges) is another approach, but generally less efficient use of insulation.



But, 2021 IECC lacks provisions for implementing this definition

2024 IECC-C Code Provisions for Thermal Bridging

- **C105.2 Information on construction documents.**
 - Requires thermal bridges per C402.7 to be identified on plans
- **C402.7 Thermal bridges in above-grade walls.**
 - Provides prescriptive insulation & detailing solutions (with exemptions, exceptions, and design alternatives) for:
 - C402.7.1 Balconies and floor decks
 - C402.7.2 Cladding supports
 - C402.7.3 Structural beams and columns
 - C402.7.4 Vertical fenestration
 - C402.7.5 Parapets
 - C402.1.2.1.8 Mechanical equipment penetrations.
 - C402.1.4 Component performance method (includes thermal bridges in envelope trade-offs)
 - Table C407.4.1(1) – includes thermal bridging in whole building simulation

Similar thermal bridging provisions also in ASHRAE 90.1-2022

Mitigating Clear-Field Thermal Bridges

- Some ways to mitigate clear field thermal bridges include:
 - Reduce “framing factor” where structurally feasible (wider frame spacing, double stud framing, etc.)
 - Use low conductivity structural materials
 - Apply continuous insulation over structure/framing members (minimize discontinuity at floor/wall/roof intersections)
 - Mount metal or wood furring over (not through) continuous insulation layer
 - Use low conductivity fasteners or devices to attach cladding, furring, etc. to framing (e.g., stainless steel, carbon fiber, thermally-broken brick ties, etc.)

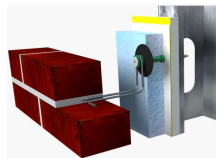


Before
Cavity insulation only



After
Cavity + Continuous Insulation

Source: Dryvit/Dow



<https://www.trufastwalls.com/thermal-grip-masonry-veneer-anchor>



Fig1: Solid metal fastening solution



Fig. 2: Version with plastic sleeve and shorter fastener

Mitigating the Big Point Thermal Bridges

- Some ways to mitigate point thermal bridges include:
 - Minimize penetrations of high thermal conductivity materials through the building envelope.
 - Encapsulate the penetrating element with insulation for at least 2 feet inward or outward from the envelope.
 - Use lower conductivity materials
 - Stainless steel
 - 3x lower thermal conductivity than carbon steel
 - 5x lower thermal conductivity than aluminum
 - More durable (benefit for cladding attachments)
 - Various proprietary thermal break materials and devices (carbon fiber, fiberglass, structural thermal breaks, etc.)

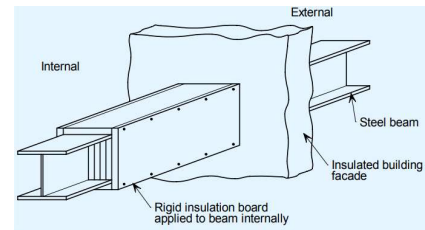
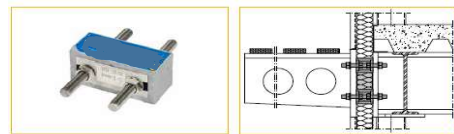


Figure 2.2 Locally insulated beam
 Avoidance of Thermal Bridging in Steel Construction
https://www.steelconstruction.info/images/5/53/SCI_P380.pdf



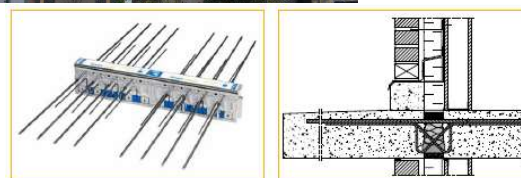
Structural thermal block for steel beam projections through building envelope
 Source: Google search

Examples of Mitigated Linear Thermal Bridges (Balconies)



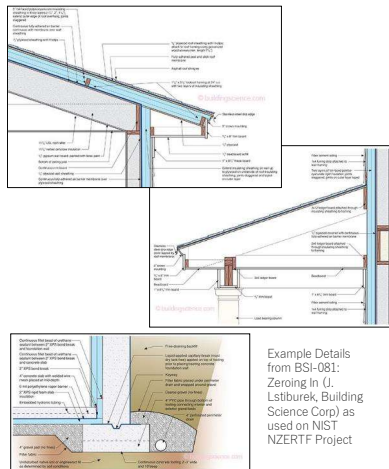
Suspended and separately supported balconies with shear tab or offset shelf-angle point connection to building

OR...

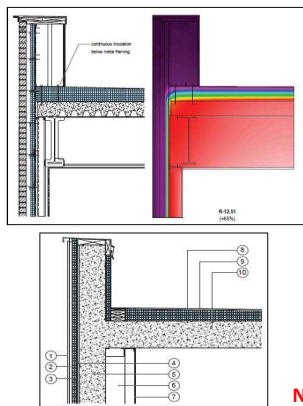


Cantilevered Balcony Structural Thermal Break
 Source: Google search

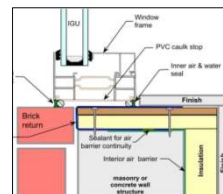
More Examples of Mitigated Linear Thermal Bridges (non-exhaustive “commodity” details)



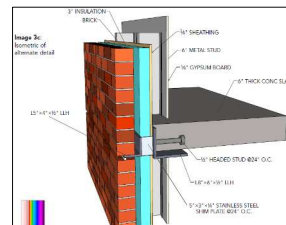
Example Details from BSI-081: Zeroing in U. Lstiburek, Building Science Corp) as used on NIST NZERTF Project



INSULATED PARAPET DETAILS (Payette/AIA report)



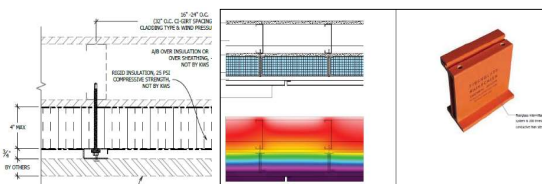
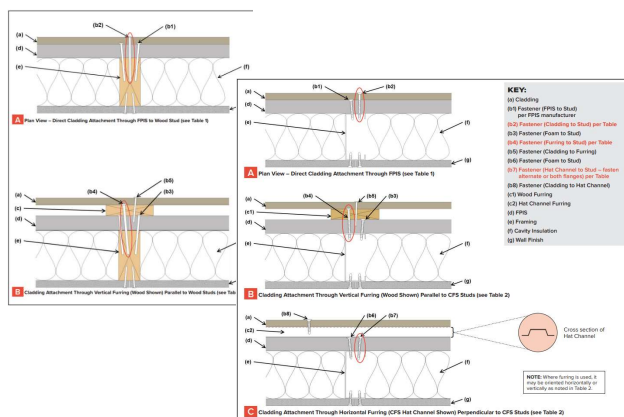
INSULATED WINDOW ROUGH OPENING DETAIL (USACE report)



OFFSET SHELF ANGLE (AISC/SEI article)

NOTE: Coordinate detailing at floor-wall and fenestration with NFPA 285 tested assemblies and approved engineering analysis details (applies to Type I-IV buildings, not Type V wood frame).

Cladding Connections and Supports



Low thermal conductivity furring/cladding/ledger supports

Sources: Payette/AIA report and product info from Google search

See IBC Section 2603.12 and .13 for fastening cladding or furring through FPIS ci. Z-furring penetrating through exterior insulation is cavity insulation – doesn't meet continuous insulation definition. See also: <https://www.continuousinsulation.org/cladding-connections>

KEY: No continuous linear cladding supports like metal Z-furring penetrating *continuous insulation* which would not meet building and energy code definition; instead, use “point” connections through continuous insulation to offset furring (or fasten cladding directly through FPIS ci to framing).

Thermal Bridging Resources

FACTS Foam Plastic Applications for Better Building

Building Thermal Envelope 101: Identifying & Mitigating Thermal Bridges with FPIS ci

INTRODUCTION

Modern energy codes, such as ASHRAE 90.1-2009 and the 2012 ICC, feature prescriptive requirements for continuous insulation (ci) in especially all climate zones. Among other benefits, ci helps to prevent thermal bridging caused by framing as visualized in Figure 1. Without ci, the walls cavity insulation is only 45% to 80% effective for steel and wood framing, respectively. Ci also complements the thermal mass of concrete and masonry walls, especially in cold climates where thermal mass effects are much diminished. It also plays a key role in other building applications such as roofs, balconies, and various decks or remodeling projects.

The conventional practice of addressing thermal bridges only within building assemblies is not the end of the story. Other major types of thermal bridges occur at building assembly and component intersections as shown in Figure 2. If not mitigated, a building thermal envelope's actual performance (effective R-value) can be decreased by typically 20-70% or more, depending on the building materials, structural details, and insulation detailing (or lack thereof).



Figure 1 Thermal image evaluation of a mitigated thermal bridge with only cavity insulation between framing members and in the case of a non-mitigated thermal bridge. Greater results can be expected in commercial buildings with and without ci.

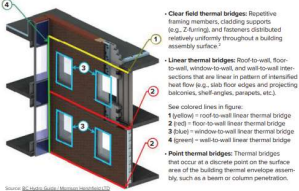
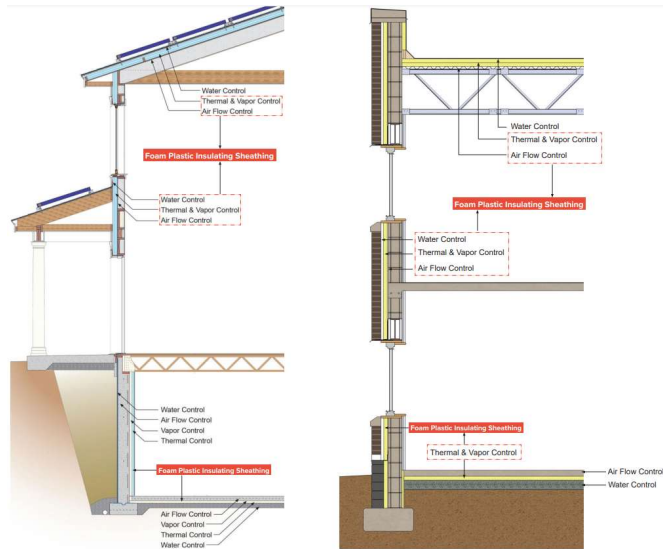


Figure 2 Types of thermal bridges in building assemblies and assembly interfaces.



- <https://www.continuousinsulation.org/thermal-bridging-prevention>

C. Water/Air/Vapor Control – Code Compliance

- i. Fundamentals of moisture control
- ii. Water Vapor Control
- iii. Air Leakage Control (AB)
- iv. Rain Water Control (WRB & Flashing)

i. Fundamentals of Moisture Control

- Successful moisture control requires an integrated approach to 5 key building science concepts:
 1. **Control Rain Water Intrusion** (e.g., continuous water-resistive barrier (WRB))
 2. **Control Air Leakage** (e.g., continuous air barrier (AB))
 3. **Control Indoor Relative Humidity** (e.g., building ventilation & de-humidification)
 4. **Control Water Vapor** (e.g., optimized balance of wetting and drying through strategic use of insulation and vapor retarders)
 5. **Control Initial Construction Moisture** (e.g., prevent enclosure of wet materials)
- All are important, all vary in significance, all have inter-dependencies.
- These 5 concepts are captured in the following 3 rules:
 1. **Keep water vapor (humid air) away from cool surfaces**
 2. **Minimize air leakage into and through building envelope assemblies**
 3. **Avoid rain water intrusion**

RULE #1 of 3

Moisture Control for Wall Assemblies: Building Robust Walls with Foam Plastic Insulating Sheathing (FPIS) Continuous Insulation (ci)

07.27.21

RULE #1: Keep Water Vapor (Humid Air) Away from Cool Surfaces!

When installed in accordance with modern building code and energy code requirements for continuous insulation and water vapor control (see CI's [Quick Guide, Water Vapor Control](#) and wall calculations), FPIS ci keeps water-sensitive materials inside the wall dry by maintaining a temperature above the dew point. Simply use the right R-value of FPIS ci for the wall assembly based on the climate zone and an appropriately specified interior vapor retarder (or no interior vapor

retarder) to control outward vapor diffusion in the winter and maintain inward vapor diffusion (drying) in the warmer seasons. This approach results in much dryer walls with a more stable moisture content throughout all seasons of the year in comparison to walls that rely exclusively on the traditional use of interior vapor retarders without any temperature control provided by FPIS ci, as shown in Figures 1 and 2. Learn more about the use of FPIS for water vapor control [here](#).

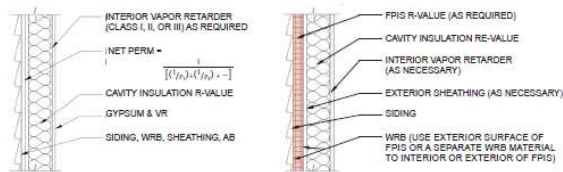


Figure 1. Cavity insulation only vs. wall with FPIS ci Insulation (see Figure 2 for performance comparison)

<https://www.continuousinsulation.org/resources/facts-ci>



(A) Walls with R20 cavity insulation only consistently experiencing wet OSB.



(B) Walls with R5 FPIS ci keeping OSB sheathing dry

Figure 2. Comparison of 12 actual walls with and without R5 FPIS ci

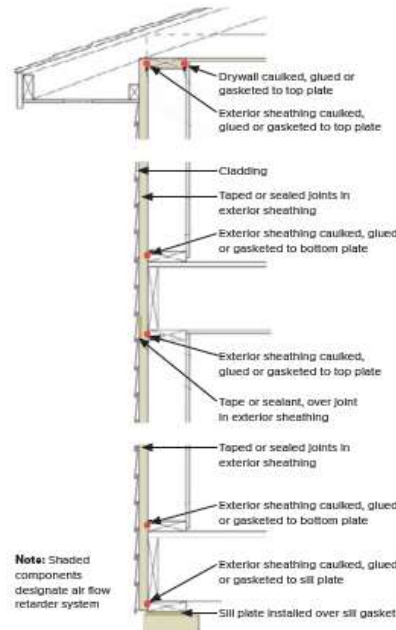
Rule #2 of 3

RULE #2: Minimize Air Leakage!

Leakage of moist air from the indoors or outdoors into or through a building assembly can easily override the function of vapor retarders. Minimize air leakage by following energy code requirements for use of continuous air barriers and sealing of joints and gaps. It's not just an energy code concern (although it does save a lot of energy).

When RULE #1 is followed and the FPIS ci is installed per Figure 3 as a code compliant air barrier, walls are less vulnerable to the consequence of air leakage for two reasons: (1) the FPIS ci will help limit air infiltration from the exterior (especially if it is also used as the WRB system, see RULE #3), and (2) it will also reduce the potential for moist air to condensate on or be adsorbed by moisture-sensitive materials inside the wall because it controls the temperature of those materials. Find more information on use of FPIS as an air barrier [here](#).

<https://www.continuousinsulation.org/resources/facts-ci>

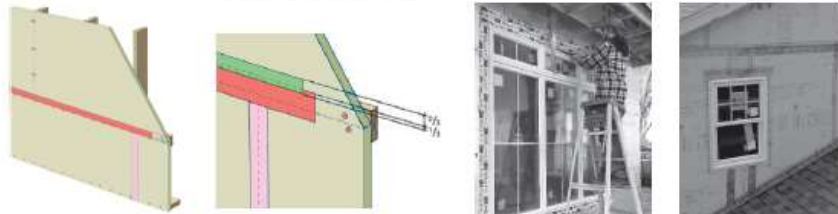


■ **Figure 3.** FPIS ci Installed as an air barrier exterior sheathing.

Rule #3 of 3

RULE #3: Avoid Rain Water Intrusion!

Most importantly, keep rain water out of walls by proper use of cladding, drainage, water-resistive barrier (WRB), and flashing as required by the building code and good practice. Many FPIS ci products can be used as a code-approved WRB system when installed in accordance with the manufacturer's installation instructions. Approved FPIS WRB systems use durable joint treatments (e.g., joint tapes) and flashing materials (e.g., adhered or fluid-applied flexible flashings) as shown in Figure 4. FPIS WRB systems are subject to some of the most stringent wall assembly water-resistance test requirements. Find more information on FPIS WRB systems [here](#).



■ **Figure 4.** FPIS WRB System Installation using joint tapes and adhered flashings; refer to manufacturer Installation Instructions for specific details.

<https://www.continuousinsulation.org/resources/facts-ci>

QUICK GUIDE

Four Plastic Applications for Better Building

Moisture Control for Frame Walls Code Compliant Wall Detailing

Integration of code-compliance requirements and best practices for moisture control of frame wall assemblies based on 2021 IRC.


013.24

FIGURE KEY:
 ci = continuous insulation
 VR = vapor retarder
 AB = air barrier
 WRB = water-resistive barrier
 EPS = foam plastic insulating sheathing
 EFS = exterior insulation & finish system
 csSPF = closed-cell spray foam


Flashing (IRC Section R702.4):
 Flashing at siding transitions, fenestration, and other wall penetrations or details not shown, flash to the designated WRB layer location in wall (may vary) and kick-out to exterior or cladding where required at weeps, etc.

Cladding Connections (IRC Section R702.3):
 Fast connections through FRPS refer also to IRC Section R702.35.

Use codes below to access additional resources designed to help support proper implementation of the code compliance and best practice information illustrated in this guide.



Web Collaborative



R702.35 Detail Library

Quick-Start Library

Structural Sheathing

Specify and install structural sheathing per IRC Chapter 6 where used for wall bracing. Examples include OSB, plywood, gypsum sheathing, fiberboard, diagonal wood boards, etc. (flashed in and metal brace options not shown).

Lap Siding (vinyl, wood, aluminum, fiber-cement, etc.)

Specify and install lap siding per IRC Section R702.3. In Climate Zones 4-8 where using a Class II interior VR, two options to control water vapor are provided in Table R702.7(2):

- (1) Without exterior ci - siding must be back-vented (e.g., furred) or vented siding (e.g., vinyl).
- (2) With exterior ci - siding not required to be back-vented or vented siding.

Back-venting or vented siding is otherwise not required but is a recommended best practice, especially in most or marine climate regions.

Stucco, Adhered Masonry Veneer, Cement Panel Siding, etc.

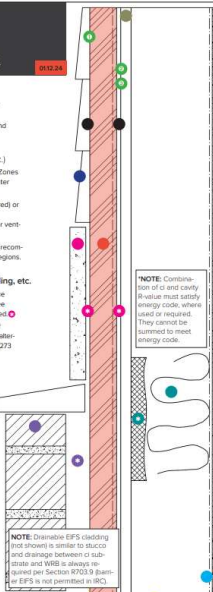
Specify and install WRB per IRC Section R702.3.3. In Moist/Marine climate regions, a minimum 3/8" drainage space is required. See drainage space location options based on WRB location specified. Alternative drainage methods include drainage mat, drain wrap, or channelled back of FRPS with separate WRB on its interior side. All alternatives must have minimum 90% drainage efficiency per ASTM E2273 or E2925.

Anchored Masonry Veneer (stone & brick)

1" ventilation and drainage space required for all anchored stone or brick veneer in all climate zones (see Section R702.3.1).
 Also qualifies as vented cladding for use of Class II VR on walls without exterior ci per Table R702.7(2).

Air Barrier (AB)

A continuous AB is used in all climate zones to achieve required whole building air-change-per-hour (ACH) limits per energy code and to protect wall from moist air intrusion. The designated AB material layer must have joints, seams, gaps, intersections, and penetrations sealed. AB material can be the WRB, the ci, the structural sheathing, the csSPF cavity insulation, the VR, or gypsum wallboard. Any material or combination thereof must meet energy code requirements for AB material properties (i.e., assembly air-impermeable). Recommended best practice is to provide AB on both sides of a permeable insulation materials (i.e., on exterior and interior sides of wall cavity) for improved thermal performance and moisture control.



Water-Resistive Barrier (WRB)

Specify and install a WRB in accordance with IRC Section R702.2. WRB material and location options include:

- Surface of FRPS WRB System w/ taped joints - FRPS surface used as WRB
- Separate WRB behind ci - Any ci insulation type not used as WRB
- Membrane (sheet), spray-applied, or WRB wall sheathing (no ci)

Drainage Space (location based on WRB option used)

Where required, located between cladding and WRB (see above). See requirements for reservoir cladding types (brick, stucco, adhered veneer, etc.)

Where not required, use as recommended best practice.

Continuous Insulation (ci)

Where used, ci R-value must meet IRC Table R702.7(2) and Table R702.7(3) or (R) as applicable based on Climate Zone and the interior VR Class specified. The required minimum ci R-values ensure adequate temperature control to prevent condensation and moisture accumulation within the wall. Increasing ci R-values above code minimums will further improve thermal performance and moisture control. Where non-vapor permeable (e.g., perm) ci is used (e.g., FRPS), it will mitigate inward vapor drive from reservoir claddings (e.g., stucco, adhered veneer, brick, etc.). For similar reasons, it is recommended to use a moderate to low perm WRB (e.g., ≤ 20 perm) behind a vapor permeable ci material.

Cavity Insulation*

If csSPF is used at thickness to achieve 15 perms or less, the R-value can be combined with ci R-value to meet ci requirements of Table R702.7(2) (R) to decrease the exterior ci thickness. R-value required, but csSPF must still be treated as cavity insulation for energy code compliance.

Interior Vapor Retarder (VR)*

Use of a Class I interior VR that is not "smart" in frame walls with a Class I exterior VR is not permitted without an approved design. Double vapor "barriers" should be avoided. An interior vapor retarder is not required in Climate Zones 1, 2, and 3. Responsive ("smart") Class I or II VRs are allowed on interior side of any frame wall in all Climate Zones.

If ci used or required: Specify VR per Table R702.7(2) in coordination with ci and cavity insulation R-values per Table R702.7(3) or (R) as applicable. Class III VR must be "smart" VR # ci is FRPS (e.g., non-vapor permeable), otherwise use Class II VR.

If ci not used: Specify VR per Table R702.7(2) with best practice recommendation to specify Class I "smart" VR in Climate Zones 5-8 and install as an air barrier. Use of a Class III VR without ci is not recommended even though permitted.

NOTES ON VAPOR RETARDER CLASSES AND RESPONSIVE VAPOR RETARDERS:

1. Vapor retarder classes are defined in Table R702.7(2) and include Class I (e.g., 0.05 G, Class II (e.g., coated wall paper facing, 0.1 G, Class III (e.g., vapor control mat used per manufacturer's instructions). Class I has vapor permeance of 0.1 or less, Class II is 0.1 to 10 perms, and Class III is 10 to 100 perms.


2. A responsive or "smart" vapor retarder - Class III (e.g., liquid applied membrane made with polyurethane or liquid polyurethane) such that drying occurs when needed. Regular vapor retarders are classified on the basis of "dry out" vapor permeance measurement of the barrier's vapors. Responsive vapor retarders are inherently classified based on permeance of greater than 1 perm when measured by the "wet out" method of ASTM E918 in a representative high-humidity condition. Coated wall paper facing in Class I responsive vapor retarder. Class I responsive vapor retarders are specific proprietary film or membrane products.

DISCLAIMER: While reasonable effort has been made to ensure the accuracy of the information presented, the actual design, building, and use of this information for any particular application is the responsibility of the user. Where approved by the design of building, the design, building, and use of this information for any particular building is the responsibility of the Designer or the Owner's professional agent. The information contained herein is provided "as is."

Developed and updated by the Applied Building Technology Group with support from the Foam Sheathing Collaborative (FSC) of the American Chemistry Council. foamcollaborative.org provides detailed resources intended to assist the foam plastic insulating sheathing industry, using sound science to develop advanced supporting the vehicle, efficient, and economic design and installation of foam sheathing.

"Cheat Sheet"

Integrated, Code-Compliant Moisture Control



<https://www.continuousinsulation.org/resources/quick-guides>


ii. Water Vapor Control

- IBC Section 1404.3 Vapor Retarders
- IRC Section R702.7 Vapor Retarders
- 2021 code includes major improvements
- 2024 code includes some incremental enhancements/options
- Water vapor control per building code must be coordinated with energy code insulation requirements
 - Insulation and vapor retarders work together and vary in application by climate
 - The code has taken a complicated building science matter and simplified it into prescriptive rules or "look-up" tables
 - Use of continuous insulation provides a simple and robust way to address thermal and water vapor control performance

3-Step Guide for Water Vapor Control Code Compliance

(based on 2021 IBC/IRC)

Satisfies Rule #1 of 3 – Keep Water Vapor Away from Cool Surfaces



QUICK GUIDE
Foam Plastic Applications for Better Building

3 STEPS FOR CODE-COMPLIANT USE OF WATER VAPOR RETARDERS and Foam Plastic Insulating Sheathing (FPIS) Continuous Insulation (ci)

07.27.21

This reference guide summarizes key requirements and options in the 2021 International Residential Code (IRC) and 2021 International Building Code (IBC) for design and construction of code-compliant and moisture-resistant frame walls using foam plastic insulating sheathing (FPIS) as continuous insulation (ci). When used in a code-compliant manner, FPIS ci protects walls against the effects of moisture by keeping walls warm to prevent condensation while maximizing drying to the interior with proper vapor retarder specification.

Follow the three steps below for code-compliant water vapor control. For greater flexibility and to automate the application of this reference guide, refer to [these wall calculators](#). Various moisture control research reports and other practical guides are also [available here](#).

For a summary of key concepts and principles for moisture control, refer to [FACTS: Moisture Control for Wall Assemblies](#).

STEP 1: KNOW INTERIOR VAPOR RETARDER CLASSES

Use the following definitions for water vapor retarder classes when specifying interior vapor retarders in accordance with Steps 2 and 3:

TABLE R702.7(1) VAPOR RETARDER MATERIALS AND CLASSES

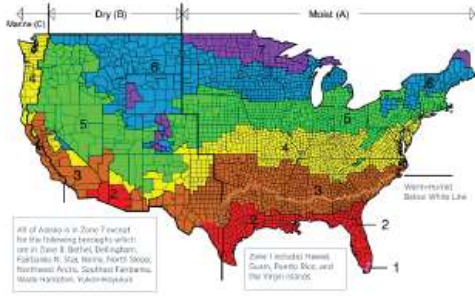
CLASS	ACCEPTABLE MATERIALS
I	Sheet polyethylene, nonperforated aluminum foil, or other approved materials with a perm rating of less than or equal to 0.1.
II	Kraft-faced fiberglass batts, vapor retarder paint, or other approved materials applied in accordance with the manufacturer's installation instructions for a perm rating greater than 0.1 and less than or equal to 1.0.
III	Latex paint, enamel paint, or other approved materials applied in accordance with the manufacturer's installation instructions for a perm rating of greater than 1.0 and less than or equal to 10.0.

<https://www.continuousinsulation.org/resources/quick-guides>

3-Step Guide (cont'd)

STEP 2: CONSIDER PERMITTED INTERIOR VAPOR RETARDERS

Select a "permitted" vapor retarder for the interior side of frame walls based on the Climate Zones as outlined in IRC Table R702.7(2), paying attention to footnotes and other table references:



U.S. Climate Zones

All of Alaska is in Zone 7 except for the following territories which are in Zone 8: British Columbia, Yukon, Northwest Territories, Nunavut, and the Yukon-Charley Rivers National Preserve.

Zone 1 includes Hawaii, Guam, Puerto Rico, and the Virgin Islands.

Wetlands: Below White Line

TABLE R702.7(2) VAPOR RETARDER OPTIONS

CLIMATE ZONE	VAPOR RETARDER CLASS		
	CLASS I*	CLASS II*	CLASS III
1, 2	Not Permitted	Not Permitted	Permitted
3, 4 (except Marine 4)	Not Permitted	Permitted ^c	Permitted
Marine 4, 5, 6, 7, 8	Permitted ^d	Permitted ^d	See Table R702.7(3)

a. Class I and II vapor retarders with vapor permeance greater than 1 perm when measured by ASTM E96 water method (Procedure B) shall be allowed on the interior side of any frame wall in all climate zones.

b. Use of a Class I interior vapor retarder in frame walls with a Class I vapor retarder on the exterior side shall require an approved design.

c. Where a Class II vapor retarder is used in combination with foam plastic insulating sheathing installed as continuous insulation on the exterior side of frame walls, the continuous insulation shall comply with Table R702.7(4) and the Class II vapor retarder shall have a vapor permeance of greater than 1 perm when measured by ASTM E96 water method (Procedure B).

3-Step Guide (cont'd)

- Example 1: CZ 5, Class III VR
 - Table R702.7(3):
 - Use min. R-5ci on a 2x4 wall with R13 cavity – but doesn't meet energy code (R13+10ci) 😞
 - Use min. R-7.5ci on a 2x6 wall with R20 – but this exceeds minimum energy code (R20+5ci) 😊😊
- Example 2: CZ 5, Class II VR
 - Table R702.7(4):
 - Use min. R-5ci on 2x6 wall with R20 cavity
 - Matches energy code (R20+5ci) 😊
- Class II VR must be “smart”
 - Dry to interior
 - 2024 also includes Class I “smart”
 - Called “responsive vapor retarders”

STEP 3: DETERMINE MINIMUM R-VALUE REQUIREMENTS FOR CI

For use of FPIS ci with Class II or III interior vapor retarders (per Step 2), determine the minimum ci R-value required to control water vapor using IRC Tables R702.7(3) or R702.7(4) as applicable. The ci and cavity insulation amounts provided must also comply with the local energy code.

TABLE R702.7(3) CLASS III VAPOR RETARDERS
(only requirements for ci are shown)

CLIMATE ZONE	CLASS III VAPOR RETARDERS PERMITTED FOR:
4 Marine	ci with R-value ≥ 2.5 over 2 x 4 wall
	ci with R-value ≥ 3.75 over 2 x 6 wall
5	ci with R-value ≥ 5 over 2 x 4 wall
	ci with R-value ≥ 7.5 over 2 x 6 wall
6	ci with R-value ≥ 7.5 over 2 x 4 wall
	ci with R-value ≥ 11.25 over 2 x 6 wall
7	ci with R-value ≥ 10 over 2 x 4 wall
	ci with R-value ≥ 15 over 2 x 6 wall
8	ci with R-value ≥ 12.5 over 2 x 4 wall
	ci with R-value ≥ 20 over 2 x 6 wall

NOTE: When using a Class II Interior vapor retarder, it must comply with the “smart” vapor retarder requirements of footnote “c” of IRC Table R702.7(2) above (e.g., coated kraft paper paper complex). Use of a Class I “smart” vapor retarder will provide equal or better performance. Smart vapor retarders prevent OUTWARD moisture movement into walls in the winter and become vapor permeable for increased INWARD drying potential in the summer, which complements the “warm wall” water vapor control provided by FPIS ci. A Class III Interior vapor retarder is sufficiently vapor permeable at all times such that it is not required to be a “smart” vapor retarder but it requires more FPIS ci (i.e., a warmer wall) to prevent condensation in the winter.

TIP: While not required, using more than the code minimum ci R-values shown above will further improve water vapor control and protection of the building envelope.

TABLE R702.7(4) CONTINUOUS INSULATION (ci) WITH CLASS II VAPOR RETARDER

CLIMATE ZONE	CLASS II VAPOR RETARDERS PERMITTED FOR:
3	ci with R-value ≥ 2
4, 5, 6	ci with R-value ≥ 3 over 2 x 4 wall
	ci with R-value ≥ 5 over 2 x 6 wall
7	ci with R-value ≥ 5 over 2 x 4 wall
	ci with R-value ≥ 7.5 over 2 x 6 wall
8	ci with R-value ≥ 7.5 over 2 x 4 wall
	ci with R-value ≥ 10 over 2 x 6 wall

Simplified Energy & Water Vapor Code Compliance

- Implements R-value and U-factor checks per IECC & ASHRAE 90.1
- Vapor control check per IBC/IRC (including insulation ratio and permeance ratio checks)
- Flexible, More Solutions than Code, More Precise
- Wood and Steel framing
- 2-minute wall design and optimization (or compliance check)
- LIVE DEMO...(as time allows)

Wall Assembly Inputs

- Building / Energy Code & Year
 Energy code & year: IBC 2015 + IECC-C 2015 (Excluding group R)
- Climate Zone and Heating Degree Days
 Climate zone: 5
Enter Heating Degree Days (HDD) if you want the minimum Insulation Ratio (Re/Ri) to be based on heating degree days, rather than strictly on the climate zone minimums. Values outside the ranges shown will be ignored. The heating degree days option is only available for some climate zones. HDD values are on a 65°F basis.
 Heating degree days (Valid range: 5401 - 7200)
- Cladding
 Cladding type and R-value: Stucco (0.08)
- Exterior Continuous Insulation
 Manufacturer's rated R-value at installed thickness: 7.5
- Exterior Sheathing

Output

Energy Code Thermal Check

U-Factor Method

Factor	Proposed Wall	Code Requirement	Compliance Check
U-factor of opaque wall assembly	0.060	0.064	✓ Passed

R-Value Method

Factor	Proposed Wall	Code Requirement	Compliance Check
R-value of opaque wall assembly	R13+7.5ci	R13+7.5ci	✓ Passed

Building Code Water Vapor Control Check

Insulation Ratio (Re/Ri) Method

Interior Vapor Retarder Class ^a	Proposed Ratio	Minimum Ratio Required (Zone 5)	Pass/Fail
Class I ^b	0.58	0.30	✓ Passed
Class II ^b	0.58	0.30	✓ Passed
Class III ^b	0.58	0.45	✓ Passed
No Interior Vapor Retarder	0.58	1.40	X

<https://www.continuousinsulation.org/calculators>

FPIS ci & SPF as Air Barriers

- Air Barrier (AB)
 - Most foam sheathing products meet air barrier material requirements (air permeability test)
 - Check manufacturer data/label
 - IECC C402.5.1.3 lists “deemed-to-comply” products, e.g.:
 - FPIS (XPS and Polyiso of min ½” thick)
 - ccSPF of min. 1.5” thick and 1.5 pcf density
 - ocSPF of min. 4.5” thick and 1.5 pcf density
 - Key to good air barrier system is sealing of joints, penetrations, and transitions.
 - Best practice is dual air barrier to encapsulate air-permeable insulation (if used) – code only requires on one side insulation.
 - Single component/canister SPF is used as an air sealant for joints & cracks (not insulation)

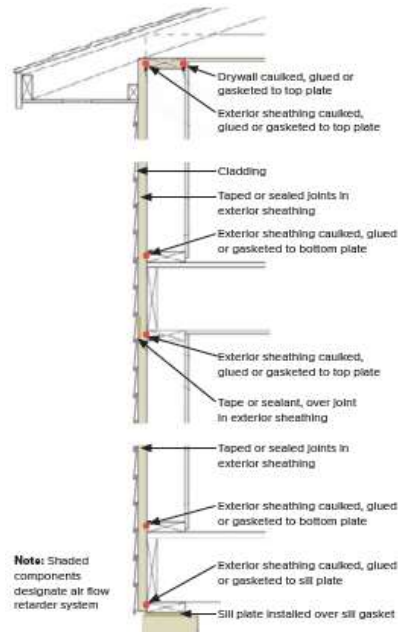


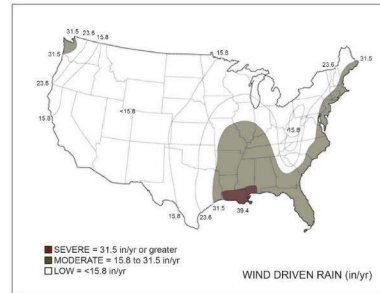
Figure 3. FPIS ci Installed as an air barrier exterior sheathing.

iv. Rainwater Control

- Control of Water Intrusion
- 2024 IBC/IRC Water-resistive Barrier (WRB) requirements
- 2024 IBC/IRC Flashing requirements
- FPIS ci as WRB systems
- Spray foam as WRB

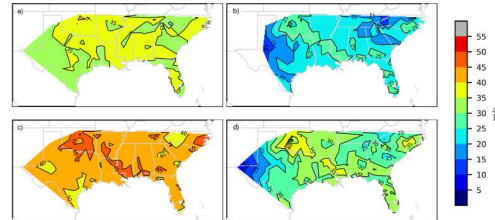
Control of Water Intrusion

- Rain water intrusion is often the primary factor associated with observed failure or success of moisture control
 - Wind driven rain (WDR) is the primary hazard
- If rain water is not adequately controlled, other control measures can be rendered ineffective (air barriers, vapor retarders, drying potential, etc.)
- Concept is simple: Keep water out!



Annual Average Wind Driven Rain Receipt (in/yr)
(map based on UofGA research)

(<http://www.huduser.gov/portal/publications/reports/Guide-Durability-by-Design.html>)

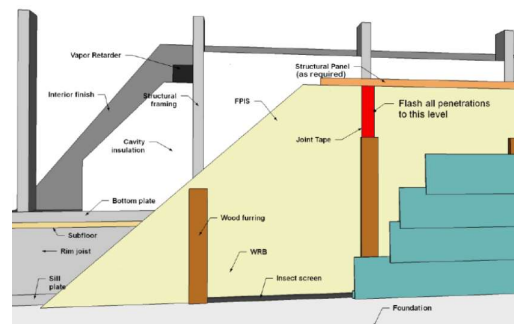


WDR Hazard Maps for SE United States

Source: <https://journals.ametsoc.org/view/journals/apme/62/7/JAMC-D-22-0156.1.xml>

WRB & Flashing Code Requirements

- Use of a code-compliant water-resistive barrier (WRB) and flashing details are required by code (since the 2006 IBC/IRC)
 - Why? We finally learned that claddings and windows leak.
- Code approved methods include:
 - No. 15 felt
 - Grade D paper
 - Various building wraps
 - Sheathing types (e.g., FPIS w/taped joints)
 - ccSPF



WRB Performance Testing of FPIS WRB Systems

ABTG Research Report No. 1504-03

<http://www.appliedbuildingtech.com/rr/1504-03>



ASTM E331, 2hrs @ 6.24psf with 5gph/ft² spray
 No. 15 Felt = 5-7min @ 2.86psf (code benchmark)

Comparison of water resistance tests for WRB materials

	15# Felt	Housewraps	FPIS
Weathering		✓	✓
AATCC 127		✓	✓
Taped Joints			✓
Full Assembly Water Penetration			✓



Water head test after accelerated aging of tape joint



Foam WRB & Flashing Tape (3-yr exposure)



Tape joints in-service performance (~15 years after install)

IBC/IRC WRB Code Requirements

IBC 1403.2 / IRC R703.2 Water-resistive barrier. ...continuous...flashed... shall comply with one of the following:

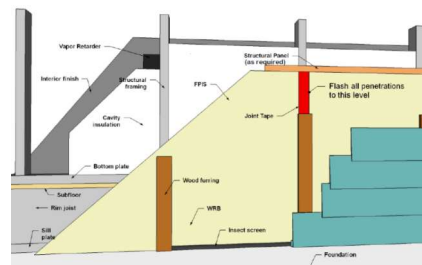
1. No. 15 felt complying with ASTM D226, Type 1.
2. ASTM E2556, Type I or II.
3. Foam plastic insulating sheathing water-resistive barrier systems complying with Section 1402.2 and installed in accordance with manufacturer's installation instructions.
4. ASTM E331 in accordance with Section 1402.2.
5. Other approved materials installed in accordance with the manufacturer's installation instructions.



FPIS ci can be used as WRB, air barrier, and means to control water vapor (multi-functional):

For guidance on use of FPIS ci as a WRB, refer to:
<https://www.continuousinsulation.org/applications/WRB>

For listing of code-compliant FPIS WRB systems refer to:
<https://www.drjengineering.org/drr/1410-05>



IRC Flashing Requirements

- **R703.4 Flashing.** Approved corrosion-resistant flashing shall be applied in a manner to prevent entry of water ... shall be installed at the following locations: *(various listed)*
- **R703.4.1 Flashing installation at exterior window and door openings.** Flashing at exterior window and door openings shall extend to the **surface of the exterior wall finish** or to a **water-resistive barrier** complying with Section 703.2 for subsequent drainage. **Air sealing** shall be installed around all window and door openings on the interior side of the rough opening gap. ... Flashing at exterior window and door openings shall be installed in accordance with one or more of the following:
 1. The **fenestration manufacturer's installation and flashing instructions**, or for applications not addressed in the fenestration manufacturer's instructions, in accordance with **the flashing or water-resistive barrier manufacturer's instructions**. Where flashing instructions or details are not provided, pan flashing shall be installed ...
 2. In accordance with the flashing design or method of a **registered design professional**.
 3. In accordance with **other approved methods**.



Pan flashing is not required by code, except in the absence of installation instructions which are required by code. Huh? Sometimes considered a best practice – but only if good air sealing of rough opening.

NEW in 2024 IRC

IBC Flashing Requirements

2024 IBC Flashing provisions:

1404.4 Flashing. Flashing shall be installed in such a manner so as to prevent moisture from entering the exterior wall or to redirect that moisture to the surface of the exterior wall *covering* or to a *water-resistive barrier* complying with Section 1403.2 and that is part of a means of drainage complying with Section 1402.2.

Flashing shall be installed at the perimeters of exterior door and window assemblies in accordance with Section 1404.4.1, penetrations and terminations of *exterior wall* assemblies, *exterior wall* intersections with roofs, ... etc.

1404.4.1 Fenestration flashing. Flashing of the fenestration to the wall assembly shall comply with the fenestration manufacturer's instructions or, for conditions not addressed by the fenestration manufacturer's instructions, shall comply with one of the following:

1. The water-resistive barrier manufacturer's flashing instructions;
2. The flashing manufacturer's flashing instructions;
3. A flashing design or method of a registered design professional; or,
4. Other approved methods.



New in 2024 – to match 2024 IRC

Four WRB strategies with FPIS ci

- Simplest and most efficient solution uses FPIS ci as WRB System
 - Simplifies window flashing for finned fenestration
- Other strategies may be necessary depending on window location (inny vs. outty window) and window, cladding, and trim detailing

WRB Strategy	Pros	Cons
FPIS-ci used as the WRB	<ol style="list-style-type: none"> 1. System resistance to water penetration (highest of all WRB criteria) 2. Simple flashing detailing when used with flanged fenestration units (see STEP 3B). 3. Cost-effective (eliminates a separate WRB material layer) 4. Can be used to effectively control water vapor in coordination with vapor retarder selection (STEP 3C) 	<ol style="list-style-type: none"> 1. Only applies to FPIS-ci products that have been tested and approved for WRB application (refer to manufacturer code compliance data - DrJ FSC report). 2. Must use manufacturer specified joint sealing treatments (joint tapes and adhered flashing) 3. Requires proper conditions for application of joint sealing treatments.
Separate WRB layer applied behind FPIS on wall substrate	<ol style="list-style-type: none"> 1. Separate WRB layer is protected by FPIS-ci. 2. With proper R-value of FPIS-ci, the permeance of the WRB and sheathing is less of a concern when coordinated with interior vapor retarder selection (STEP 3C). 3. With reservoir claddings like stucco or adhered veneers the FPIS-ci layer prevents inward vapor drives through higher perm WRBs. 	<ol style="list-style-type: none"> 1. Additional cost of WRB separate from FPIS-ci 2. Potential for more complex and less reliable flashing details at windows if flanges are flush with FPIS-ci and back of siding as usually detailed while WRB is recessed from the flange (STEP 3B). 3. May need to use more expensive wrap to create small gap for drainage behind FPIS-ci.
Separate WRB layer applied over FPIS and directly behind cladding	<ol style="list-style-type: none"> 1. Easier to flash windows to WRB if window flanges are placed flush with outside of wall (on plane with FPIS-ci outer surface). 2. Not preferred location for WRB behind stucco and adhered veneers which will prevent drainage unless an additional drainage layer or gap is provided between the WRB and stucco. 	<ol style="list-style-type: none"> 1. Additional cost of WRB separate from FPIS-ci 2. Difficulty attaching WRB layer through FPIS-ci layer. 3. WRB should be higher perm than FPIS-ci layer in cold climates or mixed climates. 4. WRB layer is not protected by FPIS-ci. 5. Added metal penetrations/thermal bridges through FPIS-ci layer.
Dual WRB: FPIS-ci is used as the primary WRB layer with a separate WRB layer applied behind FPIS	<ol style="list-style-type: none"> 1. Perhaps the most "fail-safe" installation. 2. Otherwise Pros are similar to Strategy #2. 	<ol style="list-style-type: none"> 1. The most costly WRB installation. 2. Otherwise Cons are similar to Strategy #2.

FPIS ci WRB Systems, Joint Tape, & Flashing

Also serves as air barrier.



Spray Foam as WRB/AB

- Refer to manufacturer for code-compliance data



Source: BASF



School Addition –
Masonry/SPF/Brick
cavity wall

Code-compliant FPIS WRB Systems

- Listing of code-compliant FPIS WRB systems:
<https://www.drjengineering.org/drr/1410-05>
- Resources for use of FPIS ci as a WRB:
<https://www.continuousinsulation.org/applications/WRB>



ANSI FS200.1 Standard for FPIS ci Applications

- Scope
 - Above-grade frame walls
 - Labeling & Quality Assurance
 - Wind resistance
 - WRB (water resistance)
 - Vapor Control
 - Window installation
 - Cladding installation
- Addresses
 - Performance criteria (design)
 - Evaluation/testing criteria by application
 - Prescriptive criteria ("cook-book" design and installation)
- Exclusions
 - Refer to locally applicable code for fire safety requirements (e.g., IBC Chapter 14 and 26; IRC Section R316)
 - Use FPIS manufacturer data to demonstrate compliance (ASTM E84, ASTM E119, NFPA 285, etc. – as applicable)



ANSI/ABTG FS200.1 – 2022

Standard for Use of Foam Plastic Insulating Sheathing (FPIS) in Building Envelopes: Above-grade Walls



<https://www.appliedbuildingtech.com/standards>

D. IBC/IRC Fenestration Installation Compliance

- IBC/IRC Code Requirements
- Field Installation Experience
- Installed Performance Testing
- Recommended installation instructions



Installation and Performance of Flanged Fenestration Units Mounted on Walls with Foam Plastic Insulating Sheathing

ABTG Research Report No. 2104-01

Conducted for the Foam Sheathing Committee (FSC) of the American Chemistry Council

Report Written by:

Applied Building Technology Group, LLC
appliedbuildingtech.com

Final Report: April 7, 2021

<https://www.appliedbuildingtech.com/rr/2104-01>

For more information, refer to:

<https://www.continuousinsulation.org/window-installation>

IBC Code Requirements – Fenestration Install

- 2024 IBC Sections 1404.4 & 1404.13.1

- Flashing

- **1404.4.1 Fenestration flashing.**

Flashing of the fenestration to the wall assembly shall comply with the fenestration manufacturer's instructions or, for conditions not addressed by the fenestration manufacturer's instructions, shall comply with one of the following:

1. The *water-resistive barrier* manufacturer's flashing instructions.
2. The flashing manufacturer's flashing instructions.
3. A flashing design or method of a *registered design professional*.
4. Other *approved* methods.

- Structural Support

1404.13.1 Installation. Windows and doors shall be installed in accordance with *approved* manufacturer's instructions. Fastener size and spacing shall be provided in such instructions and shall be calculated based on maximum *loads* and spacing used in the tests.

IRC Code Requirements – Fenestration Install

- 2024 IRC Sections R609.1 & R703.4.1

- Flashing & Structural Support

R609.1 General. This section prescribes performance and construction requirements for exterior windows and doors installed in walls. Windows and doors shall be installed in accordance with the fenestration manufacturer's written instructions. Window and door openings shall be flashed in accordance with Section R703.4. Written installation instructions shall be provided by the fenestration manufacturer for each window or door.

R703.4.1 Flashing installation at exterior window and door openings. Flashing at exterior window and door openings shall extend to the surface of the exterior wall finish or to a *water-resistive barrier* complying with Section 703.2 for subsequent drainage. Air sealing shall be installed around all window and door openings on the interior side of the rough opening gap. Mechanically attached flexible flashings shall comply with AAMA 712.

Flashing at exterior window and door openings shall be installed in accordance with one or more of the following:

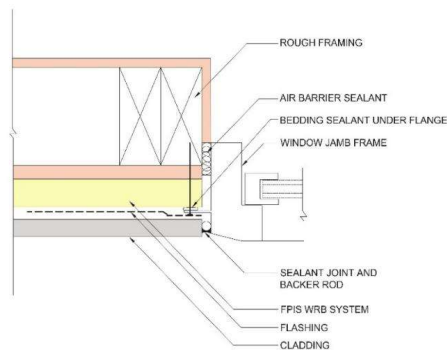
1. The fenestration manufacturer's installation and flashing instructions, or for applications not addressed in the fenestration manufacturer's instructions, in accordance with the flashing or *water-resistive barrier manufacturer's* instructions. Where flashing instructions or details are not provided, *pan flashing* shall be installed at the sill of exterior window and door openings. *Pan flashing* shall be sealed or sloped in such a manner as to direct water to the surface of the exterior wall finish or to the water-resistive barrier for subsequent drainage. Openings using *pan flashing* shall incorporate flashing or protection at the head and sides.
2. In accordance with the flashing design or method of a *registered design professional*.
3. In accordance with other *approved* methods.

Field Installation Experience with FPIS ci

- Historically accepted practice (survey actual experience)
 - Dating to the 1970's (~50 years)
- Typical builder experienced with FPIS ci:

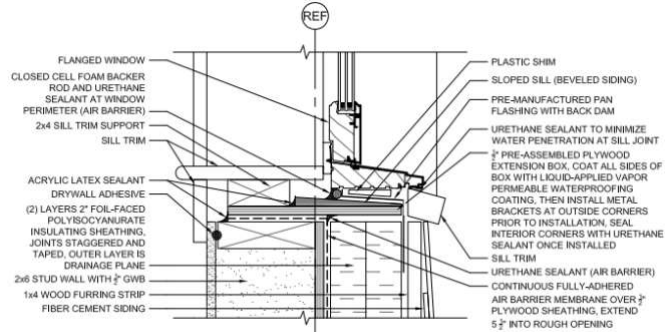
"We have been installing vinyl double pane windows over 1½" XPS foam with no OSB for over six years and before that over 1" foam for almost 30 years and have seen no issues with window movement."
- Other sources indicate similar experience
- Experience from Canada also imported to U.S.

Examples of Historically Accepted Practice (≤ 1.5" FPIS ci)



Examples of Historically Accepted Practice (> 1.5" FPIS ci)

- Plywood window buck with 4"-thick FPIS ci
 - 2x wood bucks also used (especially for masonry/concrete construction)
 - NOTE: For Type I-IV construction (IBC), the window-wall interface also must comply with NFPA 285 tested assembly and engineering analysis.
- Applies regardless of FPIS thickness.
 - See examples next two slides.



1 WINDOW SILL DETAIL
SCALE: 3" = 1'-0"

Source: www.nist.gov/system/files/nzertf-architectural-plans3-june2011.pdf

Example NFPA 285 Fenestration Rough Opening Details

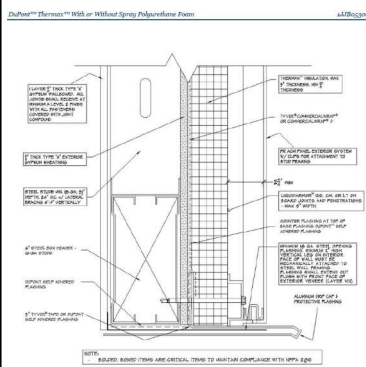


Figure 7. Use of Tyvek® CommercialWrap® or CommercialWrap® D WRB behind Thermax™ Insulation

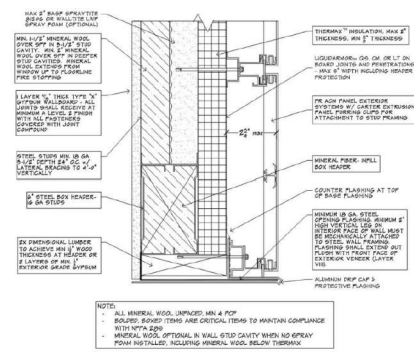
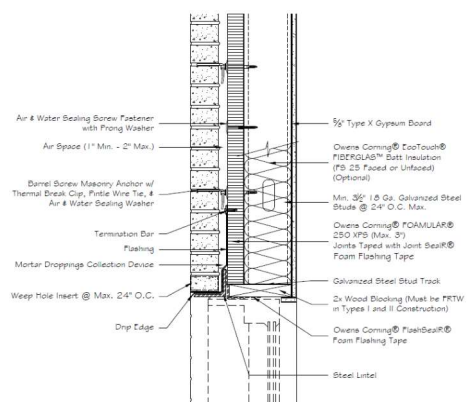


Figure 4 – Required Opening Head Protection When BASF SPRAVITTES® 81206 or Walthe LWP Spray Foam is Used in the Cavity – OPTION 2



Source: Owens Corning, Enclosure Solutions NFPA 285 Guide, May 2019

Source: DuPont Building Performance Solutions, Jensen Hughes Engineering Analysis, February 4, 2022

Example Details from AWCI/SFIA

- Various CAD details for ci on steel frame wall assemblies

AWCI TECHNOLOGY CENTER

System Database • Window Center • Exterior System Database • Interior System Database • Construction Database

Home • Introduction • CAD Detail Library

CAP DETAIL LIBRARY

This CAD library is divided into two main categories: exterior and interior. Each category is further divided into three sub-categories: Sills, Heads, and Frames. Each sub-category contains a list of details. Each detail is a cross-section drawing of a window or door assembly, showing the various components and materials used. The drawings are labeled with the names of the components and materials. The drawings are intended to be used as a reference for the design and construction of window and door assemblies. The drawings are intended to be used as a reference for the design and construction of window and door assemblies. The drawings are intended to be used as a reference for the design and construction of window and door assemblies.

ANY FINISH WINDOW SILL | NOT TO SCALE

ANY FINISH WINDOW HEAD | NOT TO SCALE

<http://www.awcitechologycenter.org/content/cad-detail-library>

Example of “Inny” Window Install

- For any thickness of FPIS
- For block frame and finned windows
- Can be used for new or retrofit (residing with added ci)
- Requires use of separate WRB behind FPIS ci flashed to window trim extension (or window fin)



Installed Performance Testing

- ~150 tests on ~30 wall assembly specimens by independent sources (HIRL & CBI)
- Integrally-flanged window types (SH, DH, C, and HS; vinyl and wood frames; single and mulled; openings up to 6-ft wide; 30 to 400 lb window unit weight)
- Three FPIS types (XPS, EPS, and PIR), 1" and 2" thick, and 15 and 25 psi compressive resistance
- FPIS WRB systems installed and flashed per manufacturers' specifications
- FGIA/AAMA TIR-504-2020 fenestration installation evaluation method (air leakage, water resistance, thermal cycling, design pressure, repeat water test, structural pressure)



Water Resistance Tests

- ASTM E331 spray test w/5.4psf pressure differential (just above 15% of the max 35 psf DP rated window units used in testing)
- Window units "masked" because not re-testing window unit rating itself
- All used joint tapes and adhered flashing specified per the WRB manufacturer's instructions (Foam sheathing and membrane WRBs)
- None of the flanges used bedding sealant to the WRB surface (removed redundancy)
- Sill pan flashing used (but without air sealing)

RESULTS: No water-penetration of window/wall interface in all tests

- As expected, some water movement onto sill pan behind unsealed bottom flange as a consequence of E331 testing without air sealing rough opening gap and flange providing only 1" lap down from surface of pan flashing.



Uniform Pressure (Wind Load) Resistance

- Tested per ASTM E330 at DP and STP = 1.5 x DP loading
 - DP = Design pressure rating; STP = structural test pressure
 - Most tested to 1.58 x DP (conservatively above STP target)
- Positive pressure then negative pressure tested
- Two specimens ramped to failure (>> STP load)
- Many window installations initially included weakening variances:
 - Flange bedding sealant omitted in all cases
 - Some flange fastener groups omitted
 - Air sealing of rough opening omitted
 - Some shims omitted (e.g., at head of HS window)
- Tests also repeated without weakening variances



Uniform Pressure (Wind Load) Resistance

RESULTS: No structural failures related to installation over foam sheathing when adhering to window manufacturer anchorage and support instructions (1" and 2" FPIS thickness, 15psi and 25 psi)

- Some repairable operability impacts observed with missing fastener groups (e.g., sash pin dislodge from brake/balance mechanism discovered after STP test level)
- One structural failure related to missing shims (resulting in premature dislodging of sash from frame)
- One structural failure caused by wood sash cross rail split out at end notch for sash bracket
- As with any window installation with or without FPIS, following manufacturer shimming and flange fastener patterns (i.e., fastener groups) is important
 - Casement windows appeared most robust, double hung and horizontal slider appeared most sensitive to non-compliant (weakening) installation variances

Sustained Dead Load & Creep Resistance

- Monitoring periods of 1 month to 6 months
- Up to 2" thick foam (15 psi minimum)
- Fenestration weights from 27 lbs to 384 lbs
- Included same installation weakening variances mentioned previously

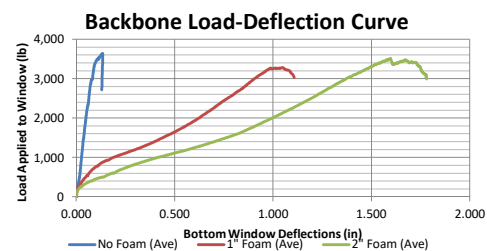
RESULTS: Recorded movement of 0.000" to -0.032" (~1/32nd inch). All movement considered negligible or typical due to environmental changes (not creep).



Flange Fastener Shear Resistance Tests

- Test shear capacity and stiffness of flange fasteners through 1" and 2" thick FPIS (15 psi)
- Windows installed with no shims and no bedding sealant so flange fasteners resist all shear load

- **RESULTS:** Ultimate shear capacity changed little (~3,300 to 3,600 lbs); stiffness was affected very predictably; foam sheathing added ductility while providing adequate stiffness for support of fenestration weight.
 - Consistent with fastener shear testing and design methodology developed for cladding and furring attachments through FPIS



Fenestration Size Effect on Wind Pressure Resistance

- Window size effect on DP rating permitted by code to be evaluated per AAMA 2502, Comparative Analysis Procedure
- Comparative analysis by ASTM E330 testing of SH integral flange vinyl window as installed (positive pressure only) – see Table below.
- **RESULTS:** Even with significant installation non-compliances (e.g., no shims and larger r.o. gap) and up to 2” of FPIS ci, a moderate-size fenestration unit can have more than 3 times the wind pressure rating of the largest (“gateway”) size used for fenestration rating and labeling.

Size	STP	DP	Safety Factor	Adjusted DP (min 1.5 safety factor)	Installation Notes*	*Fasteners installed in every flange hole for all cases per manufacturer instructions
42x66 (gateway)	37.5 psf	25 psf	1.5	n/a	Wood substrate + shims + ¼” r.o. gap	
30x42	151 psf	25 psf	6.0	80 psf	Wood or up to 2” foam (15 psi) substrate, no shims, and 3/8” r.o. gap	
30x42	118 psf	25 psf	4.7			

Recommended Installation Instructions

- For FPIS of minimum 15 psi compression resistance and maximum 1.5" thickness:
 - Use fenestration manufacturer shim and fastener schedule
 - Adjust fastener length to maintain embedment in framing
 - Use WRB or window manufacturer flashing instructions
- For FPIS > 1.5" thick:
 - Use window buck or similar support method
 - Some manufacturers offer specialty support brackets
 - Otherwise, same as above for remaining installation details
- For any type and thickness of FPIS: Option to use an “inny” window install
- If window manufacturer instructions address the specific application with FPIS, use those instructions.
- NOTE: If NFPA 285 applies (Type I-IV construction), the window-wall interface must comply with the FPIS manufacturer’s tested assembly and engineering analysis, regardless of FPIS thickness.
 - Refer to the manufacturer data and standard details

QUICK GUIDE
WINDOW INSTALLATION INSTRUCTIONS FOR WALLS WITH CONTINUOUS INSULATION:
Integral Nail-Flange Windows on Walls with Maximum 1 1/2" Thick Foam Plastic Insulating Sheathing (FPIS)

IMPORTANT! READ ALL INSTRUCTIONS BEFORE BEGINNING INSTALLATION

STEP 1: KNOW YOUR RESPONSIBILITIES
The user of this document is responsible for the following: (1) determining the suitability of this document for the intended use; (2) complying with the local building code; (3) providing the necessary skill to execute a proper window installation; (4) following the component manufacturer's installation instructions for the user-specified window product, flashing materials, water-resistive barrier (WRB), foam plastic insulating sheathing (FPIS), sealants, and other materials as required for a complete air-tight installation; and (5) addressing any variances from manufacturer's instructions and product warranty stipulations, including consultation with the applicable product manufacturer or a design professional as needed.

STEP 2: BEFORE YOU INSTALL THE WINDOW

- Verify that the rough opening is level, plumb, square, and the size required for the specified window product (also check for a rough opening gap as recommended by the window manufacturer). Typically the rough opening width and height are 1/8" to 1" greater than the window unit dimensions. See Figure 1.
- Verify that the FPIS is not greater than 1 1/2" thick, has a minimum compressive strength of 15 psi per ASTM C578 or ASTM C288, and is installed in accordance with the FPIS manufacturer's installation requirements for a code-compliant WRB application. Where a separate WRB material is provided, the thickness of FPIS is greater than 1/2" for other space conditions, refer to the section **SPECIAL CONDITIONS & ADDITIONAL RESOURCES**.

STEP 3: INSTALLING THE WINDOW

- Apply the window manufacturer's recommended bedding (see Table 1) to the rough opening perimeter approximately 1/2" to 1" from the edge of the rough opening (see Figure 3). **DO NOT** apply bedding sealant to sill flange where all panel flashing is used (see Step 4, Item 1).
- Where sill shims are required by the manufacturer or where the sill is not level, shims may be placed and fastened into level positions prior to setting the window unit. See Figure 3.
- With the window closed and in locked position, cut into the center of the rough opening and fasten the center nail head of the top flange to the rough opening with the manufacturer's recommended flange fastener or shims as otherwise recommended by the manufacturer (see Figure 3). Verify that the required gap between the window head and header is correct.
- Install all shims (if not previously installed) and jamb shims at locations as recommended by the manufacturer. A maximum bottom spacing of 2" is recommended. **NOTE:** The length of fasteners will need to accommodate the thickness of FPIS and maintain the required penetration into rough opening framing materials. Do not cover or under-drive flange fasteners. Flange depth will vary slightly between units.
- Check operation of the window and then install remaining nail flange fasteners as recommended by the manufacturer. A maximum bottom spacing of 2" is recommended. **NOTE:** The length of fasteners will need to accommodate the thickness of FPIS and maintain the required penetration into rough opening framing materials. Do not cover or under-drive flange fasteners. Flange depth will vary slightly between units.

For additional information, refer to:

<https://www.continuousinsulation.org/applications/window-installation>

ANSI FS200.1 Standard for FPIS ci Applications

- Scope
 - Above-grade frame walls
 - Labeling & Quality Assurance
 - Wind resistance
 - WRB (water resistance)
 - Vapor Control
 - **Window installation**
 - Cladding installation
- Addresses
 - Performance criteria (design)
 - Evaluation/testing criteria by application
 - Prescriptive criteria ("cook-book" design and installation)
- Exclusions
 - Refer to locally applicable code for fire safety requirements (e.g., IBC Chapter 14 and 26; IRC Section R316)
 - Use FPIS manufacturer data to demonstrate compliance (ASTM E84, ASTM E119, NFPA 285, etc. – as applicable)



ANSI/ABTG FS200.1 – 2022

Standard for Use of Foam Plastic Insulating Sheathing (FPIS) in Building Envelopes: Above-grade Walls



<https://www.appliedbuildingtech.com/standards>

E. IBC/IRC – FPIS Wind Pressure Compliance

- IBC/IRC Wind pressure requirements for exterior walls and wall coverings
- IBC/IRC wind resistance requirements for FPIS
- FPIS wind pressure testing
- FPIS wind pressure design values & application

IBC/IRC Wind Resistance Requirements

R703.1.2 Wind resistance. Wall coverings, backing materials and their attachments shall be capable of resisting wind loads in accordance with Tables R301.2.1(1) and R301.2.1(2). Wind-pressure resistance of the siding, soffit and backing materials shall be determined by ASTM E330 or other applicable standard test methods. Where wind-pressure resistance is determined by design analysis, data from *approved* design standards and analysis conforming to generally accepted engineering practice shall be used to evaluate the siding, soffit and backing material and its fastening. All applicable failure modes including bending rupture of siding, fastener withdrawal and fastener head pull-through shall be considered in the testing or design analysis. Where the wall covering, soffit and backing material resist wind load as an assembly, use of the design capacity of the assembly shall be permitted.

1402.3 Structural. *Exterior walls*, and the associated openings, shall be designed and constructed to resist safely the superimposed *loads* required by Chapter 16.

NOTE: This IRC code provision was added to ensure all sheathing materials, claddings, and exterior wall covering assemblies meet code.

Why? All Wall Coverings or Sheathings are Subject to Wind Damage



Wood structural panels



Fiber board

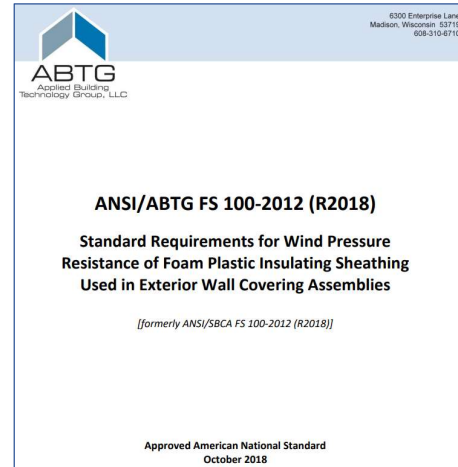


Foam sheathing

IBC/IRC Wind Resistance Requirements for FPIS

R316.8 Wind resistance. Foam plastic insulation complying with ASTM C578 and ASTM C1289 and used as exterior wall sheathing on framed wall assemblies **shall comply with SBCA FS 100** for wind pressure resistance unless installed directly over a sheathing material that is separately capable of resisting the wind load or otherwise exempted from the scope of SBCA FS 100.

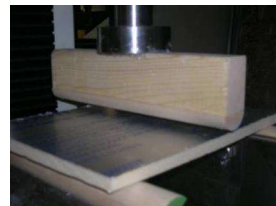
2603.10 Wind resistance. Foam plastic insulation complying with ASTM C578 and ASTM C1289 and used as exterior wall sheathing on framed wall assemblies **shall comply with ANSI/FS 100** for wind pressure resistance.



<https://www.appliedbuildingtech.com/standards>

FPIS Wind Pressure & Bending Tests

- Test Program:
 - 6 manufacturers
 - Three foam types
 - Multiple thicknesses
 - 16" and 24" stud spacing
- Also confirmed in full-scale whole building wind tunnel tests
- Data served as basis for developing the FS100 standard referenced in IBC/IRC (similar to DOC PS2 standard for OSB)
- Manufacturer's individually test to FS100 standard by *approved agency* and report design wind pressure data for code-compliance



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Results – siding removed, only FPIS on exterior



Foam sheathing and taped WRB joints survived exposure to hurricane force winds with no damage (even with siding removed)

Application of FPIS Design Wind Pressure

- Applies only when foam sheathing is applied as the sole exterior sheathing layer spanning open wall cavities between framing.
 - It must resist out-of-plane components & cladding wind load in this application like any other exterior sheathing
- Not applicable when FPIS is used as under- or over-sheathing with another structural sheathing material separately attached to resist wind load.
- Typically, cladding attachments secure and supplement FPIS installation fasteners
 - FPIS fasteners can be designed to resist wind load independently (using large structural plastic cap washers, metal wind-lock washers, or furring/battens)
- Must refer to manufacturer-specific code compliance data/report.

Example FPIS Wind Pressure Design Values

- Example *approved agency* data for an FPIS product tested and evaluated in accordance with the FS100 standard.

Specimen	Lot #	Load Values				
		Max Load (psf)	Yield Load (psf)	Allowable Design Wind Pressure Resistance (psf)	ASCE 7-05 Basic Wind Speed (mph)	ASCE 7-10 Basic Wind Speed (mph)
1" Greenguard Insulated Board	W320G16	65.8	38.7	38.7	125	160
		68.7	N/A	45.8		
		108.9	59.6	59.6		
		66.7	38.4	38.4		

Specimen	Lot #	Load Values				
		Max Load (psf)	Yield Load (psf)	Allowable Design Wind Pressure Resistance (psf)	ASCE 7-05 Basic Wind Speed (mph)	ASCE 7-10 Basic Wind Speed (mph)
2" Greenguard Insulated Board	W214C20	109.0	69.7	69.7	145	180
		109.2	53.7	53.7		
		106.1	67.7	67.7		

F. IBC/IRC Cladding Attachment Compliance

- Performance Research & Testing
- IBC/IRC Prescriptive Solutions
- Design Procedure for cladding and structural connections through FPIS

Performance Research & Testing

- Basis for prescriptive requirements in:
 - Section 2603, International Building Code (IBC) – 2012 through 2024 editions
 - Moved into Chapter 14 in 2024 IBC
 - Section R703, International Residential Code (IRC) – 2012 through 2024 editions
- Basis for engineering design procedure supporting the above code provisions



Research Report

Attachment of Exterior Wall Coverings Through Foam Plastic Insulating Sheathing (FPIS) to Wood or Steel Wall Framing

ABTG Research Report No. 1503-02

Conducted for the Membership of the Foam Sheathing Committee (FSC)

Report Written by:

Applied Building Technology Group, LLC
appliedbuildingtech.com

Report Date:

Final Report: March 27, 2015
 Updated: May 20, 2019

Performance Research & Testing

- Collaborative research
 - FSC, NYSERDA, SFA, BSC for DOE/BA, Newport Partners, ARES/ABTG, etc.
- Extensive testing effort
 - Siding and furring connections
 - FPIS (up to 4" thick)
 - Wood and steel framing
 - Commodity nails, screws, & lags
- Developed design method consistent with NDS and AISI standards
 - DESIGN GOAL: Limit short-term deflection to 0.015" maximum and stabilized creep
- Support:
 - Solutions added to 2015 IBC/IRC
 - Proprietary fastener innovations
 - Used in various cladding and fastener manufacturer installation instructions



Typical Test Set-up



Long term Tests – in Lab & Exposed

IBC/IRC Prescriptive Solutions

- Prescriptive “Quick Guide” for code compliance
- Applications for wood and steel framed walls:
 1. Direct Cladding Attachment through FPIS ci
 2. Furring Attachment through FPIS ci
 3. Cladding Attachment through FPIS ci to a Wood Structural Panel Substrate
- Not required for separately supported cladding (e.g., anchored masonry veneer)
 - Best practice: use thermally efficient brick ties



<https://www.continuousinsulation.org/cladding-connections>

Code Prescriptive Solutions

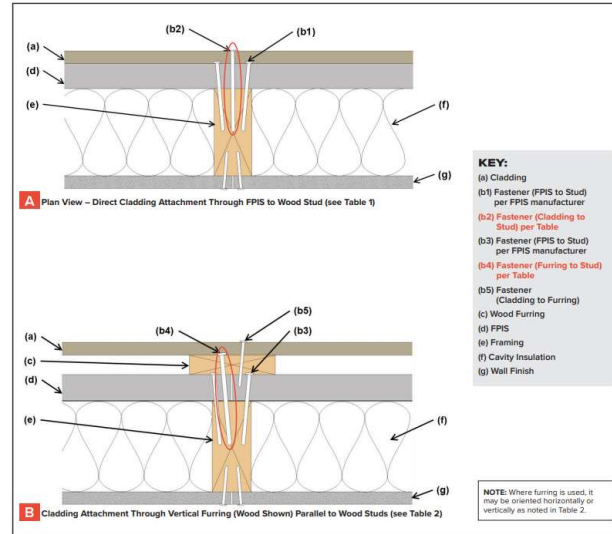
- General Requirements
 - FPIS minimum 15 psi compressive strength; compliant with ASTM C578 or C1289
 - Also check cladding attachment requirements for wind load, etc. (the more stringent fastening schedule will control)
 - Fastener length must be long enough to accommodate FPIS thickness and maintain required fastener embedment in wood/steel
 - Fastener tightened to draw connected materials together but not distort/compress
 - Connections to masonry/concrete must be approved by alternate means (often proprietary fasteners are used)

Code Prescriptive Solutions (wood wall framing)

- Applications 1 and 2:
 - Direct cladding attachment
 - Wood furring attachment
- Requirements vary by cladding weight

Typical cladding materials included in the weight classes listed in Tables 1, 2, and 3 are as follows (verify with cladding manufacturer data):¹

- 3 psf – e.g., wood lap and panel siding, vinyl siding, and most fiber-cement sidings
- 11 psf – e.g., 3-coat Portland cement stucco
- 18 psf – e.g., medium weight adhered stone veneer
- 25 psf – e.g., heavy weight adhered stone veneer



Code Prescriptive Solutions

Table 1. Siding Minimum Fastening Requirements to Wood Framing for Direct Cladding Attachment Over FPIS to Support Cladding System Weight^{1,2,3,4}

CLADDING FASTENER THROUGH FPIS INTO:	Siding Fastener Type & Minimum Size	Siding Fastener Vertical Spacing (in.)	MAXIMUM THICKNESS OF FPIS (IN.)							
			16" o.c. Fastener Horizontal Spacing				24" o.c. Fastener Horizontal Spacing			
			CLADDING SYSTEM WEIGHT				CLADDING SYSTEM WEIGHT			
			3 psf	11 psf	18 psf	25 psf	3 psf	11 psf	18 psf	25 psf
Wood Framing (minimum 1 1/4" penetration)	Nail (0.113" shank; 0.226" head)	6	2.00	1.45	0.75	DR	2.00	0.85	DR	DR
		8	2.00	1.00	DR	DR	2.00	0.55	DR	DR
		12	2.00	0.55	DR	DR	1.85	DR	DR	DR
	Nail (0.120" shank; 0.281" head)	6	3.00	1.70	0.90	0.55	3.00	1.05	0.50	DR
		8	3.00	1.20	0.60	DR	3.00	0.70	DR	DR
		12	3.00	0.70	DR	DR	2.15	DR	DR	DR
	Nail (0.131" shank; 0.281" head)	6	4.00	2.15	1.20	0.75	4.00	1.35	0.70	DR
		8	4.00	1.55	0.80	DR	4.00	0.90	DR	DR
		12	4.00	0.90	DR	DR	2.70	0.50	DR	DR
	16d Nail (0.162" shank; 0.344" head)	6	4.00	3.55	2.05	1.40	4.00	2.25	1.25	0.80
		8	4.00	2.55	1.45	0.95	4.00	1.60	0.85	0.50
		12	4.00	1.60	0.85	0.50	4.00	0.95	DR	DR

For SI: 1" = 25.4 mm; 1 pound per square foot [psf] = 0.0479 kPa

1. Table values are based on wood framing of Spruce-Pine-Fir or any wood species with a specific gravity of 0.42 or greater in accordance with NDS. Required fastener minimum penetration shall be permitted to include thickness of wood structural panel sheathing materials.
2. Nail fasteners shall comply with ASTM F1667, except nail length shall be permitted to

exceed ASTM F1667 standard lengths. Fasteners of equivalent or greater diameter and bending strength shall be permitted.

3. FPIS shall have a minimum compressive strength of 15 psi in accordance with ASTM C578 or ASTM C1289.

4. DR = Design Required

- Application 1 – Direct Cladding Attachment
- Foam sheathing thickness limit based on:
 - Nail size & spacing
 - Cladding weight

Code Prescriptive Solutions

Table 2. Furring Minimum Fastening Requirements to Wood Framing for Application Over FPIS to Support Cladding System Weight ^{1,2,3,4,5,6}

FURRING MATERIAL	Framing Member	Fastener Type & Min. Size	Minimum Penetration into Wall Framing (in.)	Fastener Spacing in Furring (in.)	MAXIMUM THICKNESS OF FPIS (IN.)							
					16" o.c. Furring				24" o.c. Furring			
					CLADDING SYSTEM WEIGHT				CLADDING SYSTEM WEIGHT			
3 psf	11 psf	18 psf	25 psf	3 psf	11 psf	18 psf	25 psf					
Min. 1x3 Wood Furring	Min. 2x Wood Stud	Nail (0.120" shank; 0.271" head)	1 1/4"	8	3.00	1.85	1.05	0.65	3.00	1.20	0.60	DR
				12	3.00	1.20	0.60	DR	3.00	0.70	DR	DR
				16	3.00	0.80	DR	DR	2.30	DR	DR	DR
			1 1/4"	8	4.00	2.45	1.45	0.95	4.00	1.60	0.85	DR
				12	4.00	1.60	0.85	DR	4.00	0.95	DR	DR
				16	4.00	1.10	DR	DR	3.05	0.60	DR	DR
		16d Nail (0.162" shank; 0.344" head)	1 1/4"	8	4.00	4.00	2.45	1.60	4.00	2.75	1.45	0.85
				12	4.00	2.75	1.45	0.85	4.00	1.65	0.75	DR
				16	4.00	1.90	0.95	DR	4.00	1.05	DR	DR
			1"	12	4.00	2.30	1.20	0.70	4.00	1.40	0.60	DR
				16	4.00	1.65	0.75	DR	4.00	0.90	DR	DR
				24	4.00	0.90	DR	DR	2.85	DR	DR	DR
		#10 wood screw (0.363" head)	1"	12	4.00	2.65	1.50	0.90	4.00	1.65	0.80	DR
				16	4.00	1.95	0.95	0.50	4.00	1.10	DR	DR
				24	4.00	1.10	DR	DR	3.25	0.50	DR	DR

For SI: 1" = 25.4 mm; 1 pound per square foot [psf] = 0.0479 kPa

- Table values are based on wood framing and furring of Spruce-Pine-Fir or any wood species with a specific gravity of 0.42 or greater in accordance with NDS.
- Nail fasteners shall comply with ASTM F1667, except nail length shall be permitted to exceed ASTM F1667 standard lengths. Wood screws and lag screws shall comply with NDS Appendix L and ANSI/ASME B18.5.1. Other approved fasteners of equivalent or greater diameter and bending strength shall be permitted. Required fastener minimum penetration shall be permitted to include thickness of wood structural panel sheathing materials.
- A minimum 2x wood furring shall be used where the required siding fastener penetration into wood material exceeds 1/4" (9.5 mm) and is not more than 1 1/2" (38.1 mm), unless approved deformed shank siding nails or siding screws are used to provide equivalent withdrawal strength, allowing the siding connection to be made to a 1x wood furring.
- Furring shall be spaced a maximum of 24" o.c. in a vertical or horizontal orientation.
 - In a vertical orientation, furring shall be located over wall studs and attached with the required fastener spacing.
 - In a horizontal orientation, furring shall be fastened at each stud with a number of fasteners equivalent to that required by the fastener spacing. If the required nail spacing is 12" o.c. and the studs are 24" o.c., then two (2) nails would be required at each stud (24/12=2). In no case shall fasteners be spaced more than 24" (0.6 m) apart.
- FPIS shall have a minimum compressive strength of 15 psi, in accordance with ASTM C578 or ASTM C1289.
- DR - Design Required

- Application 2 – Wood furring attachment
- Wood screws and lag screws also included

Code Prescriptive Solutions

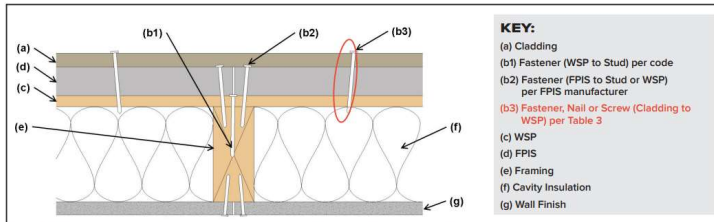


Figure 4. Illustration of light-weight cladding ($\le 3\text{ psf}$) attachment through maximum 2"-thick FPIS to minimum 7/16"-thick wood structural panel (WSP) sheathing.

Table 3. Light-weight Cladding ($\le 3\text{ psf}$) Minimum Fastening Requirements for Attachment Through Maximum 2"-thick FPIS to Minimum 7/16"-thick Wood Structural Panel ^{1,2,3}

TYPE AND SIZE OF FASTENER	HORIZONTAL SPACING OF FASTENERS ALONG SIDING
Roof sheathing ring shank nail (0.120" min. shank; 0.281" head)	12" oc
Post frame ring shank nail (0.148" min. shank; 5/16" head)	15" oc
No. 6 screw (0.138" min. shank; 0.262" head)	12" oc
No. 8 screw (0.164" min. shank; 0.312" head)	16" oc

For SI: 1" = 25.4 mm

- Horizontal spacing of fasteners along siding is based on a siding width (distance between horizontal rows of fasteners) of 12 inches. For other siding widths, multiply required horizontal spacing by 12/w where w is the siding width in inches.
- This table is based on IRC Table R703.3.3. Use of this table is limited to the wind load scope limits for cladding attachments in accordance with Section R703.3.2 of the IRC (i.e., maximum 30 psf negative design wind pressure).
- The cladding fastener must be of sufficient length to penetrate a minimum of 1/4" beyond the back side of the wood structural panel sheathing.

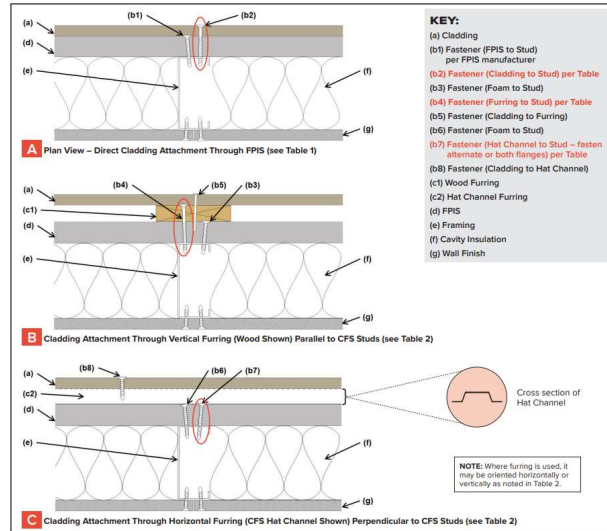
- Application 3 – Attachment to wood structural panel sheathing (not to studs)
 - Limited to light-weight cladding (3psf or less)
 - Limited to max. 2" thick FPIS (min. 15 psi)
 - Limited to max -30 psf wind load (per scope of IRC)

Prescriptive Solutions (CFS wall framing)

- Applications 1 and 2:
 - Direct cladding attachment
 - Wood or steel furring attachment
- Requirements vary by cladding weight:

Typical cladding materials included in the weight classes listed in Tables 1, 2, and 3 are as follows (verify with cladding manufacturer data):¹

- 3 psf – e.g., wood lap and panel siding, vinyl siding, and most fiber-cement sidings
- 11 psf – e.g., 3-coat Portland cement stucco
- 18 psf – e.g., medium weight adhered stone veneer
- 25 psf – e.g., heavy weight adhered stone veneer



Prescriptive Solutions

Table 1. Siding Minimum Fastening Requirements to Cold-formed Steel Framing for Direct Cladding Attachment Over FPIS to Support Cladding System Weight^{1,2,3,4}

CLADDING FASTENER THROUGH FPIS INTO:	Siding Fastener Type & Minimum Size	Siding Fastener Vertical Spacing (in.)	MAXIMUM THICKNESS OF FPIS (IN.)							
			16" o.c. Fastener Horizontal Spacing				24" o.c. Fastener Horizontal Spacing			
			CLADDING SYSTEM WEIGHT				CLADDING SYSTEM WEIGHT			
			3 psf	11 psf	18 psf	25 psf	3 psf	11 psf	18 psf	25 psf
Steel Framing (minimum penetration of steel thickness + 3 threads)	#8 screw (0.285" head) into 33 mil steel or thicker	6	3.00	2.95	2.20	1.45	3.00	2.35	1.25	DR
		8	3.00	2.55	1.60	0.60	3.00	1.80	DR	DR
		12	3.00	1.80	DR	DR	3.00	0.65	DR	DR
	#10 screw (0.333" head) into 33 mil steel	6	4.00	3.50	2.70	1.95	4.00	2.90	1.70	0.55
		8	4.00	3.10	2.05	1.00	4.00	2.25	0.70	DR
		12	4.00	2.25	0.70	DR	3.70	1.05	DR	DR
	#10 screw (0.333" head) into 43 mil steel or thicker	6	4.00	4.00	4.00	3.60	4.00	4.00	3.45	2.70
		8	4.00	4.00	3.70	3.00	4.00	3.85	2.80	1.80
		12	4.00	3.85	2.80	1.80	4.00	3.05	1.50	DR

For St: 1" = 25.4 mm; 1 pound per square foot [psf] = 0.0479 kPa

1. Tabulated values are based on minimum 33 ksi steel for 33 mil and 43 mil steel and 50 ksi steel for 54 mil steel or thicker.

2. Screws shall comply with the requirements of ASTM C1513.

3. FPIS shall have a minimum compressive strength of 15 psi in accordance with ASTM C578 or ASTM C1289.

4. DR = Design Required

- Application 1 – Direct Cladding Attachment
- Foam sheathing thickness limit based on:
 - Framing thickness
 - Screw size
 - Screw spacing
 - Cladding weight

Prescriptive Solutions

Table 2. Furring Minimum Fastening Requirements to Cold-formed Steel Framing for Application Over FPIS to Support Cladding System Weight^{1,2,3,4,5}

FURRING MATERIAL	Framing Member	Fastener Type & Min. Size	Minimum Penetration into Wall Framing (in.)	Fastener Spacing in Furring (in.)	MAXIMUM THICKNESS OF FPIS (IN.)							
					16" o.c. Furring				24" o.c. Furring			
					CLADDING SYSTEM WEIGHT				CLADDING SYSTEM WEIGHT			
3 psf	11 psf	18 psf	25 psf	3 psf	11 psf	18 psf	25 psf					
Minimum 33mil Steel Hat Channel or Minimum 1x3 Wood Furring	33 mil Cold-formed Steel Stud	#8 screw (0.285" head)	Steel thickness +3 threads	12	3.00	1.80	DR	DR	3.00	0.65	DR	DR
				16	3.00	1.00	DR	DR	2.85	DR	DR	DR
				24	2.85	DR	DR	DR	2.20	DR	DR	DR
		#10 screw (0.333" head)	Steel thickness +3 threads	12	4.00	2.25	0.70	DR	3.70	1.05	DR	DR
				16	3.85	1.45	DR	DR	3.40	DR	DR	DR
				24	3.40	DR	DR	DR	2.70	DR	DR	DR
	43 mil or thicker Cold-formed Steel Stud	#8 screw (0.285" head)	Steel thickness +3 threads	12	3.00	1.80	DR	DR	3.00	0.65	DR	DR
				16	3.00	1.00	DR	DR	2.85	DR	DR	DR
				24	2.85	DR	DR	DR	2.20	DR	DR	DR
		#10 screw (0.333" head)	Steel thickness +3 threads	12	4.00	3.85	2.80	1.80	4.00	3.05	1.50	DR
				16	4.00	3.30	1.95	0.60	4.00	2.25	DR	DR
				24	4.00	2.25	DR	DR	4.00	0.65	DR	DR

For SI: 1" = 25.4 mm; 1 pound per square foot (psf) = 0.0479 kPa

1. Table values are based on:

- a. Wood furring of Spruce-Pine-Fir or any softwood species with a specific gravity of 0.42 or greater per NDS.
- b. Minimum 33 mil steel hat channel furring of 33 ksi steel. Steel hat channel shall have a minimum 7/8" (22.2 mm) depth, 3/4" (32 mm) web width, and 1/2" (12.7 mm) wide flanges with web or flanges bearing on FPIS surface.
- c. Cold-formed steel framing of indicated nominal steel thickness and minimum 33 ksi steel for 33 mil and 43 mil steel and 50 ksi steel for 54 mil steel or thicker.
- 2. Screws shall comply with the requirements of ASTM C1513.
- 3. Furring shall be spaced a maximum of 24" o.c. in a vertical or horizontal orientation.

- a. In a vertical orientation, furring shall be located over wall studs and attached with the required fastener spacing.
- b. In a horizontal orientation, furring shall fastened at each stud with a number of fasteners equivalent to that required by the fastener spacing. If the required fastener spacing is 12" o.c. and the studs are 24" o.c., then two (2) fasteners would be required at each stud (24/12=2). In no case shall fasteners be spaced more than 24" (0.6 m) apart.
- 4. FPIS shall have a minimum compressive strength of 15 psi, in accordance with ASTM C578 or ASTM C1289.
- 5. DR = Design Required

- Application 2 – Wood or steel furring attachment

Prescriptive Solutions

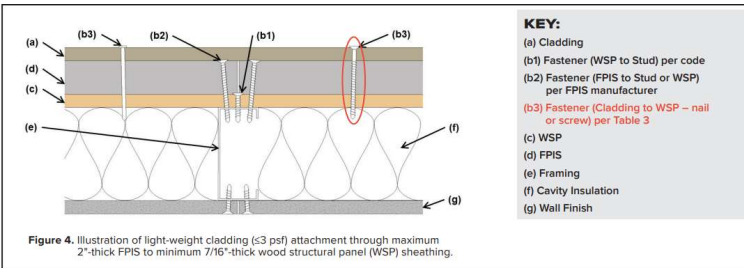


Figure 4. Illustration of light-weight cladding (≤3 psf) attachment through maximum 2"-thick FPIS to minimum 7/16"-thick wood structural panel (WSP) sheathing.

Table 3. Light-weight Cladding (≤3 psf) Minimum Fastening Requirements for Attachment Through Maximum 2"-thick FPIS to Minimum 7/16"-thick Wood Structural Panel^{1,2,3}

TYPE AND SIZE OF FASTENER	HORIZONTAL SPACING OF FASTENERS ALONG SIDING
Roof sheathing ring shank nail (0.120" min. shank; 0.281" head)	12" oc
Post frame ring shank nail (0.148" min. shank; 5/16" head)	15" oc
No. 6 screw (0.138" min. shank; 0.262" head)	12" oc
No. 8 screw (0.164" min. shank; 0.312" head)	16" oc

For SI: 1" = 25.4 mm

- 1. Horizontal spacing of fasteners along siding is based on a siding width (distance between horizontal rows of fasteners) of 12 inches. For other siding widths, multiply required horizontal spacing by 12/w where w is the siding width in inches.
- 2. This table is based on IRC Table R703.3.3. Use of this table is limited to the wind load scope limits for cladding attachments in accordance with Section R703.3.2 of the IRC (i.e., maximum 30 psf negative design wind pressure).
- 3. The cladding fastener must be of sufficient length to penetrate a minimum of 1/4" beyond the back side of the wood

- Application 3 – Attachment to wood structural panel sheathing (not to studs)
 - Limited to light-weight cladding (3psf or less)
 - Limited to max. 2" thick FPIS (min. 15 psi)
 - Limited to max -30 psf wind load (per scope of IRC)

Design Procedure (CFS wall framing)

- Design of connections through FPIS to cold-formed Steel
 - Tension allowable design values: Follows same procedure in AISI S100 for screw withdrawal capacity (just use longer screws to accommodate FPIS thickness)
 - Shear allowable design values: Follows the same procedure in AISI S100, Section J4.3.1, but modifies Eq. J4.3.1.-1 by a gap reduction factor, G_r , as follows:
 - For #10 screw in 54mil and 50 ksi steel: $G_r = 0.17 - 0.0048 r$
 - For #10 screw in 43mil and 33 ksi steel: $G_r = 0.19 - 0.0066 r$
 - For #8 or #10 screw in 33mil and 33 ksi steel: $G_r = 0.16 - 0.0064 r$
- Where,
- $r = d_{sep}/d$
 - d_{sep} = thickness of FPIS separating connected steel parts
 - d = nominal screw diameter (0.164" for #8, 0.190" for #10)
 - Value of r shall not exceed 21.
 - For $0 < r < 2$, G_r need not be less than $(1 - r/2)$
 - Material against screw head shall be minimum 33mil and 33ksi steel or minimum 3/8" thick wood or wood-based material with specific gravity of 0.42 or greater.
 - Material in the gap must be minimum 15psi FPIS

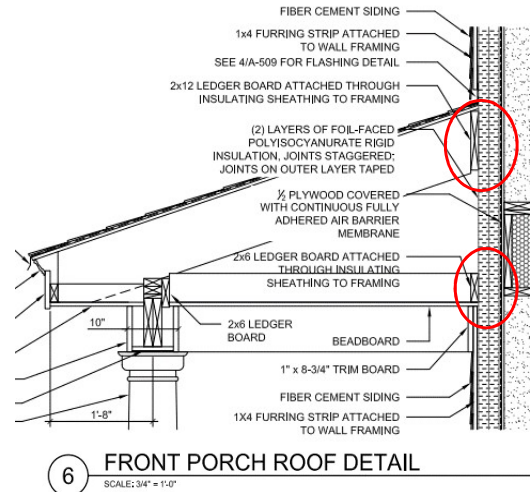
Design Procedure (wood wall framing)

- Design of connections through FPIS to wood framing
 - Tension allowable design values: Follows same procedure in NDS Section 12.2 for nail/screw fastener withdrawal capacity (just use longer fasteners to accommodate FPIS thickness)
 - Shear allowable design values: Follows the same procedure in NDS Section 12.3, but modifies as follows based on test program:
 - Shear reduction term, R_d , shall not be less than 3.0.
 - Use yield limit equations with "gap" parameter per AWC/TR12 Table 1-1 with g = thickness of FPIS
 - Minimum fastener penetration in wood of 1-inch for screws and 1-1/4 inches for nails.
 - Minimum wood specific gravity (density) of 0.42
 - Material in the gap must be minimum 15psi FPIS

Connection Design Procedure Applications

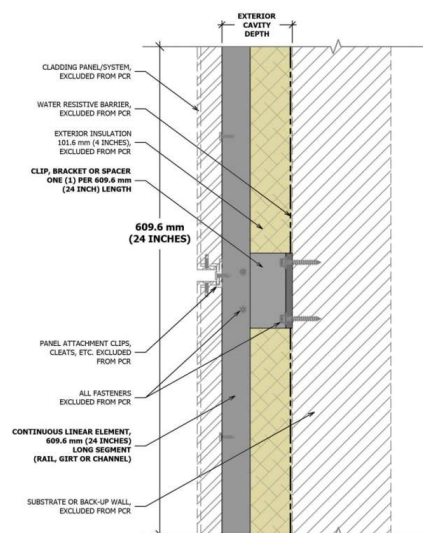
• Example Applications:

- Cladding and furring connections using alternative fasteners through FPIS ci
- Load bearing structural component connections through FPIS (e.g., deck and roof ledgers attached to wall surface)
- Architectural component connections through FPIS (e.g., awning frames, shading devices, etc.)
- Structural sheathing connections through FPIS (under sheathing rather than over sheathing)
- Window and door frame anchorages where passing through a rough opening gap or through a layer of foam sheathing (e.g., conditions not addressed in fenestration manufacturer instructions)



Other Designed or Manufacturer-Provided Details

- Clip and rail systems for rainscreen cladding and ci
 - Much better thermal performance than metal furring thermal bridge completely through ci
 - But, still does not comply with ci definition
 - Must account for thermal bridge effect of furring and clip
 - Refer to manufacturer specifications, shop drawings, or design details on approved plans



Source:

http://www.sustainableminds.com/files/transparency/pgds/Part_B_Product_Group_Definition_Cladding_Support_Components_and_Systems_10312022.pdf

ANSI FS200.1 Standard for FPIS ci Applications

- Scope
 - Above-grade frame walls
 - Labeling & Quality Assurance
 - Wind resistance
 - WRB (water resistance)
 - Vapor Control
 - Window installation
 - Cladding installation
- Addresses
 - Performance criteria (design)
 - Evaluation/testing criteria by application
 - Prescriptive criteria ("cook-book" design and installation)
- Exclusions
 - Refer to locally applicable code for fire safety requirements (e.g., IBC Chapter 14 and 26; IRC Section R316)
 - Use FPIS manufacturer data to demonstrate compliance (ASTM E84, ASTM E119, NFPA 285, etc. – as applicable)



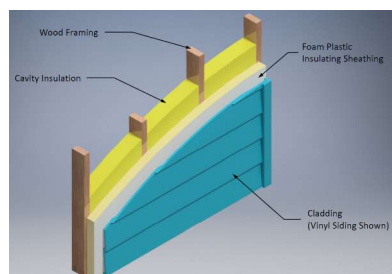
ANSI/ABTG FS200.1 – 2022
Standard for Use of Foam Plastic Insulating Sheathing (FPIS) in Building Envelopes: Above-grade Walls



<https://www.appliedbuildingtech.com/standards>

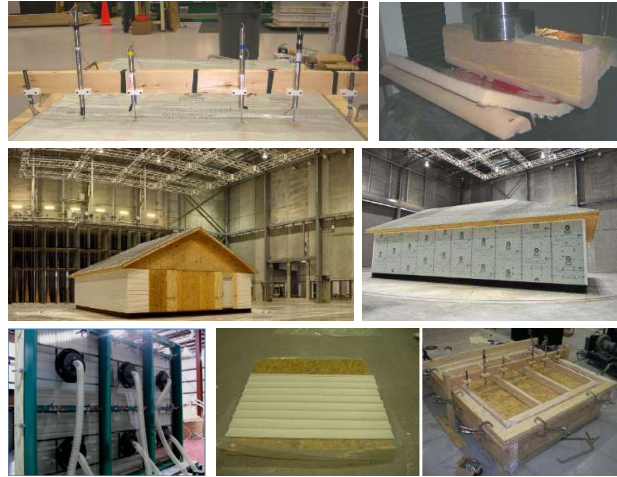
G. IBC/IRC – Vinyl siding installation over FPIS

- Performance Testing & Research
- 🔥 • IBC/IRC Code Requirements
- QuickGuide



Performance Testing & Research

- State-of-art testing program
- Worked with FSC/ACC, IBHS, NAHB, VSI, DOE, HIRL, and AWC
- Informed development of ANSI/FS 100 Standard for wind resistance of foam sheathing
- Also resulted new code requirements for vinyl siding wind pressure rating when installed on walls with foam sheathing as the sole exterior sheathing, and not separately fastened to resist full design wind load per FS100 standard.
- Addresses the case where vinyl and foam sheathing acts as an exterior wall covering assembly in resisting wind load per IRC R703.1.2



IBC/IRC Code Requirements

- Use vinyl siding wind load design pressure rating per Table R703.11.2
- Exceptions!
 - Where FPIS is not the sole exterior sheathing (separate sheathing applied as over- or under-sheathing)
 - Where vinyl siding manufacturer data is specific for application over FPIS
- Proposal to add similar provisions to 2027 IBC

R703.11.2 Installation over foam plastic sheathing. Where vinyl siding or *insulated vinyl siding* is installed over foam plastic sheathing, the vinyl siding shall comply with Section R703.11 and shall have a wind load design pressure rating in accordance with Table R703.11.2.

Exceptions:

1. Where the foam plastic sheathing is applied directly over *wood structural panels*, fiber-board, gypsum sheathing or other *approved* backing capable of independently resisting the design wind pressure, the vinyl siding shall be installed in accordance with Sections R703.3.3 and R703.11.1.
2. Where the vinyl siding manufacturer's product specifications provide an *approved* wind load design pressure rating for installation over foam plastic sheathing, use of this wind load

IBC/IRC Code Requirements

**TABLE R703.11.2
REQUIRED MINIMUM WIND LOAD DESIGN PRESSURE RATING FOR
VINYL SIDING INSTALLED OVER FOAM PLASTIC SHEATHING ALONE**

ULTIMATE DESIGN WIND SPEED (MPH)	ADJUSTED MINIMUM DESIGN WIND PRESSURE (ASD) (PSF) ^{a, b}					
	Case 1: With interior gypsum wallboard ^c			Case 2: Without interior gypsum wallboard ^c		
	Exposure			Exposure		
	B	C	D	B	C	D
≤ 95	-30.0	-33.2	-39.4	-33.9	-47.4	-56.2
100	-30.0	-36.8	-43.6	-37.2	-52.5	-62.2
105	-30.0	-40.5	-48.1	-41.4	-57.9	-68.6
110	-31.8	-44.5	-52.8	-45.4	-63.5	-75.3
115	-35.5	-49.7	-59.0	-50.7	-71.0	-84.2
120	-37.4	-52.4	-62.1	-53.4	-74.8	-88.6
130	-44.9	-62.8	-74.5	-64.1	-89.7	-106
> 130	See Note d					

- For SI: 1 inch = 25.4 mm, 1 foot = 304.8 mm, 1 square foot = 0.0929 m², 1 mile per hour = 0.447 m/s, 1 pound per square foot = 0.0479 kPa.
- Linear interpolation is permitted.
 - The table values are based on a maximum 30-foot mean roof height, and effective wind area of 10 square feet Wall Zone 5 (corner), and the ASD design component and cladding wind pressure from Table R301.2.1(1), adjusted for exposure in accordance with Table R301.2.1(2), multiplied by the following adjustment factors: 1.87 (Case 1) and 2.67 (Case 2).
 - Gypsum wallboard, gypsum panel product or equivalent.
 - For the indicated wind speed condition and where foam sheathing is the only sheathing on the exterior of a frame wall with vinyl siding, the wall assembly shall be capable of resisting an impact without puncture at least equivalent to that of a wood frame wall with minimum 7/16-inch OSB sheathing as tested in accordance with ASTM E1886. The vinyl siding shall comply with an adjusted design wind pressure requirement in accordance with Note b, using an adjustment factor of 2.67.

Quick Guide for Vinyl Siding Over FPIS ci

- No difference in install except longer siding fastener
 - Where foam sheathing installed under or over a separate wind resistant sheathing layer
- Where foam sheathing is the sole exterior sheathing:
 - Requires foam sheathing wind pressure rated per code (FS100 standard) – see manufacturer
 - Requires vinyl siding wind pressure rating enhancement
 - Not needed where foam is separately attached to resist wind load per FS 100 standard (e.g., structural cap fasteners)

<https://www.continuousinsulation.org/resources/quick-guides>

QUICK GUIDE CODE-COMPLIANT VINYL SIDING APPLICATIONS over Foam Plastic Insulating Sheathing (FPIS) Continuous Insulation (ci)

Foam Plastic Applications for Better Building

02.02.21

IMPORTANT! READ ALL INSTRUCTIONS BEFORE BEGINNING INSTALLATION

INTRODUCTION

Vinyl siding is a popular siding material and is commonly applied over foam plastic insulating sheathing (FPIS) continuous insulation (ci) used for building code and energy code compliant walls. Like other siding products, it must be specified and installed to resist design wind load pressures as required by code. Design wind load pressure ratings of standard vinyl siding products rely on ASTM D3872. This standard uniquely incorporates wind pressure equalization effects that account for reduced wind load on the siding material. This load-reducing effect varies depending on construction of the wall assembly to which the vinyl siding is installed.

This Quick Guide outlines a step-by-step process to ensure vinyl siding is properly specified and installed when applied over FPIS ci for a durable and code-compliant installation.

STEP 1: VERIFY MATERIAL COMPLIANCE.

Ensure that the specified vinyl siding product complies with ASTM D3872 in accordance with 2021 IRC Section R703.11 and identify the product's design wind pressure rating as required for any vinyl siding application (see Photo 1).



STEP 2: CONSIDER ADDITIONAL REQUIREMENTS FOR INSTALLATION OVER FPIS.

Determine if any additional specification and installation requirements are applicable for vinyl siding installed over FPIS in accordance with 2021 IRC Section R703.11.2, including the listed exceptions. The following three installation conditions govern the design wind pressure rating and installation of the vinyl siding and the FPIS material:

CONDITION 1	CONDITION 2	CONDITION 3
2021 IRC Section R703.11.2, Exception 1	2021 IRC Section R703.11.2	2021 IRC Section R703.11.2, Exception 2
FPIS installed as "Over-sheathing" (see Figure 1)	FPIS installed directly over Open Stud Cavities (see Figure 2)	Vinyl siding installed over FPIS in accordance with siding manufacturer's installation instructions
	<p>OPTION A: FPIS material and siding fastened as an assembly to resist wind load</p> <p>OPTION B: FPIS material fastened to resist design wind load independent of siding</p>	

H. IBC/IRC Wall bracing code compliance

- Foam plastics are not structural wall bracing materials (in general)
 - Exceptions:
 - Spray foams can supplement bracing (proprietary, if considered at all)
 - Structural composite insulating sheathing (proprietary)
- Foam plastics can be integrated with all bracing methods and structural systems for lateral force resistance.

IBC requirements (Ch16,19,21,22, 23)

- Generally engineered wall bracing & varies by building construction
 - CFS framing – metal X-bracing, WSP, Gypsum Sheathing, etc.
 - Wood framing – WSP, Gypsum Board, Structural Insulated Panels, etc.
 - Concrete/Masonry – Reinforced shear walls
 - Structural steel – brace frames, moment frames, etc. (with various types of curtain walls that provide the thermal envelope)



IRC Wall Bracing (Prescriptive)

- **GOAL:** Right-size wall bracing and select bracing method to optimize cost and performance of overall wall assembly (integrate with FPIS ci)
- **CHALLENGES TO OPTIMIZATION:**
 - IRC Section R602.10 is complex – 36 pages of text, tables, details, adjustment factors, and math
 - There are no “simple” solutions – all bracing methods must be shown to comply with the code for a given building configuration and design condition
 - Large buildings, high wind/seismic, large open spaces, and lots of window/door openings
 - Layout of interior walls/spaces can help economize bracing strategy (or be necessary to make it work)
- **BENEFITS:** Code provides a lot of flexibility to optimize use of any given bracing method (or alternative bracing methods)

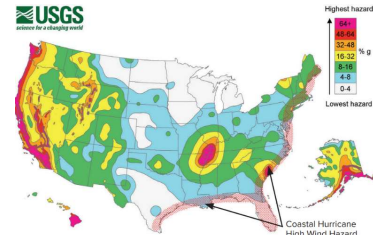
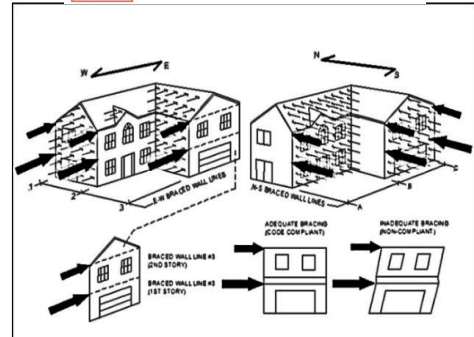


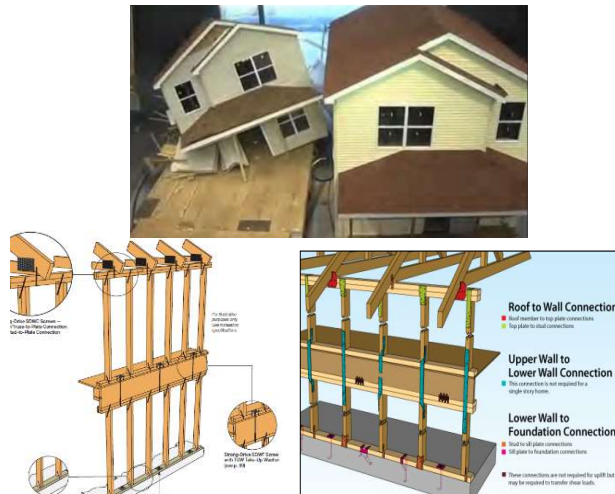
Figure 1. Map for Wind and Earthquake Hazards in U.S.



Wind Uplift Load Path is Critical!

- Many building collapses related to wind may look like bracing failures, but are actually initiated by failures of wind-uplift load path.
- 2021 IRC addresses this by requiring a continuous wind-uplift load path in coordination with wall bracing (see Sections R602.3.5 and R802.11).
 - Consider labor and material cost savings of using long self-drilling wood screws (see image).

Image Sources: Institute for Business and Home Safety (as published in HUD *Durability by Design, 2nd Edition* and also HUD *Safer, Stronger Homes*) and Simpson Strong-Tie.

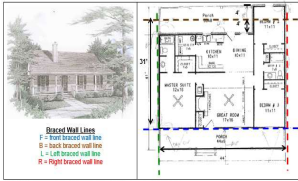


Long wood screws, metal straps & brackets, etc.

Stepwise Accounting Process

(think IRS 1040 form without TurboTax or instructions)

Steps 1&2 – ID BWLs per story



Step 3 – Select BMs for each BWL

BRACE WALL LINE	MEMBER	TYPE	BRACING REQUIREMENT	BRACING PROVIDED	STATUS
BWL 1	W1	WOOD STUD	None	None	OK
	W2	WOOD STUD	None	None	OK
	W3	WOOD STUD	None	None	OK
	W4	WOOD STUD	None	None	OK
BWL 2	W5	WOOD STUD	None	None	OK
	W6	WOOD STUD	None	None	OK
	W7	WOOD STUD	None	None	OK
	W8	WOOD STUD	None	None	OK
BWL 3	W9	WOOD STUD	None	None	OK
	W10	WOOD STUD	None	None	OK
	W11	WOOD STUD	None	None	OK
	W12	WOOD STUD	None	None	OK
BWL 4	W13	WOOD STUD	None	None	OK
	W14	WOOD STUD	None	None	OK
	W15	WOOD STUD	None	None	OK
	W16	WOOD STUD	None	None	OK

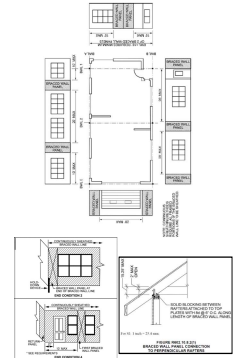
Step 4 – Bracing Length Req'd

BRACE WALL LINE	MEMBER	TYPE	BRACING REQUIREMENT	BRACING PROVIDED	STATUS
BWL 1	W1	WOOD STUD	None	None	OK
	W2	WOOD STUD	None	None	OK
	W3	WOOD STUD	None	None	OK
	W4	WOOD STUD	None	None	OK
BWL 2	W5	WOOD STUD	None	None	OK
	W6	WOOD STUD	None	None	OK
	W7	WOOD STUD	None	None	OK
	W8	WOOD STUD	None	None	OK
BWL 3	W9	WOOD STUD	None	None	OK
	W10	WOOD STUD	None	None	OK
	W11	WOOD STUD	None	None	OK
	W12	WOOD STUD	None	None	OK
BWL 4	W13	WOOD STUD	None	None	OK
	W14	WOOD STUD	None	None	OK
	W15	WOOD STUD	None	None	OK
	W16	WOOD STUD	None	None	OK

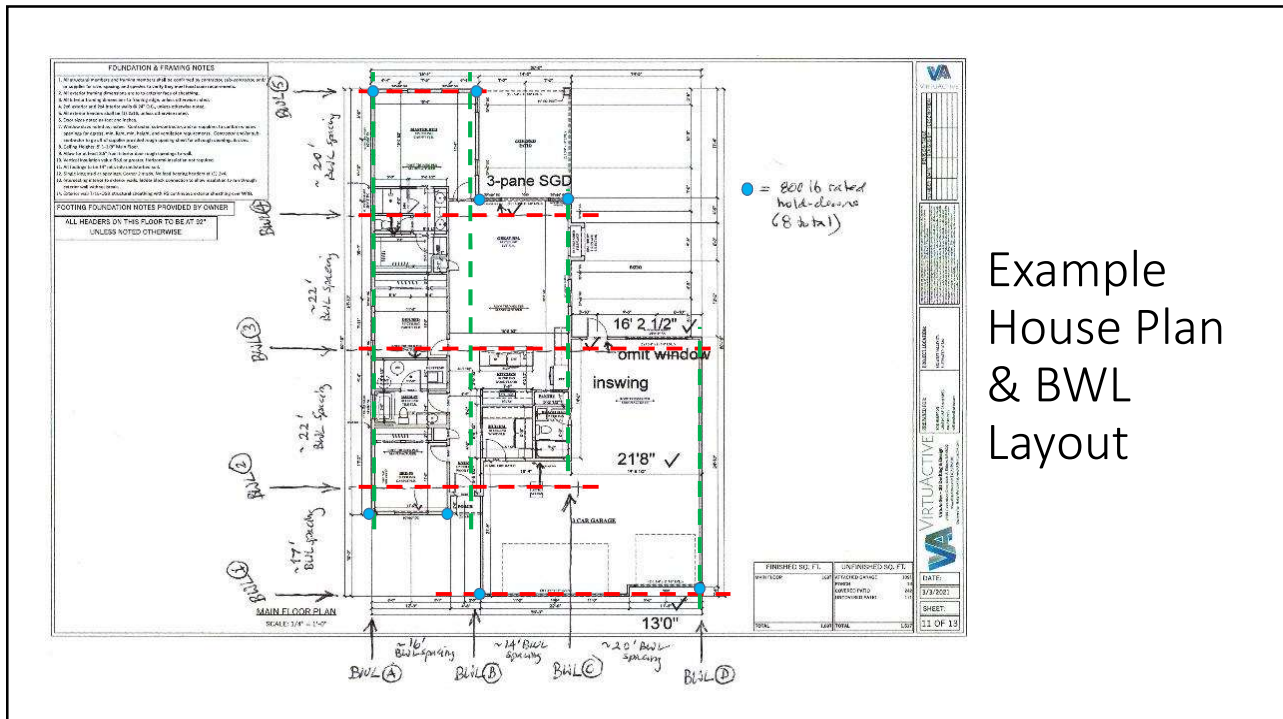
Steps 5&6 – Adjustment Factors and Check vs. Bracing Length Provided

BRACE WALL LINE	MEMBER	TYPE	BRACING REQUIREMENT	BRACING PROVIDED	STATUS
BWL 1	W1	WOOD STUD	None	None	OK
	W2	WOOD STUD	None	None	OK
	W3	WOOD STUD	None	None	OK
	W4	WOOD STUD	None	None	OK
BWL 2	W5	WOOD STUD	None	None	OK
	W6	WOOD STUD	None	None	OK
	W7	WOOD STUD	None	None	OK
	W8	WOOD STUD	None	None	OK
BWL 3	W9	WOOD STUD	None	None	OK
	W10	WOOD STUD	None	None	OK
	W11	WOOD STUD	None	None	OK
	W12	WOOD STUD	None	None	OK
BWL 4	W13	WOOD STUD	None	None	OK
	W14	WOOD STUD	None	None	OK
	W15	WOOD STUD	None	None	OK
	W16	WOOD STUD	None	None	OK

Steps 7&8 – Check BWP layout and connection/anchor age details



Repeat for each Brace Wall Line (BWL) on each story



Example House Plan & BWL Layout

Code Compliance Accounting Sheet (partial copy)

STEP 1 Braced Wall Line ID	STEP 1 Maximum BWP Offset from BWL ± 4"? (Yes or No)	STEP 2 BWL Support Condition	STEP 2 BWL Spacing (feet)	Length of Braced Wall Line (feet)	STEP 3 Selected Bracing Method (S)	STEP 4 Tabulated Bracing Length per Table R602.10.3 (1) (feet)	STEP 4 Adjusted Bracing Length per Table R602.10.3 (2) (inches)	STEP 5 Bracing Length Provided by BWP's (inches)	STEP 6 Is Value in Column G ± Value in Column F? (Yes or No)	STEP 7 Is BWP distance from ends of BWL ± 10"? (Yes or No)	STEP 7 Do BWP's comply with maximum 20" sec. spacing b/w BWP's? (Yes or No)	Comments
Braced Wall Lines												
C (int. right side of kitch./ Bath at Garage ?)	OK	Roof only	17' (avg)	41'	GB (2- sided)	5.6'	5.6' x adj. = 9.2'	16.6' provided	OK	OK	OK	Almost 200% extra capacity
D (right side of garage)	OK	Roof only	20'	39.8'	GB (1- sided)	6.5'	6.5' x adj. = 10.7'	39.8' provided	OK	OK	OK	Can use GB fastening of int. GB for 4" at end and in middle 3.4" IPS-C/S panels at ends of larger garage opening and minimum 30" C-S panel or 20" C-S #4 at small garage door outside corner with 800 lb. tie- downs at outside corners of garage front (no corner returns)
F (Garage Front)	OK	Roof only	17'	35'	C-S WSP + C-S-G	3.0'	3.0' x 1.2 x 0 .94 x 1.6 = 5. 4"	6.8' C-S WSP	OK	OK	OK	

- Used wood structural panels where needed (e.g., street facing & garage opening walls)
- Used interior gypsum walls where needed to optimize exterior wall bracing
- Used FPIS ci on exterior and enhanced fastening for Gypsum Bracing of exterior walls on interior side
- Wind uplift wind load path per code w/ long self-drilling screws
- Saved several thousand on above-grade framing cost
- Saved couple thousand on slab foundation using FPIS ci for FPSF foundation (addressed later)
- Improved energy efficiency above minimum energy code
- Reduced carbon footprint of building by about 2,500 kg CO2e (mainly reduced concrete in foundation)

Source: IRC Wall Bracing: A guide for builders, designers, and plan reviewers
<https://www.appliedbuildingtech.com/rr/1601-01>

Help is here!

(Turbotax for wall bracing)

- IRC wall bracing free on-line calculator
- Aid to complying with the IRC wall bracing provisions and documentation of compliance.
- Also helps optimize design for building and energy code compliance.

Edit Project: Lake House Ranch Spec

Project Details
Braced Wall Lines

Calculation Status ⊗ Calculation incomplete

Project Status **Draft**
This report cannot be finalized—calculation is incomplete.

User Jay Crandell, jcrandell@aresconsulting.biz

Project Name Lake House Ranch Spec

Address Flatwater, NE

Building Type Detached one or two family dwelling

Number of Stories Above Grade 1

Design Wind Speed 115 mph

Wind Exposure Category Exposure C

Seismic Design Category A

Comments Case study home (actual construction)

Save Project
Cancel
View Report

<https://www.continuousinsulation.org/calculators>

Additional Resources:

- **IRC Wall Bracing: A Guide for Builders, Designers and Plan Reviewers**
<https://www.appliedbuildingtech.com/rr/1601-01>
- **Residential Structural Design Guide – 2000 Edition**
https://www.huduser.gov/publications/pdf/res2000_1.pdf
- **“Right-Sized” Wall Bracing (FACTs sheet)**
<https://www.continuousinsulation.org/resources/facts>
- **SIMPSON Strong-Tie, Wall-Bracing-Length Calculator**
<https://www2.strongtie.com/products/strongwall/wallbracing/intro.asp>
- **Wood Frame Wall Calculator (energy + building code integrated thermal & moisture control)**
<https://www.continuousinsulation.org/wood-wall-calculator>

FACTS | Foam Plastic Applications for Better Building

Content originally provided for continuousinsulation.org with support from ACCI's Foam Sheathing Committee

“Right-Sized” Wall Bracing & Foam Plastic Insulating Sheathing (FPIS)

INTRODUCTION

Wall bracing provides necessary structural integrity to a home or building during an extreme wind or seismic event. But, wall bracing is not a one-size-fits-all proposition. Too little wall bracing decreases the safety of the structure. On the other hand, too much wall bracing wastes resources and adds unnecessary cost. To achieve an affordable, safe, and energy efficient home, one must “right-size” wall bracing together with other important design considerations for overall value (cost and performance).

Foam plastic insulating sheathing (FPIS) is not a wall bracing material. It is, however, a multi-functional exterior wall sheathing with many benefits and capabilities including thermal performance as continuous insulation, moisture resistance, and other building science benefits. When teamed-up with a “right-sized” wall bracing approach, FPIS can be used as the sole exterior sheathing behind cladding or as “over-sheathing” placed over exterior structural sheathing or parallel bracing material. In both cases, the FPIS serves to protect the wall structure against costly and damaging effects of water, vapor, and insect infestation. (See Wall Calculators for more details.)

Figure 1. Map for Wind and Earthquake Hazards in U.S.

In high wind and seismic hazard regions and particularly for larger custom or luxury homes, it is necessary to use stronger bracing methods with little flexibility in how to achieve acceptable wall bracing. However, in lower wind and seismic hazard regions covering most of the U.S., there are opportunities to use “right-size” wall bracing to maximize overall wall value with FPIS as shown in the following case studies.

CASE STUDY 1: Basic Affordable Home

For a simple and affordable house plan of 1 or 1½ stories (see Figure 2), an optimal wall construction for structural and energy performance may include:

- Gypsum wall board on the interior side of exterior walls (installed as wall bracing per code).
- Wood lat-in or metal angle or X-braces applied to surface of studs (as needed per code to supplement gypsum bracing or to serve as temporary bracing during construction).
- 2x4 (R10) or 2x6 (R20) framing and cavity insulation as required by the building and energy codes.
- R5 to R10 rigid FPIS continuous insulation (CI) on the exterior side of the wall studs.
- Other components (siding, water-resistive barrier, vapor retarder, etc.) as required by code.

Figure 2. Example plan for a basic affordable home.

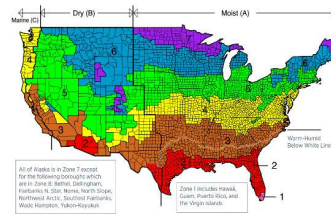
PART IV. Residential & Commercial Foundation Insulation

- A. IECC – Thermal compliance (11 slides)
- B. IBC/IRC – Frost-protected shallow foundations (FPSF) (13 slides)
- C. IBC/IRC – Unvented crawlspaces (1 slide)
- D. IBC/IRC – Termite protection (2 slides)

A. IECC – Thermal Compliance

2021 IECC Commercial Provisions
Tables C402.1.3 & C402.1.4

Climate Zone	Building Use	Below-grade Wall	Slabs		
			Unheated	Heated	
0 and 1	All other	NR (C-1.140)	NR (F-0.73)	R-7.5 for 12" + R-5 full slab (F-0.069)	
	Group R				
2	All other		R-10 for 24" (F-0.54)	R-10 for 24" (F-0.54)	R-10 for 24" + R-5 full slab (F-0.66)
	Group R				
3	All other		R-7.5ci (C-0.119)	R-15 for 24" (F-0.52)	R-15 for 24" + R-5 full slab (F-0.62)**
	Group R				
4 Except Marine	All other		R-7.5ci (C-0.119)	R-15 for 24" (F-0.52)	R-15 for 36" + R-5 full slab (F-0.62)**
	Group R				
5 and Marine 4	All other	R-10ci (C-0.092)	R-20 for 24" (F-0.51)	R-20 for 48" + R-5 full slab (F-0.602)	
	Group R				
6	All other	R-15ci (C-0.063)	R-20 for 48" (F-0.434)	R-20 for 48" + R-5 full slab (F-0.602)	
	Group R				
7	All other		R-25 for 48" (F-0.424)	R-25 for 48" (F-0.424)	R-25 for 48" + R-5 full slab (F-0.602)
	Group R				
8	All other		R-25 for 48" (F-0.424)	R-25 for 48" (F-0.424)	R-25 for 48" + R-5 full slab (F-0.602)
	Group R				



2021 IECC Residential Provisions
Tables R402.1.2 & 402.1.3

Climate Zone	Basement Wall	Slab*	Crawlspace
0, 1 and 2	0 (U-0.360)	0 (F-?)	0 (U-0.477)
3	R5ci or R13 (U-0.091) ¹	R10ci, 2ft (F-??)	R5ci or R13 (U-0.136) ¹
4 except Marine	R10ci or R13 (U-0.059)	R10ci, 4ft (F-??)	R10ci or R13 (U-0.065)
5 and Marine 4	R15ci or R19 or R13+5ci (U-0.050)		R15ci or R19 or R13+5ci (U-0.055)
6		R15ci or R19 or R13+5ci (U-0.050)	R15ci or R19 or R13+5ci (U-0.055)
7 and 8			

*R-5 full slab insulation additionally required for heated slabs
¹ Excludes below warm-humid line in CZ 3

U-factor, C-factor, and F-factor Equivalents

- Refer to ASHRAE 90.1 Appendix A for alternative C-factors for below grade walls (basement and crawlspace) and F-factors for slabs-on-grade.
- IECC-R will have new appendix RF that will provide similar data specific to application in the IECC (with improvements).
- Example: IECC-C requires unheated slab to be insulated R20 for 24" below grade (vertical perimeter of slab foundation).
 - The equivalent F-factor is F-0.51
 - ASHRAE 90.1 Table A6.3.1-1 provides alternate R-value options with F-0.51 or better (lower): R10 for 48" (F=0.051) or R5 full slab and edge (F=0.046)

IECC Specific BTE insulation requirements

• IECC-C

C402.2.5 Below-grade walls. The *C*-factor for the below-grade exterior walls shall be in accordance with Table C402.1.4. The *R*-value of the insulating material installed continuously within or on the below-grade exterior walls of the building envelope shall be in accordance with Table C402.1.3. The *C*-factor or *R*-value required shall extend to a depth of not less than 10 feet (3048 mm) below the outside finished ground level, or to the level of the lowest floor of the conditioned space enclosed by the below-grade wall, whichever is less.

- *Below grade walls (crawl space or basement) are not required to be insulated if the below grade space is not conditioned (e.g., unconditioned basement or ventilated crawl space). In this case the floor above must be insulated.*

• IECC-R

R402.2.8.1 Basement wall insulation installation. Where *basement walls* are insulated, the insulation shall be installed from the top of the *basement wall* down to 10 feet (3048 mm) below grade or to the basement floor, whichever is less.

R402.2.10.1 Crawl space wall insulation installations. Where crawl space wall insulation is installed, it shall be permanently fastened to the wall and shall extend downward from the floor to the finished grade elevation and then vertically or horizontally for not less than an additional 24 inches (610 mm). Exposed earth in unvented crawl space foundations shall be covered with a continuous Class I vapor retarder in accordance with the *International Building Code* or *International Residential Code*, as applicable. Joints of the vapor retarder shall overlap by 6 inches (153 mm) and be sealed or taped. The edges of the vapor retarder shall extend not less than 6 inches (153 mm) up stem walls and shall be attached to the stem walls.

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IECC Specific BTE insulation requirements

• IECC-C

C402.2.4 Slabs-on-grade. The minimum thermal resistance (*R*-value) of the insulation for unheated or heated slab-on-grade floors designed in accordance with the *R*-value method of Section C402.1.3 shall be as specified in Table C402.1.3.

C402.2.4.1 Insulation installation. Where installed, the perimeter insulation shall be placed on the outside of the foundation or on the inside of the foundation wall. The perimeter insulation shall extend downward from the top of the slab for the minimum distance shown in the table or to the top of the footing, whichever is less, or downward to not less than the bottom of the slab and then horizontally to the interior or exterior for the total distance shown in the table. Insulation extending away from the building shall be protected by pavement or by not less than 10 inches (254 mm) of soil. Where installed, full slab insulation shall be continuous under the entire area of the slab-on-grade floor, except at structural column locations and service penetrations. Insulation required at the heated slab perimeter shall not be required to extend to the bottom of the heated slab and shall be continuous under the full slab insulation.

Exception: Where the slab-on-grade extends more than 24 inches (61 mm) below the finished grade, perimeter insulation is not required.

• IECC-R

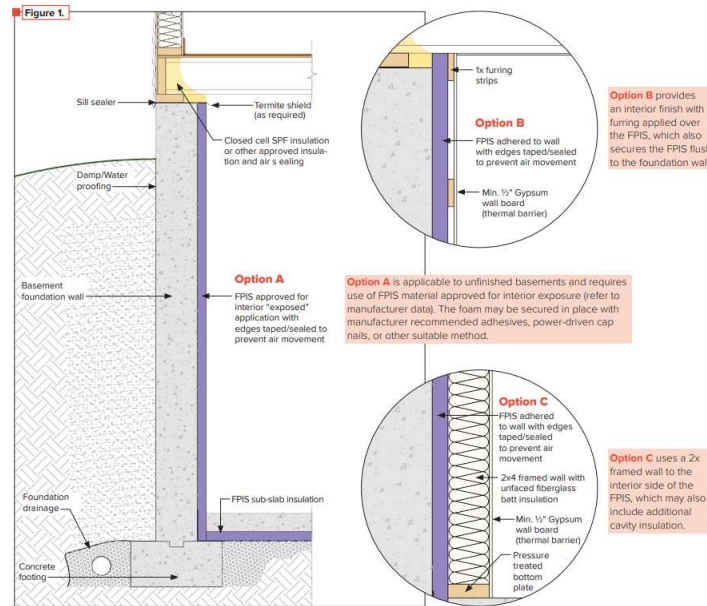
R402.2.9 Slab-on-grade floors. Slab-on-grade floors with a floor surface less than 12 inches (305 mm) below grade shall be insulated in accordance with Table R402.1.3.

Exception: Slab-edge insulation is not required in jurisdictions designated by the code official as having a very heavy termite infestation.

R402.2.9.1 Slab-on-grade floor insulation installation. Where installed, the insulation shall extend downward from the top of the slab on the outside or inside of the foundation wall. Insulation located below grade shall be extended the distance provided in Table R402.1.3 or the distance of the proposed design, as applicable, by any combination of vertical insulation, insulation extending under the slab or insulation extending out from the building. Insulation extending away from the building shall be protected by pavement or by not less than 10 inches (254 mm) of soil. The top edge of the insulation installed between the *exterior wall* and the edge of the interior slab shall be permitted to be cut at a 45-degree (0.79 rad) angle away from the *exterior wall*.

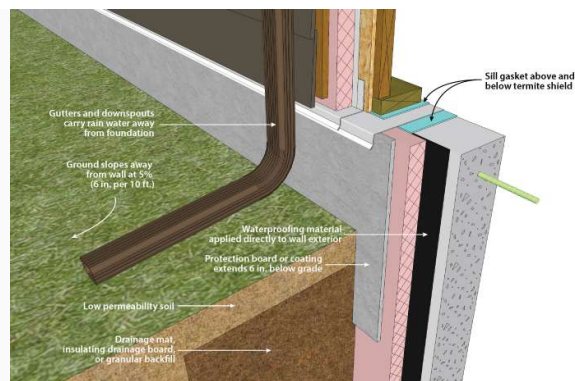
Basement Walls

- Interior FPIS ci insulation application
- Most common
- If FPIS exposed to interior, then must be approved for that application
 - Refer to manufacturer fire test data
- FPIS continuous insulation is considered a “hall of fame” insulation method for basement walls by DOE Building America Program
 - Improved energy efficiency and moisture resistance
 - Vapor retarder should be avoided to interior side of FPIS



Basement Walls

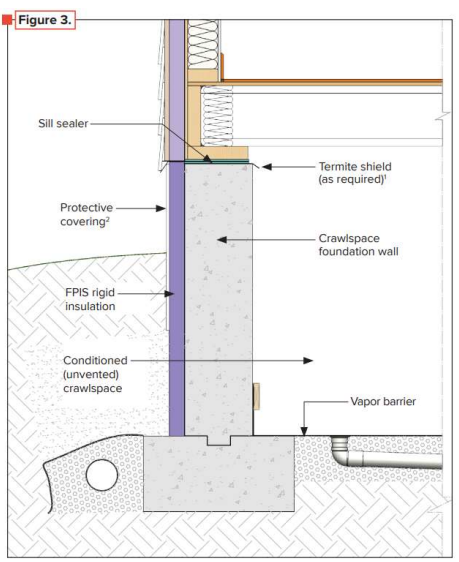
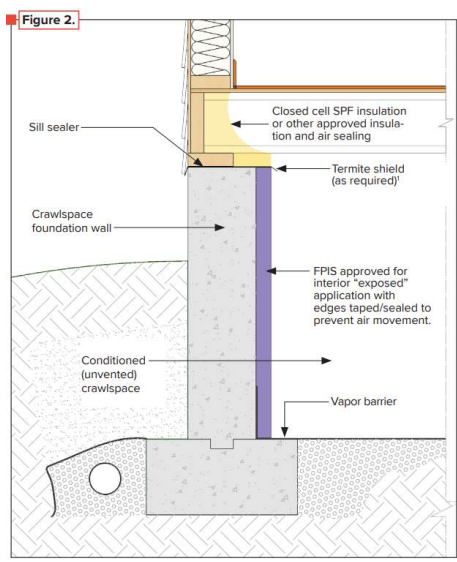
- Exterior FPIS ci insulation application
- Requires protection of insulation above-grade
- Allows continuity with FPIS ci on above-grade wall
- Connects thermal mass of basement wall with interior space
- Wall also can be insulated on both sides (e.g., insulating concrete form or ICF – usually of EPS foam)



<https://foundationhandbook.ornl.gov/handbook/>

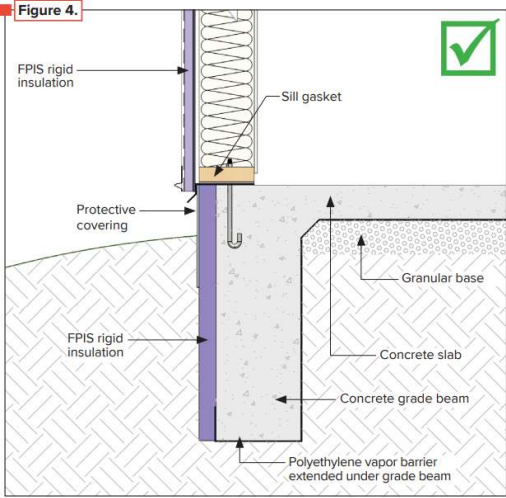
Crawspace Walls

- Interior and exterior FPIS ci applications
- Similar to basement wall
- Unvented (conditioned) crawspace per IRC R408.3
 - No need to insulate entire floor area & improved moisture control

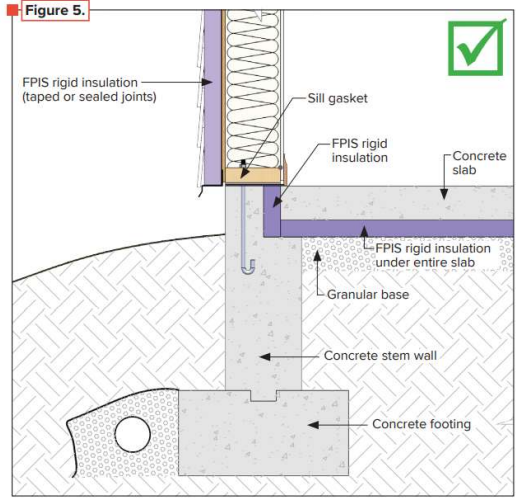


Slab on Grade

Monolithic slab and footing (grade beam)

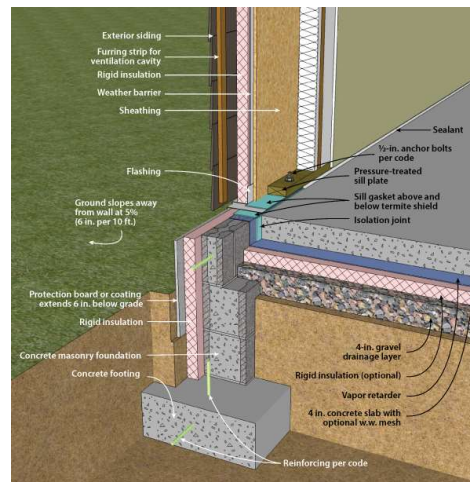


Independent slab and stem wall



Slab-on-Grade

- Alternate insulation configuration for independent slab and stem wall

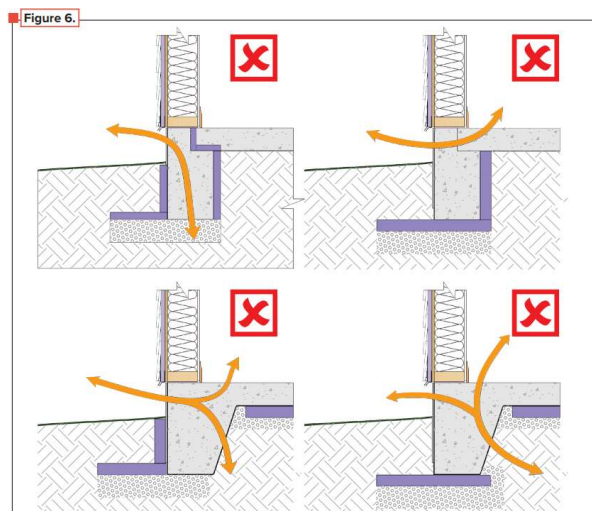


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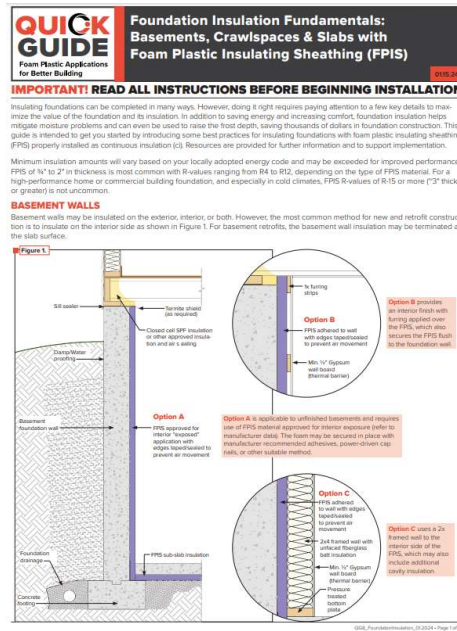
Avoid thermal bridges

- Proper insulation placement at slab edge prevents major thermal bridging
- Required for compliance with code R-values and F-factor alternatives



Quick Guide for FPIS Foundation Applications

- <https://www.continuousinsulation.org/resources/quick-guides>



B. Frost-protected shallow foundations (FPSF)

- Brief History
- IRC/IBC provisions & ASCE 32 standard
- FPSF applications

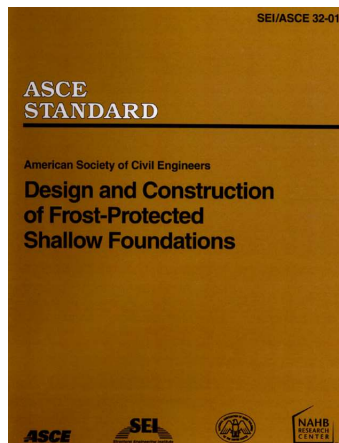


History of FPSFs

- 1930s – Frank Lloyd Wright designed and built the first FPSFs in the Chicago area
- 1950s – 1970s In rebuilding after WWII, Scandinavian countries studied U.S. construction and then became leaders in FPSF technology
- 1980s – U.S. Plastics Industry and NAHB/RC begin technology transfer back to U.S.
- 1992 -1994 U.S. HUD sponsors a 5-home verification study in the northern U.S. climates; Air-freezing Index map is created; U.S. design guide developed
- 1995 CABO OTFDC – first model code recognition of FPSF in U.S.
- 2001 – ASCE standard 32 is completed (based on HUD guides for FPSFs)
- More than 1,000,000 FPSF foundations built in Europe and US

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IBC on Frost Protection



1809.5 Frost protection. Except where otherwise protected from frost, foundations and other permanent supports of buildings and structures shall be protected from frost by one or more of the following methods:

1. Extending below the frost line of the locality.
2. Constructing in accordance with ASCE 32.
3. Erecting on solid rock.

Exception: Free-standing buildings meeting all of the following conditions shall not be required to be protected:

1. Assigned to *Risk Category I*.
2. Area of 600 square feet (56 m²) or less for *light-frame construction* or 400 square feet (37 m²) or less for other than *light-frame construction*.
3. Eave height of 10 feet (3048 mm) or less.

Shallow foundations shall not bear on frozen soil unless such frozen condition is of a permanent character.

1809.5.1 Frost protection at required exits. Frost protection shall be provided at exterior landings for all required exits with outward-swinging doors. Frost protection shall only be required to the extent necessary to ensure the unobstructed opening of the required *exit* doors.

IRC on Frost Protection

- IRC references ASCE 32
- Also references a prescriptive approach in R403.3 (based on simplified method in ASCE 32)

R403.1.4.1 Frost protection. Except where otherwise protected from frost, foundation walls, piers and other permanent supports of buildings and structures shall be protected from frost by one or more of the following methods:

1. Extended below the frost line specified in Table R301.2.
2. Constructed in accordance with Section R403.3.
3. Constructed in accordance with ASCE 32.
4. Erected on solid rock.

Footings shall not bear on frozen soil unless the frozen condition is permanent.

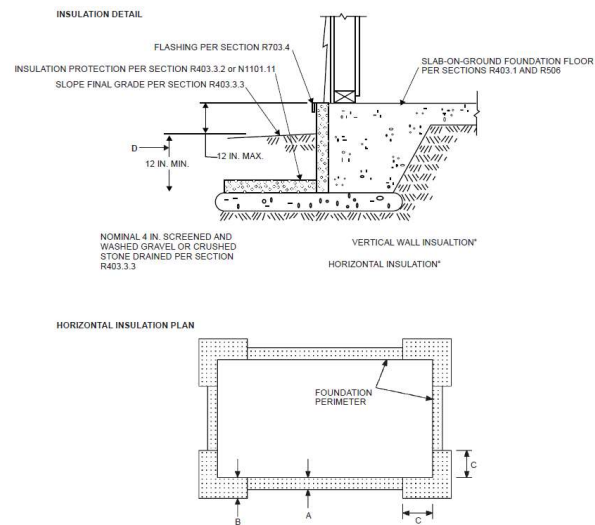
Exceptions:

Exceptions are similar to IBC

IRC on FPSF

R403.3 Frost-protected shallow foundations. For buildings where the monthly mean temperature of the building is maintained at not less than 64°F (18°C), footings are not required to extend below the frost line where protected from frost by insulation in accordance with Figure R403.3(1) and Table R403.3(1). Foundations protected from frost in accordance with Figure R403.3(1) and Table R403.3(1) shall not be used for unheated spaces such as porches, utility rooms, garages and carports, and shall not be attached to *basements* or *crawl spaces* that are not maintained at a minimum monthly mean temperature of 64°F (18°C).

Materials used below *grade* for the purpose of insulating footings against frost shall be *labeled* as complying with ASTM C578.



mm.
1) for required dimensions and R-values for vertical and horizontal insulation and minimum footing depth.

FIGURE R403.3(1)
INSULATION PLACEMENT FOR FROST-PROTECTED FOOTINGS IN HEATED BUILDINGS

IRC on FPSF

**TABLE R403.3(1)
MINIMUM FOOTING DEPTH AND INSULATION REQUIREMENTS FOR FROST-PROTECTED FOOTINGS IN HEATED BUILDINGS^a**

AIR-FREEZING INDEX (°F days) ^b	MINIMUM FOOTING DEPTH, D (inches)	VERTICAL INSULATION R-VALUE ^{c, d}	HORIZONTAL INSULATION R-VALUE ^{c, e}		HORIZONTAL INSULATION DIMENSIONS PER Figure R403.3(1) (inches)		
			Along walls	At corners	A	B	C
1,500 or less	12	4.5	Not required	Not required	Not required	Not required	Not required
2,000	14	5.6	Not required	Not required	Not required	Not required	Not required
2,500	16	6.7	1.7	4.9	12	24	40
3,000	16	7.8	6.5	8.6	12	24	40
3,500	16	9.0	8.0	11.2	24	30	60
4,000	16	10.1	10.5	13.1	24	36	60

For SI: 1 inch = 25.4 mm, °C = [(°F) - 32]/1.8.

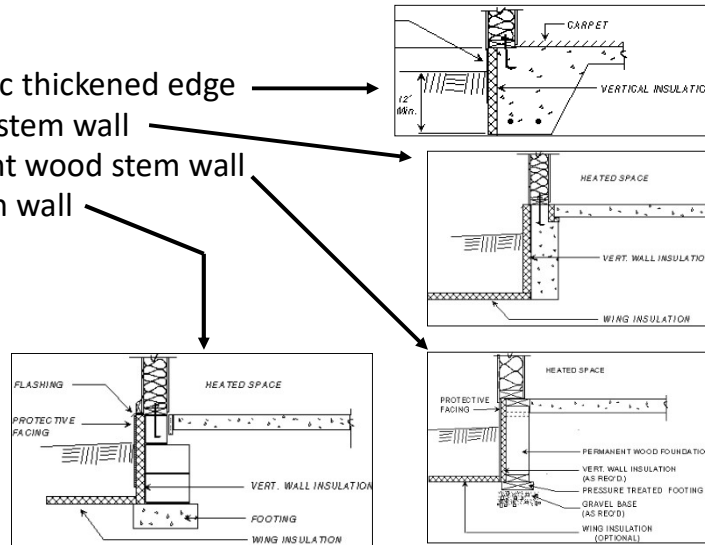
- a. Insulation requirements are for protection against frost damage in heated buildings. Greater values could be required to meet energy conservation standards.
- b. See Figure R403.3(2) or Table R403.3(2) for Air-Freezing Index values.
- c. Insulation materials shall provide the stated minimum R-values under long-term exposure to moist, below-ground conditions in freezing climates. The following R-values shall be used to determine insulation thicknesses required for this application: Type II expanded polystyrene (EPS)-3.2 R per inch for vertical insulation and 2.6 R per inch for horizontal insulation; Type IX expanded polystyrene (EPS)-3.4 R per inch for vertical insulation and 2.8 R per inch for horizontal insulation; Types IV, V, VI, VII, and X extruded polystyrene (XPS)-4.5 R per inch for vertical insulation and 4.0 R per inch for horizontal insulation.
- d. Vertical insulation shall be expanded polystyrene insulation or extruded polystyrene insulation.
- e. Horizontal insulation shall be expanded polystyrene insulation or extruded polystyrene insulation.

FPSF Applications



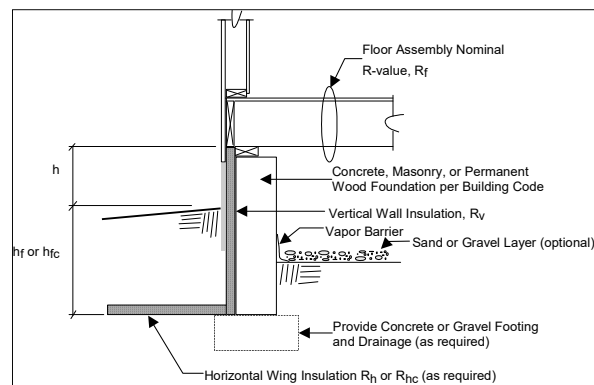
FPSF Application: Slab on Grade (Heated Building)

- Monolithic thickened edge
- Concrete stem wall
- Permanent wood stem wall
- CMU stem wall



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FPSF Application: Unvented Crawlspace (Heated Building)*

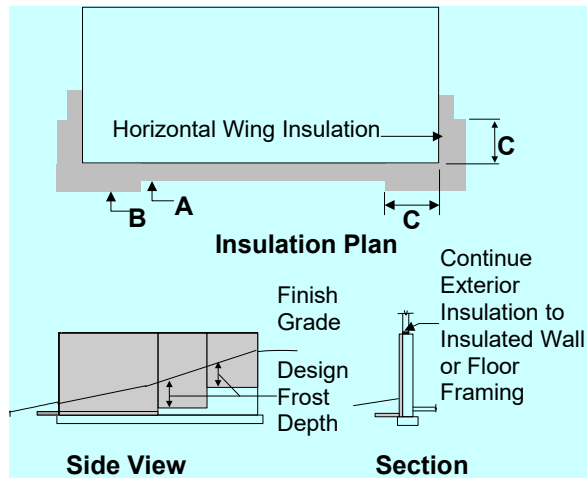


* Unvented (conditioned) crawlspaces recognized in IRC Section R408.3. But, FPSF insulation must be determined in accordance with ASCE 32-01 (referenced in IRC and IBC) and the IECC (more stringent applies at least for the vertical insulation)

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FPSF Application: Walk-out Basement (Heated Building)*

- Apply FPSF insulation to exterior of basement wall, or
- Use Permanent wood walls (insulation in wall)
- Avoids need for stepped footings to frost depth at walk-out side.



* Not addressed in IRC; must refer to ASCE 32

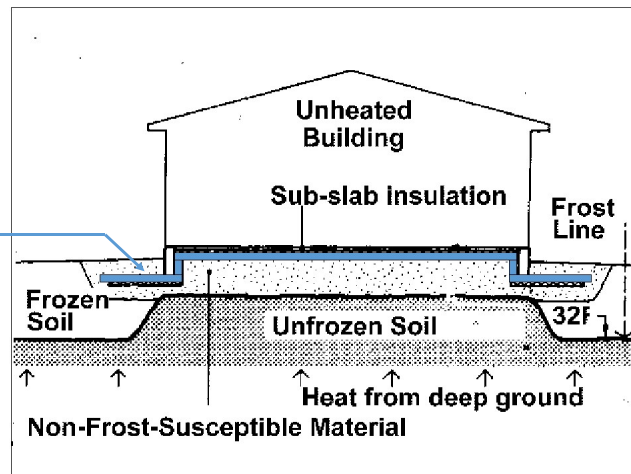
195

FPSF Application: Unheated Buildings*

* Must refer to ASCE 32 to specify insulation type and compressive resistance to support structural foundation loads

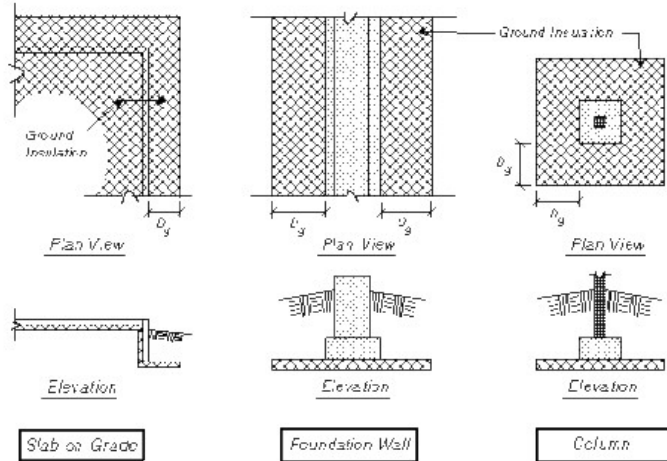
Ground insulation must "blanket" entire footprint of foundation

Also used for unheated portions of heated buildings, garages, porches, etc.



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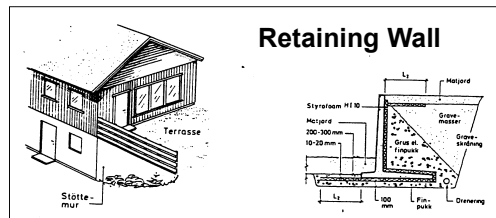
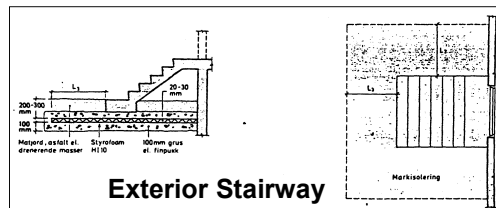
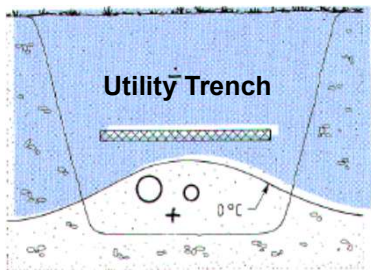
FPSF Applications: Unheated "Cold" Foundations*



* Refer to ASCE 32 (not addressed in IRC)

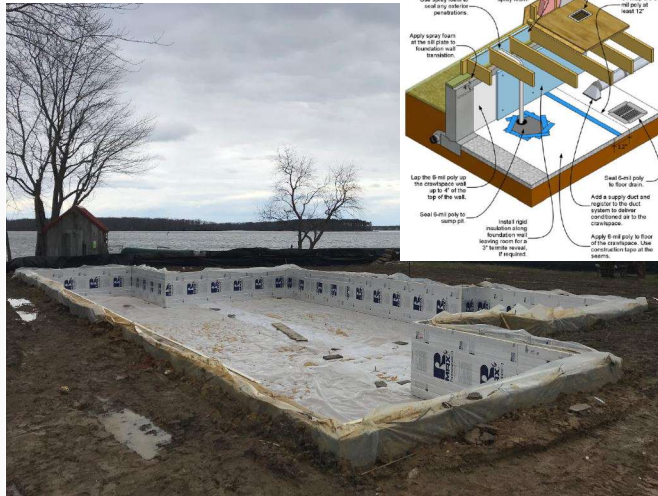
FPSF Applications: Exterior Slabs/Stairs, Retaining Walls, U/G Wet Utilities*

*Not addressed in IRC or ASCE 32 – refer to Norwegian guidelines



C. IBC/IRC – Unvented Crawlspaces

- Allows ductwork in conditioned space; warm floor; no moist air foundation vents; storage space
- Place insulation only at crawlspace perimeter, not between every joist
- Requires conditioned air supply
- Refer to IRC Section R408.3



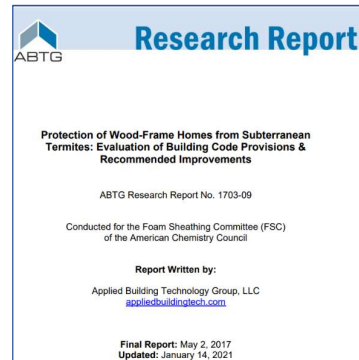
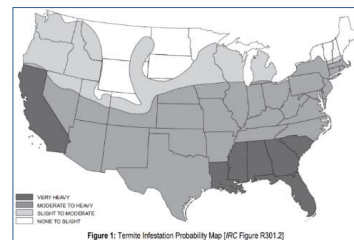
D. Termite Protection Compliance

- IRC Section R318.4
- IBC Section 2603.8

R318.4 / 2603.8 Foam plastic protection. In areas where the probability of termite infestation is “very heavy” as indicated in Figure R318.4, extruded and expanded polystyrene, polyisocyanurate and other foam plastics shall not be installed on the exterior face or under interior or exterior foundation walls or slab foundations located below *grade*. The clearance between foam plastics installed above *grade* and exposed earth shall be not less than 6 inches (152 mm).

Exceptions:

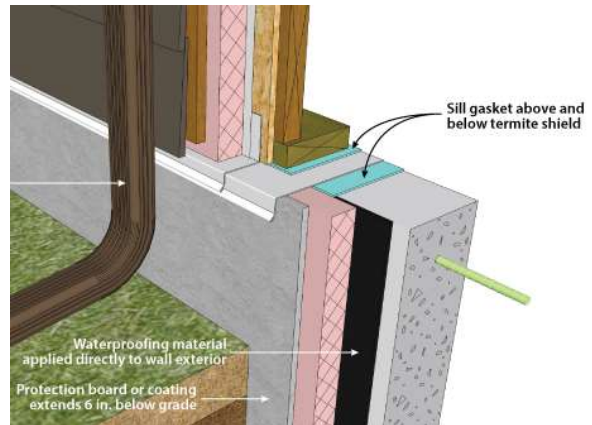
1. Buildings where the structural members of walls, floors, ceilings and roofs are entirely of *noncombustible materials* or pressure-preservative-treated wood.
2. Where in addition to the requirements of Section R318.1, an *approved* method of protecting the foam plastic and structure from subterranean termite damage is used.
3. On the interior side of basement *walls*.



<https://www.appliedbuildingtech.com/rr/1703-09>

Termite Protection Solutions

- Recommended practice:
 - Termite shield for shelter tube inspection (installed during construction)
 - Ground termite treatment (maintained periodically by pest control operator)
 - Code only requires one of the above (both are recommended in areas of “very heavy” termite infestation probability).
- Termite treatment certificate (required for home sales/loans)
 - Consult with local pest control operators
 - Consult local code requirements
 - Some local/state codes require an inspection strip in “very heavy” termite regions
 - Termite shield may or may not be accepted as an alternative even though a proven technology since at least the 1950s (old FHA building codes) and a recognized method in IRC Section R318



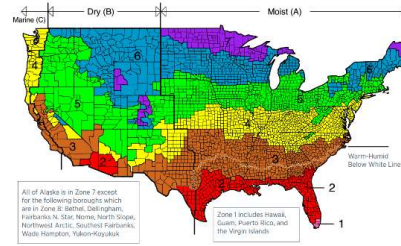
PART V. Residential & Commercial Roof & Floor Insulation (Horizontal Assemblies)

- A. IECC/IRC – Thermal compliance
- B. Applications

A. IECC – Thermal Compliance

2021 IECC Commercial Provisions
Tables C402.1.3 & C402.1.4

Climate Zone	Building Use	Insulation above Roof Deck	Attic & other
0 and 1	All other	R-20ci (U-0.048)	R-38 (U-0.027)
	Group R		
2	All other	R-25ci (U-0.039)	R-38 (U-0.027)
	Group R		
3	All other	R-25ci (U-0.039)	R-38 (U-0.027)
	Group R		
4 Except Marine	All other	R-30ci (U-0.032)	R-49 (U-0.021)
	Group R		
5 and Marine 4	All other	R-30ci (U-0.032)	R-49 (U-0.021)
	Group R		
6	All other	R-30ci (U-0.032)	R-49 (U-0.021)
	Group R		
7	All other	R-35ci (U-0.028)	R-60 (U-0.028)
	Group R		
8	All other	R-35ci (U-0.028)	R-60 (U-0.028)
	Group R		



2021 IECC Residential Provisions
Tables R402.1.2 & 402.1.3

Climate Zone	Ceiling	Floor
0, 1	R-30 (U-0.035)	R-13 (U.064)
2	R-49 (U-0.026)	R-19 (U-0.047)
3		
4 except Marine	R-60 (U-0.024)	R-30 (U-0.037)
5 and Marine 4		
6		
7 and 8	R-38 (U-0.028)	

C402.2 Specific BTE insulation requirements

• IECC-C

- C402.2.1.1 Tapered above-deck insulation based on thickness
- C402.2.1.2 Minimum thickness, lowest point
- C402.2.1.3 Suspended ceilings
- C402.2.1.4 Joints staggered
- C402.2.1.5 Skylight curbs
- C402.2.3 Floors

• IECC-R

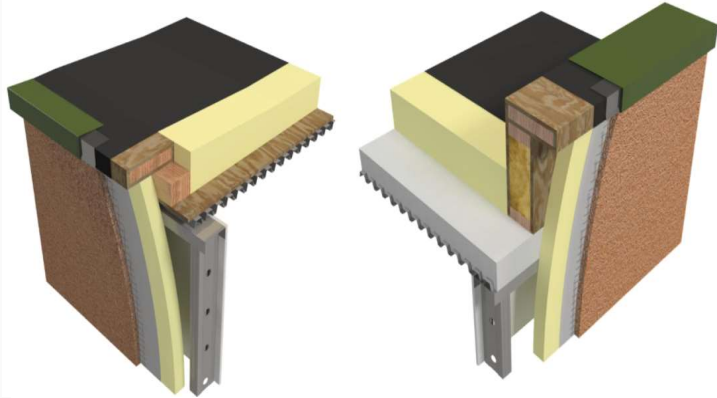
- R402.2.1 Ceilings*
- R402.2.7 Floors**

* exceptions for framing depth can be overcome by SPF

** specifically addresses "hybrid" cavity + ci floor systems (now included in 2024 IECC R-value options)

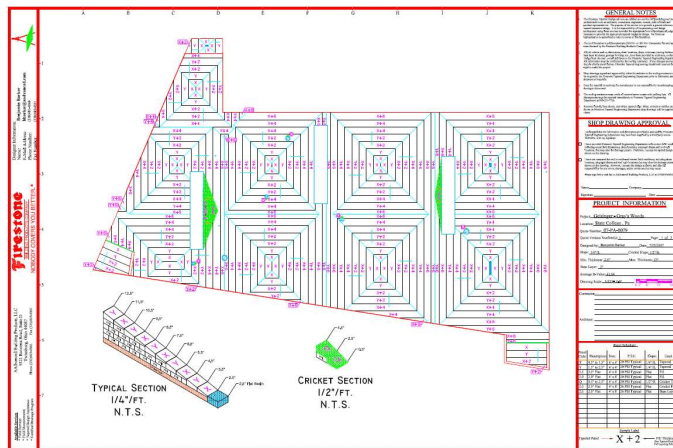
B. Applications: Insulation Entirely Above Roof Deck

- FPIS ci commonly used for low-slope roofs as “above deck” continuous insulation
- Under roof membrane (most common)
- Over roof membrane (Protected Membrane Roof System) – New provisions in 2024 IBC
- Also, used for steep slope roofs



Applications: Insulation Entirely Above Roof Deck

- Often, tapered roof insulation systems are addressed by manufacturer “shop drawings” for drainage, insulation layout, and overall roof R-value compliance.



Applications: Insulation Entirely Above Roof Deck

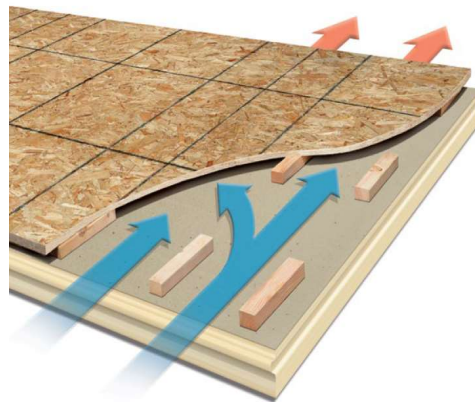
- SPF used as above-deck roof insulation and roofing
- Requires added coating for UV protection



Source: BASF

Applications: Vented, Nailbase with FPIS ci

- Used for steep slope roofs
 - Cathedral and attic roofs
 - Allows direct attachment of roof shingles and other materials
 - Provide vented roof deck where required by roofing manufacturer (e.g., asphalt shingles)
 - Can be use to convert attic into conditioned space or conditioned attic (improved HVAC performance and energy savings)



Vented nail-base roof deck panel
(image courtesy GAF)

Applications: Cathedral Roofs / Unvented Conditioned Attics

- SPF used to insulate conditioned attic & cathedral ceiling on interior side of roof deck
 - Alternate to above-deck roof insulation which is more appropriate for metal roof framing
- Refer to insulation requirements in IRC Section R806.5 and IBC Section 1202.3 for insulation details to control moisture in unvented roof.



<https://www.americanchemistry.com/industry-groups/spray-foam-coalition-sfc>

Application: Raised Floors / Elevated Buildings

- Floor over Unconditioned Space (e.g., vented crawlspace or raised coastal foundation, etc.)
 - FPIS provide continuous insulation and air-barrier
 - Must be approved for interior exposure if no thermal barrier (e.g., gypsum panels)
 - Also useful for floor overhangs, particular if adjoining walls have FPIS ci
- Can also use SPF for floor cavities and perimeter (band/rim joist insulation and air sealing)
 - SPF has R-values as much as R-7 and can achieve high R-values in shall floor cavities (especially useful for retro-fit)

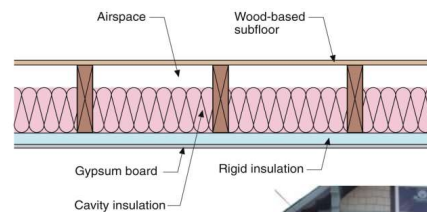


Photo by Shaunna Mozingo

PART VI. Residential & Commercial – Existing Buildings / Alterations

- Section C503/R503 Alterations (based on 2024 IECC)
 - Section C/R503.2 Building Thermal Envelope Alterations
 - Reorganized and triggers added for improving or bringing insulation up to current code based on type of alteration occurring to:
 - C/R503.2.1 Roof, ceiling, and attic alterations
 - C/R503.2.2 Vertical Fenestration (no changes – addressed by Tom earlier)
 - C/R503.2.3 Skylight Area (no changes)
 - C/R503.2.4 Above-grade wall alterations
 - C/R503.2.5 Floor alterations
 - C/R503.2.6 Below-grade wall alterations
 - C/R503.2.7 Air barrier

2024 C503.2.1 Roof, ceiling, and attic alterations

C/R503.2.1 Roof, ceiling, and attic alterations. Insulation complying with Section C402.1 and Section C402.2.1, or an *approved* design that minimizes deviation from the insulation requirements, shall be provided for the following alterations:



1. An *alteration* of roof-ceiling construction other than *reroofing* where existing insulation located below the roof deck or on an attic floor above *conditioned space* does not comply with Table C402.1.2.

2. *Roof replacement* or a *roof alteration* that includes removing and replacing the *roof covering*, where the *roof assembly* includes insulation entirely above the *roof deck*.

Exceptions: Where compliance with Section C402.1 cannot be met due to limiting conditions on an existing roof, an *approved* design shall be submitted with the following:

1. *Construction documents* that include a report by a *registered design professional* or an *approved* third party documenting details of the limiting conditions affecting compliance with the insulation requirements.
2. *Construction documents* that include a roof design by a *registered design professional* or *approved* third party that minimizes deviation from the insulation requirements.

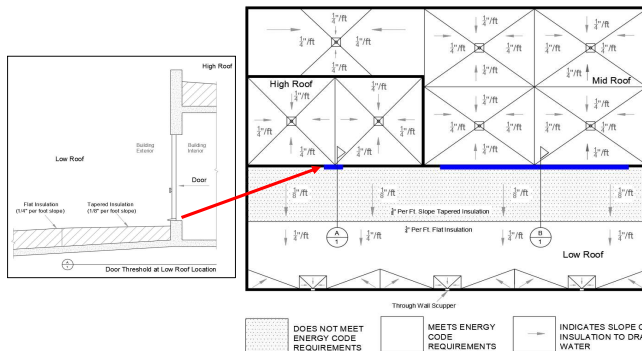
3. Conversion of unconditioned attic space into *conditioned space* .

4. Replacement of ceiling finishes exposing cavities or surfaces of the roof-ceiling construction.

2024 C503.2.1 Roof, ceiling, and attic alterations

ROOF REPLACEMENT. An alteration that includes the removal of all existing layers of roof assembly materials down to the roof deck and installing replacement materials above the existing roof deck.

(IBC) 1512.2 Roof replacement. Roof replacement shall include the removal of all existing layers of roof assembly materials down to the roof deck.



Example roof replacement plan (above deck roof insulation) by RDP or approved third party to “minimize deviation” from insulation requirements (exception to meeting full insulation amount when limiting conditions cannot be otherwise reasonably addressed).

Images courtesy of PIMA: <https://www.polyiso.org/>

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Metal Building Retrofit with FPIS ci (rated for interior exposure)

• Before



• After



2024 C503.2.4 Above-grade wall alterations

C503.2.4 Above-grade wall alterations. *Above-grade wall* alterations shall comply with the following:

1. Where wall cavities are exposed, the cavity shall be filled with *cavity insulation* complying with Section C303.1.4. New cavities created shall be insulated in accordance with Section C402.1 or an *approved* design that minimizes deviation from the insulation requirements.
2. Where *exterior wall coverings* and *fenestration* are added or replaced for the full extent of any *exterior wall assembly* on one or more elevations of the *building*, insulation shall be provided where required in accordance with one of the following:
 - 2.1 An R-value of continuous insulation not less than that designated in Table C402.1.3 for the applicable *above-grade wall type* and existing *cavity insulation* R-value, if any;
 - 2.2 An R-value of not less than that required to bring the *above-grade wall* into compliance with Table C402.1.2; or,
 - 2.3 An *approved* design that minimizes deviation from the insulation requirements of Section C402.1.
3. Where Items 1 and 2 apply, the insulation shall be provided in accordance with Section C402.1.

Where any of the above requirements are applicable, the *above-grade wall alteration* shall comply with Sections 1402.2 and 1404.3 of the *International Building Code*.

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Retrofit of above grade wall with FPIS ci

- Best if siding and window replacements done at same time
- Can be done with just siding replacement
 - Need to properly integrated wall WRB and flashing with windows and doors if they are not replaced.
 - <https://www.pnnl.gov/projects/re-siding-ext-insulation>
- For additional information on existing building retrofits, refer to: <https://www.continuousinsulation.org/remodeling-energy-efficiency>



<https://basc.pnnl.gov/resource-guides/rigid-foam-insulation-existing-exterior-walls>

THANK YOU!

- Questions?